

INSTITUTE OF ADVANCED NURSING STUDIES

Management of Violence (MoV) Train-the-Trainer Course

Class 1: 11/11/2024 – 22/11/2024

Class 2: 25/11/2024 – 6/12/2024

Class 3: 9/12/2024 – 20/12/2024

(Identical Class)

Organised by Institute of Advanced Nursing Studies

*The Nursing Council of Hong Kong has approved the Hospital Authority as a provider of
Continuing Nursing Education (CNE) since 1 December 2005*

COURSE INFORMATION

COURSE AIM(S)

This program aims at establishing a pool of trainers specialized in violence management to meet the service need.

COURSE INTENDED LEARNING OUTCOMES

Upon completion of the course, the participants should be able to:

1. Demonstrate appropriate knowledge, skills and attitudes in relation to preventing and managing clinical violence.
2. To teach nurses, clinicians and other healthcare staff in the prevention and management of clinical violence.
3. Apply knowledge and problem-solving approaches to the training of other carers in the management of aggression / violence.

TARGET PARTICIPANTS

- Psychiatric registered nurses or above ranks; and
- have at least 3 years of experience working in psychiatric services involving in areas related in management of violence in HA hospitals.

CLASS SIZE

~20 per class

LANGUAGE MEDIUM

Both English and Cantonese will be used in class. All written teaching materials and assessments will be in English.

COURSE DURATION

Class 1: 11/11/2024 – 22/11/2024

Class 2: 25/11/2024 – 6/12/2024

Class 3: 9/12/2024 – 20/12/2024

COURSE DESIGN

- Understand workplace violence related to nursing perspectives.
- Master the principles and methods in management of violence training for health care professionals.
- Describe practical considerations involved in implementing policies and practices related to management of clinical violence.
- Demonstrate skills in classroom teaching, psychomotor skills teaching and coaching in the practical laboratory.
- Design, deliver & evaluate training activities related to management of violence.
- Master the structure and process of group learning and coaching.
- Execute course administration skills and team-teaching co-ordination

TRAINING CONTENT

Date Time	Day 1	Day 2	Day 3	Day 4	Day 5
09:00 – 11:00	<p><i>Course Introduction</i></p> <p>Health & Safety / Course Structure / Class rules / Objectives:</p> <p>Wk 1: Ensuring familiarity with essential Knowledge and Skills.</p> <p>Wk 2: Gaining confidence to pass on Knowledge and Skills to others.</p> <p><i>Theory Part</i></p> <p>Introduction & Background of MoV</p> <p>HA Policy on Workplace Violence</p> <p>Roles, Responsibilities & Requirements of MoV Trainer</p>	<p><i>Theory Part</i></p> <p>Concepts in Disengagement Techniques (DT)</p> <ul style="list-style-type: none"> - De-escalation Skills - Escape Route - Safety Distance - Sideway Stance - Primal Response - Speed, Surprise & Skills 	<p><i>10-min Presentation</i></p> <p><i>Grouping for Practice Part</i></p>	<p><i>Recap and Revision</i></p> <p><i>Warm-ups and Safety (by trainees)</i></p> <p><i>Practice Part</i></p> <p>Strangle</p> <p>Head Lock</p>	<p><i>Recap and Revision</i></p> <p><i>Warm-ups and Safety (by trainees)</i></p> <p><i>Trainees Demonstration on Teaching (DT) & Assessment</i></p>
11:00 – 11:15	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>
11:15 – 13:15	<p><i>Theory Part</i></p> <p>Learning & Teaching Theory</p> <p>Psychomotor Skills Acquirement</p> <p>Management of Difficult Behavior and Situation in Training</p>	<p><i>Theory Part</i></p> <p>Concepts in Teamwork Techniques (TT)</p> <ul style="list-style-type: none"> - Team Approach - Roles of Head Person - Roles of Limb Person - Physical Restraint & Positional Asphyxia - Joint Flexibility - Onsite Incident Management 	<p><i>Practice Part</i></p> <p>Punch & Kick</p> <p>Wrist Grab</p>	<p><i>Practice Part</i></p> <p>Bear Hug</p> <p>Keys Grab</p> <p>Rape</p>	<p><i>Trainees Demonstration on Teaching (DT) & Assessment</i></p> <p><i>Summative Assessment, Feedback & Discussion on DT</i></p> <p><i>Theory Part</i></p> <p><i>Assessment on Trainee</i></p>
13:15 – 14:15	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>

