

INSTITUTE OF ADVANCED NURSING STUDIES

Fundamentals in Advanced Adult Psychiatric Nursing

Organized by IANS and conducted by NTEC

6/5, 13/5, 20/5 & 27/5/2022

The Nursing Council of Hong Kong has approved the Hospital Authority as a provider of Continuing Nursing Education (CNE) since 2005

Module Information

Aim of the Module

This module focuses on the contemporary and holistic caring approach for adult psychiatric nursing. A series of seminars and workshops will be conducted on clinical assessment, intervention skills and current care models which are essential for identification of early signs for interventions and which will facilitate stabilization and provision of continuity of care in the course of recovery for our clients.

This module in fact is the open-up Module for the Post-registration Advanced Adult Psychiatric Nursing Course (25.2.2022-30.9.2022)

Intended Learning Outcomes

Upon completion of the module, the participants would able to:

1. Gain a deeper understanding of the contemporary nursing approach in the care of adult psychiatric clients
2. Master the clinical skills of nursing assessments.
3. Able to apply psychosocial intervention skills in clinical setting.
4. Act as one of the key participants in facilitating the advancement and development of the adult psychiatric services

Contents

1. Psycho-education for Schizophrenia patients and their families
2. Pre-discharge planning, continuity of care and rehabilitation
3. Interviewing skills
4. Nursing documentation
5. Cultural and Spiritual Care
6. Modernizing patient care
7. Telephone Assessment skills
8. Nurse Clinic
9. Psychopharmacology
10. Handling of Patients with Challenging Behavior
11. Intensive Psychiatric Care and Risk Assessment

Design of the Module

Study days: 4 study day (6.5.2022, 13.5.2022, 20.5.2022 & 27.5.2022)

- Time: 9:00am to 5:30 pm
- Venue: Online lecture (zoom at home)

Study Days	Date	Venue
Day 1	06/05/2022	Online lecture (zoom at home)
Day 2	13/05/2022	
Day 3	20/05/2022	
Day 4	27/05/2022	Online quiz + lecture (zoom at home)

Assessment

A quiz will be conducted on 27.5.2022

Target Participants

Around 20 Nurses of all ranks (*EN(Psy), RN(Psy) or above*)

Speakers

Mr. PANG Yat Shing, APN(PSY), CPH
Mr. SUEN Kwai Kei, WM(PSY), CMT2, KCH
Dr. CHOY Hiu Ying, Anne, AC(PSY), NDH
Mr. LAM Yun Lam, APNP(PSY), TPH
Dr. CHAN Hoi Kei, Gloria, CP, CPSY, AHNH
Dr. KAM Wai Kwok Irene, Consultant(PSY), SH
Mr. CHU Kin Yan, APN(PSY), FP, CPH
Mr. CHAN Ka Ho, APN(PSY), PSY, UCH
Mr. SEOW Sai Wing, APN(PSY), Psy, KH
Mr. TANG Wai Chung Felix, APNP(PSY), SH
Ms. LO Kwai Chun, NC(PSY), QMH
Mr. SIU Kwok Hung, APN(PSY), GAP, CPH
Dr. WONG Hei Tung, AC (PSY), DIV2, KCH
Ms. TSE Mei Wah, APN(PSY), MHD, KCH
Mr. KO Ka Nam, RN(PSY), KCH
Mr. LO Kai Yip Norman, WM(PSY), GAP, CPH

Program Development & Review Committee of PRCC

Ms. Cynthia WONG	Head of IANS
Ms. Ada CHUNG	Manager (N), IANS
Mr. SHUN Kwok Wah	DOM (Psy), PYNEH
Mr. LUI Siu Fung	DOM (Psy), PYNEH
Ms. May WONG	DOM (Psy), QMH
Mr. LAU Yau Chan	DOM (Psy) 2 (Non-acute/CPS), KH
Ms. TSANG Hing Ling	DOM(Psy), UCH
Mr. YUEN Sui Kee	DOM GA (MK/SSP), KCH
Ms. LO Choi Fung	DOM (Psy), TPH
Mr. LEE Tsz Kai	DyWMP (Psy), TPH
Ms. Tammy SO	SNO(CND), PWH
Mr. NG Chi Fai	DOM(Psy), NDH
Ms. Lam Mei Yee	DOM (Psy), SH

