

INSTITUTE OF ADVANCED NURSING STUDIES

Post-registration Certificate Course in Colorectal Care Nursing [2024/25]

(04/11/2024 – 20/08/2025)

Organised by Institute of Advanced Nursing Studies and Conducted by HKWC

*The Nursing Council of Hong Kong has approved the Hospital Authority as a provider of
Continuing Nursing Education (CNE) since 1 December 2005*

PROGRAM INFORMATION

PROGRAM AIM(S)

1. To develop the competence of registered nurses in colorectal care nursing for high standard of specialized caring and competent nursing practice for colorectal clients
2. To provide an interactive learning experience that will encourage nurses to develop the skills of analysis and critical awareness in order to stimulate the inquiry approach to both the theory and practice in colorectal care nursing
3. To enhance the knowledge and skills with respect to the holistic assessment and management of patients with colorectal conditions
4. To develop nurses' capacities for caring and competent practice in colorectal nursing to provide a patient- centred care within the health service
5. To develop nurses' awareness of relevant evidence- based findings that facilitate integration into colorectal nursing practice

PROGRAM INTENDED LEARNING OUTCOMES

Upon completion of the program, the participants should be able to:

1. Describe the pathophysiology, clinical manifestations, and treatment modalities of diseases / illnesses and conditions in colorectal care
2. Demonstrate skills to perform advanced health assessment, analyze diagnostic findings; laboratory / monitoring results and health assessment of data of patients for identifying the clinical problems for patients
3. Advance his / her role in the care of patients with malignant and benign colorectal conditions including critical analysis, creative thinking, decision making and communication

4. Develop a greater understanding of the theory which underpins Colorectal Nursing practice, including evidenced base practice
5. Advance his / her sense of professional awareness, commitment and a sense of professional responsibility and accountability in Colorectal Nursing
6. Value learning as a continuous and necessary process in the context of his / her professional role in Colorectal Nursing

TARGET PARTICIPANTS

1. Nurses in RN rank
2. Priority will be given to those who are currently working in colorectal care units or prepared to work in the colorectal care units
3. Nurses who have previously enrolled in PRCC without successful completion may be given low priority

ENTRY REQUIREMENTS

1. Registered nurses with valid practicing certificate issued by the Nursing Council of Hong Kong
2. Nurses having not less than 24 months post- registration experience

CLASS SIZE

37

LANGUAGE MEDIUM

Both English and Cantonese will be used in class. All written assignments and assessments will be in English

PROGRAM DURATION

04/11/2024 – 20/08/2025

PROGRAM DESIGN

This program consists of theoretical input (Module I & Module II) and clinical practicum

A. Theoretical input

Module I – Fundamental Module

Online Training Module

The participants are required to complete all the following e-Learning courses in the **eLC+** platform on or before **03/12/2024 23:59**

No.	Topic
1	Anatomy and Physiology of Gastrointestinal System
2	Diagnosis of Staging Evaluation for Colorectal Cancer

3	Management of Benign Bowel Disease
4	Tubes and Drain Care in Gastrointestinal Patients
5	Nursing Management of Patients with Constipation
6	Surgical Management of Colorectal Cancer Patients
7	Role of Colorectal Cancer Case Manager in Colorectal Cancer Journey and Multidisciplinary Team Approaches
8	Postoperative Nursing Management of Patients with Colorectal Surgery
9	Clinical Oncology Management of Colorectal Cancer Patients
10	Management of Malignant Colorectal Disease - Nursing Perspectives
11	Bowel Preparation
12	Management of Postoperative Stoma and Patient Teaching
13	Nursing Management of Patients with Faecal Incontinence
14	Irritable Bowel Syndrome and Management
15	Nursing Management for Patient with Benign Colorectal Disease
16	Management of Inflammatory Bowel Disease

Module II – Specialty-specific Module

Day	Date	Time	Activity	Venue
1	04/12/2024	09:00 – 17:30	Study Day	2/F, Nursing School, QMH
2	11/12/2024	09:00 – 17:30	Study Day	
3	18/12/2024	09:00 – 17:30	Study Day	
4	08/01/2025	09:00 – 17:30	Study Day	
5	15/01/2025	09:00 – 17:30	Study Day	
6	22/01/2025	09:00 – 17:30	Study Day	
7	05/02/2025	09:00 – 17:30	Study Day	
8	12/02/2025	09:00 – 17:30	Study Day	
9	19/02/2025	09:00 – 17:30	Study Day	
10	19/03/2025	09:00 – 12:00	Written Examination	Maggie' s Cancer Caring Centre Hong Kong Tsing Chung Koon Road, Tuen Mun, Hong Kong
		14:30 – 17:00	Education Visit	
11	20/8/2025	09:00 – 17:30	Group Project Presentation	2/F, Nursing School, QMH

B. Clinical Practicum: 6 Weeks

Group A CPI: 24/03/2025 to 27/04/2025 (PH on 04, 11 & 14/04/2025)
Group A CPII: 28/04/2025 to 11/05/2025 (PH on 01 & 05/05/2025)
Group B CPI: 12/05/2025 to 08/06/2025 (No PH)

Group B CPlI: 09/06/2025 to 22/06/2025 (No PH)

Group C CPlI: 23/06/2025 to 06/07/2025 (PH on 01/07/2025)