Date Time	Day 1	Day 2	Day 3	Day 4	Day 5
14:15 – 15:15	<i>Theory Part</i> Management of MoV Training <ul style="list-style-type: none"> - Lesson plan and classroom management - Venue & Equipment - Health Declaration - Safety Precaution - Nomination & Manpower - Time Management 	<i>Trainers Demonstration on Beginning of MoV Training Session (DT)</i> <ul style="list-style-type: none"> - Briefing among Trainers for Job Distribution - Registration - Health Declaration - Safety Precaution - Introduction & Objectives of Training 	<i>Warm-ups (by trainees)</i> <i>Practice Part</i> Hair Pull Collar Grab	<i>Warm-ups (by trainees)</i> <i>Trainees Demonstration on Teaching (DT) & Assessment</i>	<i>Warm-ups (by trainees)</i> <i>Practice Part</i> Escorting
15:15 – 15:30	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>
15:30 – 17:30	<i>Preparation & Grouping for 10-min Presentation on Day 3</i> <i>Theory Part</i> Warm Up Causes of Violence and Risk Assessment PEACE Model and Safewards Post Incident Debriefing	<i>Trainers Demonstration on Beginning of MoV Training Session (DT)</i> <ul style="list-style-type: none"> - Warm Up - Team Approach - De-escalation Skills - Escape Route - Safety Distance - Sideway Stance - Primal Response - Speed, Surprise & Skills 	<i>Practice Part</i> Pony Tail Teaching Delivery Skills Group Discussion & Evaluation Individual Evaluation	<i>Trainees Demonstration on Teaching (DT) & Assessment</i> Teaching Delivery Skills Group Discussion & Evaluation Individual Evaluation	<i>Practice Part</i> Various Secure Holds Teaching Delivery Skills Group Discussion & Evaluation Individual Evaluation

Date Time	Day 6	Day 7	Day 8	Day 9	Day 10
09:00 – 11:00	<i>Recap and Revision</i> <i>Warm-ups and Safety (by trainees)</i> <i>Practice Part</i> 3-person Team Planned Approach	<i>Portfolio Building</i> <i>Lesson Plan Preparation</i> <i>Recap and Revision</i> <i>Warm-ups and Safety (by trainees)</i> <i>Practice Part</i> Exchange of Upper Rest Position & Lower Rest Position Aid Breathing Floor De-escalation (Prone)	<i>Recap and Revision</i> <i>Warm-ups and Safety (by trainees)</i> <i>Practice Part</i> Floor De-escalation (Supine) Standing Patient From Floor (Prone) Standing Patient From Floor (Supine)	<i>Recap and Revision</i> <i>Warm-ups and Safety (by trainees)</i> <i>Trainees Demonstration on Teaching (TT) & Assessment</i>	<i>Warm-ups and Safety (by trainees)</i> <i>Trainees Demonstration on Teaching (TT) & Assessment</i>
11:00 – 11:15	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>
11:15 – 13:15	<i>Practice Part</i> Relocation / Walking Chair De-escalation	<i>Practice Part</i> Leg Hold Change Team Member	<i>Practice Part</i> Separation Two Patients Fighting Turning Patient	<i>Trainees Demonstration on Teaching (TT) & Assessment</i>	<i>Trainees Demonstration on Teaching (TT) & Assessment</i>
13:15 – 14:15	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
14:15 – 15:15	<i>Warm-ups (by trainees)</i> <i>Practice Part</i> Prone Controlled Descent to Knee	<i>Warm-ups (by trainees)</i> <i>Practice Part</i> Supine Controlled Descent to Sitting Supine Controlled Descent to Floor	<i>Warm-ups (by trainees)</i> <i>Practice Part</i> Seclusion Exit Doorway	<i>Trainees Demonstration on Teaching (TT) & Assessment</i>	<i>Warm-ups (by trainees)</i> <i>Scenario-based Drill Assessment</i> <i>Theory Part</i> Design & Implementation Scenario-based Drill

15:15 – 15:30	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>
15:30 – 17:30	<i>Practice Part</i> Prone Controlled Descent to Floor Teaching Delivery Skills Group Discussion & Evaluation Individual Evaluation	<i>Practice Part</i> Supine Controlled Descent to Floor Teaching Delivery Skills Group Discussion & Evaluation Individual Evaluation	<i>Practice Part</i> Rail Removal Physical Restraint Holding Patient Lying Supine on Bed Teaching Delivery Skills Group Discussion & Evaluation Individual Evaluation	<i>Trainees Demonstration on Teaching (TT) & Assessment</i> Teaching Delivery Skills Group Discussion & Evaluation Individual Evaluation	<i>Free Practice & Trainers Consultation</i> <i>Summative Assessment, Feedback & Discussion on TT</i> Final Discussion & Evaluation

Venue: MoV Training Centre, 2/F, Block S, Castle Peak Hospital

TEACHING & LEARNING STRATEGIES

1. Lectures
2. Case discussion and sharing
3. Demonstration and practice

AWARD OF CERTIFICATE

An electronic Certificate of Attendance will be awarded to those participants who have completed the whole course.

CNE POINTS

This course is equivalent to 70 CNE points.

COURSE DIRECTOR

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COURSE COORDINATOR

Mr. Tze Hang LIU
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WM(7D), KH, KCC
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LIST OF SPEAKERS

Class 1

Mr. Liu Tze Hang
Mr. Wu Man Nok
Mr. Yim Lok Man, Norman
Ms. Yim King Man, Sita
Mr. Au Yeung Yat Sing

WMP, KH
APNP, KH
APNP, UCH
RNP, KH
RNP, QMH

Class 2

Mr. Chan Ka Ho
Mr. Lee Yun Sang
Mr. Yu Chun Lok
Mr. Chan Tung
Ms. Tsang Pong Yu

NC, KEC
APNP, CPH
APNP, AHNH
RNP, CPH
RNP, KCH

Class 3

Mr. Au Sek Hang
Ms. Lee Ming Wun, Emily
Ms. Cheng Man Ting
Mr. Lau Pui Wa

ANC, HKEC
APN, PYNEH
APNP, TPH
RNP, KCH

ENQUIRY

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