



# **Post-registration Certificate Course in Community Psychiatric Nursing (15.03.2024 – 18.02.2025)**

***This program is organized by Institute of Advanced Nursing Studies***

***and***

***Conducted by Kowloon East Cluster (KEC)***

*The Nursing Council of Hong Kong has approved the Hospital Authority as a provider of Continuing Nursing Education (CNE) since December 2005.*

## **PROGRAM INFORMATION**

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### **PROGRAM AIM**

This program aims to develop Registered Nurses (Psy) with the proficiency to provide mental health services in community settings.

### **PROGRAM INTENDED LEARNING OUTCOMES**

Upon completion of this module the course participants should be able to:

1. Demonstrate understanding in recovery concept and apply the framework in case management
2. Recognize the trend development and care delivery models in community psychiatric nursing
3. Apply the legal and ethical principles related to community psychiatric nursing and relevant Mental Health Ordinance in practice
4. Perform the roles to meet the standards in community psychiatric nursing
5. Perform risk and needs assessment for clients with physical/ psychological/ social and complex health needs, and develop care plan
6. Demonstrate skills in the management of clienteles with specific mental health needs
7. Demonstrate the knowledge and skills in crisis intervention
8. Demonstrate skills in interviewing and counseling with clients and carers in community setting
9. Acquire knowledge and skills in specific treatment and psychosocial interventions to facilitate recovery
10. Use of updated knowledge in psychopharmacology to enhance medication adherence for clients in community
11. Demonstrate collaboration with different disciplines and agencies to promote recovery
12. Perform psychiatric outreaching duty under occupational safety and health requirements
13. Apply evidence-based practice to enhance the quality of care and evaluation of services

14. Conduct clinical projects to facilitate continuous quality improvement in community psychiatric services

## **TARGET PARTICIPANTS**

Registered Nurses (Psy)

## **ENTRY REQUIREMENTS**

1. Nurses registered with the Hong Kong Nursing Council Part II with a valid practicing certificate
2. Having not less than 24 months' post-registration psychiatric experience
3. Lower priority will be given to nurses who have enrolled in previous PRCC without successful completion
4. Exemption of Module I will be offered to those applicants who have completed the course "Psychiatric Outreach Nursing (PON)" within 3 years.  
(Valid courses: [18.02.2021 – 08.04.2021] / [29.09.2022 – 10.11.2022])

## **CLASS SIZE**

~80 Registered Nurses (Psy)

## **LANGUAGE MEDIUM**

Both English and Cantonese will be used in class whereas English will be used in all written assignments and examination.

## **PROGRAM DURATION**

15.03.2024 – 18.02.2025

## **PROGRAM DESIGN**

This program consists of theoretical input (Module I & Module II) and clinical practicum.

### **1. Theoretical Input**

#### **Module I: (Psychiatric Outreaching Nursing)**

##### ***Part IA: E-Learning Courseware***

The participants are required to complete the following e-Learning courses in the **eLC+ platform on or before 01/04/2024 23:59**

No.	Title of E-learning Courseware
1	Assessment of Social Functioning – Use of SOFAS
2	Risk Assessment & Management
3	Needs Assessment – Use of Camberwell Assessment of Needs
4	Assessment of ADL, i-ADL; Assessment of Life Style & Health Practice
5	Assessment of Mental State – Use of BPRS
6	Psychiatric Assessment – Use of HoNOS

**Part IB: 5 study days**

Study day	Dates	Time	Activity	Venues
<b>Day 1</b>	05/03/2024	9:00am – 5:30pm	Study Day	Auditorium, TKOH
<b>Day 2</b>	12/03/2024	9:00am – 5:30pm	Study Day	Auditorium, TKOH
<b>Day 3</b>	19/03/2024	9:00am – 5:30pm	Study Day	Lecture Theatre, UCH
<b>Day 4</b>	26/03/2024	9:00am – 5:30pm	Study Day	Auditorium, TKOH
<b>Day 5</b>	02/04/2024	9:00am – 5:30pm	Quiz	Auditorium, TKOH