Program Director

Ms. Ada CHUNG Manager (Nursing), Institute of Advanced Nursing Studies, HAHO
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Mr Bob MAK Manager (Nursing), HOCS
Tel: 2300 7503 Email: makhy1@ha.org.hk

Course Director

Mr. LEE Tsz Kai Advanced Practice Nurse (Psy), Department of Psychiatry, TPH
Tel: 2607 6739 Email: ltk975@ha.org.hk

Language Medium

Both English and Cantonese will be used in class, but all written assignment will be in English.

Teaching/Learning activities

Online quiz/ lecture

Group discussions

Reflective exercises

Award of Certificate

An e-Certificate of Achievement will be awarded to those who have attended the module and passed the quiz.

CNE Points

This course is equivalent to 28 CNE points

Contact hour > Theoretical input: 28 hours

Fundamentals in Advanced Adult Psychiatric Nursing
06, 13, 20 & 27/05/2022

TIMETABLE

Date/ Time	09:00 – 10:00	10:00 – 11:00		11:15 – 13:00		14:00 – 15:00	15:00 – 16:00		16:15 – 17:30
Study Day 1 06.05.2022 (Friday) On-line Lecture ZOOM at home	<u>09:00-09:30</u> Course Orientation Ada CHUNG, M(N)/IANS / Mr. Lee Tsz Kai, PSY, TPH	<u>09:30 - 10:30</u> Nurse Clinic Mr. Pang Yat Shing, APN (PSY), TMMHC, GAP, CPH	B R E A K	<u>10:45-13:00</u> Intensive Psychiatric Care and Risk Assessment Mr. SUEN Kwai Kei, WM(Psy), CMT2, KCH	L U N C H	<u>14:00-16:00</u> Psychopharmacology I - postural hypotension, DVT (deep vein thrombosis) Dr. Choy Hiu Ying Anne, Asso Cons, PSY, NDH		B R E A K	<u>16:15-17:30</u> Pre-discharge Planning and Rehabilitation in Acute setting (I) Mr. LAM Yun Lam, APNP, PSY, TPH
Study Day 2 13.05.2022 (Friday) On-line Lecture ZOOM at home	<u>09:00-12:30</u> An Experiential Workshop on Mindfulness Dr. CHAN Hoi Kei Gloria, Clin Psy, CPSY, AHNH				<u>13:30-17:30</u> Handling of Patients with Challenging Behavior Dr. KAM Wai Kwok Irene Consultant, PSY, SH				
Study Day 3 20.05.2022 (Friday) On-line Lecture ZOOM at home	<u>09:00-10:45</u> Interviewing Skills (I) Mr. CHU Kin Yan, APN(PSY), FP, CPH			<u>11:00-13:00</u> Psycho-education for Schizophrenic Patients and their families Mr. CHAN Ka Ho, APN(PSY), PSY, UCH		<u>14:00-15:00</u> Cultural and Spiritual Care Mr. SEOW Sai Wing, APN(PSY), Psy, KH	<u>15:00-16:00</u> Nursing Documentations Mr. TANG Wai Chung Felix, APNP, PSY, SH		<u>16:15-17:30</u> Pre-discharge Planning and Rehabilitation (II) Case Management Ms. LO Kwai Chun, NC, PSY, QMH
Study Day 4 27.05.2022 (Friday) On-line Quiz/Lecture ZOOM at home	<u>09:00-10:00</u> Quiz Visiting Lecturers	<u>10:00-10:15</u> Course Evaluation Visiting Lecturers		<u>10:30-13:00</u> Introduction to Family Nursing Mr. SIU Kwok Hung, APN(PSY), GAP, CPH		<u>14:00-16:00</u> Telephone Assessment Skills and Mental Health Direct Dr. WONG Hei Tung, AC (PSY), DIV2, KCH Ms. TSE Mei Wah, APN(PSY), MHD, KCH Mr. KO Ka Nam RNP, KCH			<u>16:15-17:30</u> Modernizing Patient Care Mr. LO Kai Yip Norman, WM(PSY), GAP, CPH