TRAINING CONTENT

Module I: Fundamental Module	
1	Introduction of the program
2	Anatomy and physiology of lower gastrointestinal (GI) tract
3	Diagnosis or staging evaluation of colorectal cancer
4	Management of benign bowel disease (Haemorrhoids, perianal abscess, fistula- in- ano, anal polyp, high output stoma management)
5	Nursing management of benign colorectal disease
6	Tubes and drain care in patients with GI problems
7	Nursing management of patient with constipation
8	Surgical management of colorectal cancer patients
9	Role of colorectal cancer case manager in colorectal cancer journey and multidisciplinary team approaches
10	Postoperative nursing management of patients with colorectal surgery
11	Clinical oncology management of colorectal cancer patients
12	Management of malignant colorectal disease- Nursing perspectives (Care of patient receiving surgery, chemotherapy, radiotherapy, targeted therapy and immunotherapy)
13	Bowel preparation
14	Management of postoperative stoma and patient teaching
15	Nursing management of patients with faecal incontinence
16	Irritable bowel syndrome and management
17	Nursing management for patient with benign colorectal disease
18	Management of inflammatory bowel disease

Module II: Specialty Specific Module	
1	Bowel awareness and screening program in Hong Kong
2	Polyp to carcinoma pathways of colorectal carcinogenesis
3	Lower GI endoscopy and therapeutic intervention: ESD, endoscopic mucosal resection (EMR) and argon plasma coagulation (APC)
4	Magnetic resonance imaging (MRI) staging of rectal cancer
5	Endorectal ultrasound in the diagnosis of rectal cancer
6	Traditional Chinese medications in colorectal cancer
7	Advanced surgical interventions in colorectal cancer
8	Molecular and clinical prognostic factors of colorectal diseases and survival by TMN staging classification
9	Treatment options for advanced and recurrent cancer disease: Oncology perspective (Chemotherapy with preoperative radiotherapy in rectal cancer)
10	Peritoneal surface malignancy: Role of hyperthermic intraperitoneal chemotherapy (HIPEC)
11	Surgical management of colorectal cancer patient with bladder invasion
12	Surgical treatment of hepatic metastasis from colorectal cancer
13	Radiofrequency ablation for colorectal liver metastases
14	Surgical treatment of pulmonary metastasis from colorectal cancer
15	Familial and genetic colorectal cancer syndromes: Diagnosis, surveillance and interventions
16	Roles of genes in cancer and genetic disease
17	Sporadic and hereditary cancer
18	Cancer case management of colorectal patients and advanced practice
19	Enhanced recovery after surgery (ERAS) program for management of patient with colorectal cancer
20	High stomal output and its nursing management
21	Diet for patients with colorectal cancer and inflammatory bowel syndrome

22	Nutritional assessment and support for colorectal patients
23	Nursing management for patient on total parental nutrition
24	Anatomy and physiology of pelvic floor musculature. Pelvic organ prolapse assessment and management
25	Diagnostic procedures and treatment for bowel dysfunction
26	Types of bowel dysfunction, treatment and management options
27	Physiology of defaecation and pelvic floor dysfunction
28	Pelvic floor muscle assessment and exercise
29	Pharmacology and education on bowel medication
30	Transanal irrigation for patients with bowel dysfunction
31	Paediatric bowel management and training programme
32	Traditional Chinese medication for bowel dysfunction
33	Biofeedback training by surface EMG
34	Biofeedback case studies
35	Tibial nerve stimulation therapy for double Incontinence
36	Low anterior resection syndrome and nursing management
37	Counseling and psychological support for colorectal cancer patients
38	Body mind spirit intervention for colorectal patients
39	Survivorship care in colorectal cancer patients
40	Genetic counseling skills for colorectal cancer patients
41	Break bad news to colorectal cancer patients and families
42	Care of terminal ill colorectal cancer patients
43	Anal physiology tests and interpretation
44	Case scenarios of bowel dysfunctional cases I
45	Case scenarios of bowel dysfunctional cases II
46	Emergency GI management: Peritonitis, lower GI bleeding, intestinal obstruction, ischemia bowel, colonic intussusception
47	Hernia: Types, causes, treatments and prevention
48	Radiation proctitis: Causes, symptoms and treatment options
49	Evidenced base practice in colorectal nursing care
50	Preparing literature reviews

TEACHING & LEARNING STRATEGIES

1. Lectures and demonstrations
2. Group discussion
3. Tutorials
4. Group projects (*including oral presentation*)
5. Case studies
6. Clinical teaching & supervised clinical practice
7. Self- directed learning

ASSESSMENT

Components	Date / submission deadline	Weighting
A. Written Assessment		
1. Written Examination	19/03/2025	60%

2. Group Project		20%
(I) Written Report	13/08/2025	(8%)
(II) Oral Presentation	20/08/2025	(12%)
3. Patient Care Study	Group A: 11/05/2025 Group B: 22/06/2025 Group C: 06/07/2025	20%
B. Continuing Clinical Assessment	Group A: 11/05/2025 Group B: 22/06/2025 Group C: 06/07/2025	100%

The participants are required to attain 50% or above in each component of the written assessment and the continuing clinical assessment.

AWARD OF CERTIFICATE

An electronic Certificate of Achievement will be awarded to those participants who have completed all parts of the program and passed all assessments.

CNE POINTS

This program is equivalent to 211.5 CNE points.

Theoretical Input:	73 hours (73 CNE points)
Online Training Module:	20.5 hours (20.5 CNE points)
Clinical Practicum:	6 weeks (117 CNE points)
Educational Visit:	2.5 hours (1 CNE points)

PROGRAM DIRECTOR

Mr. Since KONG
Tel: 2300 7703

M (N), IANS, HAHO
Email: kh.kong@ha.org.hk

CO- PROGRAM DIRECTOR

Ms. SHUM Nga Fan
Tel: 2255 1253

NC(Colorectal), HKWC
Email: shumnf@ha.org.hk

Mr. Gordon WONG
Tel: 2255 5431

APN(CND), QMH, HKWC
Email: wkh573@ha.org.hk

ENQUIRY

Mr. Eddie TANG
Tel: 2255 3382

EAI(CND), QMH, HKWC
Email: TC315@ha.org.hk