**Module II: (Specialty Specific Module)**

Study day	Dates	Time	Activity	Venues
<b>Day 6</b>	09/04/2024	9:00am – 5:30pm	Study Day	Auditorium, TKOH
<b>Day 7</b>	16/04/2024	9:00am – 5:30pm	Study Day	Auditorium, TKOH
<b>Day 8</b>	23/04/2024	9:00am – 5:30pm	Study Day	Auditorium, TKOH
<b>Day 9</b>	30/04/2024	9:00am – 5:30pm	Study Day	Auditorium, TKOH
<b>Day 10</b>	07/05/2024	9:00am – 5:30pm	Study Day	Lecture Theatre, KCH
<b>Day 11</b>	14/05/2024	9:00am – 5:30pm	Study Day	Auditorium, TKOH
<b>Day 12</b>	21/05/2024	9:00am – 5:30pm	Study Day	Auditorium, TKOH
<b>Day 13</b>	28/05/2024	9:00am – 5:30pm	Study Day	Auditorium, TKOH
<b>Day 14</b>	04/06/2024	9:00am – 5:30pm	Study Day	Auditorium, TKOH
<b>Day 15</b>	11/06/2024	9:00am – 5:30pm	Study Day	Lecture Theatre, KCH
<b>Day 16</b>	18/06/2024	9:00am – 5:30pm	Study Day	Auditorium, TKOH
<b>Day 17</b>	02/07/2024	9:00am – 5:30pm	Written Examination	Auditorium, TKOH
<b>Day 18</b>	18/02/2025	9:00am – 5:30pm	Group Project Presentation	Lecture Theatre, KCH

**2. Clinical Practicum (CP): 14 weeks during 08/07/2024 – 03/02/2025****Group A:** 08/07/2024 – 16/10/2024

(14 weeks with 3 PHs: 18/09, 01/10, 11/10/2024)

**Group B:** 21/10/2024 – 03/02/2025

(15 weeks with 6 PHs: 25/12, 26/12/2024, 01/01, 29/01, 30/01, 31/01/2025)

## **TRAINING CONTENT**

### **A. Care Management**

1. Comprehensive assessment in:
  - Physical, cognitive and mental health of client
  - Strengths and deficits of individual client
  - Client's needs and risk
  - Family, social, cultural, community and support systems of client.
  - Daily living, health status, alcohol and drug use, health habits, and social role functioning.
  - Interpersonal relationships, communication skills and coping pattern.
  - Spiritual and philosophical beliefs, including client's health beliefs and values.
  - Economic, political, legal, and environmental factors affecting health.
2. Client-centred psychiatric nursing interventions
  - Use of comprehensive assessment (including HoNOS, SOFAS, CAN)
  - Factors for prioritizing the needs of client and carers
  - Formulation of individualized care plan
  - Evidence-based practice
3. Management of clients with the following conditions:
  - Depression
  - Suicidal tendency
  - Mental illness with substance abuse
  - Personality disorder
  - Early psychosis
  - Domestic violence

### **B. Knowledge & Skill Application**

1. Re-integration into community
  - Recovery model
  - Psychiatric rehabilitation
  - Self-management skills
  - Utilization of community resources
  - Support and work in partnership with families and carers
  - Peer support
  - Mental health education and promotion
  - Parenting
2. Crisis intervention

3. Therapeutic and psychosocial intervention:

- Cognitive behavioral intervention
- Family nursing
- Motivational interviewing
- Group intervention
- Positive psychology
- Concordance medication management

C. Therapeutic and Caring Relationship

1. Establishing therapeutic and caring relationship through:

- Therapeutic alliance/ engagement
- Counselling skill
- Interviewing skill

D. Quality and Risk Management

1. Quality and risk issues as specified in HA Safety Manual and according to CPS guidelines

- Lone working safety
- Workplace violence
- Infection control
- Adverse weather
- Prevention of dog bite
- Crime prevention
- Clinical waste management

E. Legal and Ethical Practice

1. Ordinances concerning mental patients & duty of care of community psychiatric nurse
2. Code of ethics and professional conduct for nurses
3. Ethical dilemmas in community psychiatric care
4. Trespass to person, land and property
5. Confidentiality, consent, Personal Data (Privacy) Ordinance, patient's rights/ charters
6. Stigma and Labelling

## **TEACHING & LEARNING STRATEGIES**

- 1 Lecture and workshop
- 2 Discussion and Tutorial
- 3 Group Project Presentation
- 4 Supervised Clinical Practice

## **ASSESSMENT**

Components	Date / Submission Deadline	Weighting
<b>A. Written Assessment</b>		
1. Quiz	02/04/2024 (AM)	5%
2. Written Examination	02/07/2024 (AM)	55 %
3. Group Project - Oral Presentation - Written Report	18/02/2025	20 % (8%) (12%)
4. Patient Care Study	Group A: 09/10/2024 Group B: 27/01/2025	20 %
<b>B. Continuing Clinical Assessment</b>	On the last day of Clinical Practicum	100 %

The participants are required to attain 50% or above in each component of the written assessment and the continuing clinical assessment.

## **AWARD OF CERTIFICATE**

An e-Certificate will be awarded to those participants who have completed all parts of the course and passed all assessments.

## **CNE POINTS**

Pending

## **PROGRAM DIRECTOR**

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## **CO-PROGRAM DIRECTOR**

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## **ENQUIRY**

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