

## INSTITUTE OF ADVANCED NURSING STUDIES

### **Post-registration Certificate Course in Ear, Nose and Throat (ENT) Nursing**

**(07/12/2024 – 26/07/2025)**

**Organised by Institute of Advanced Nursing Studies and Conducted by HKEC**

*The Nursing Council of Hong Kong has approved the Hospital Authority as a provider of  
Continuing Nursing Education (CNE) since 1 December 2005*

## **PROGRAM INFORMATION**

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### **PROGRAM AIM(S)**

To develop and enhance the competence of registered nurses working in ENT specialty so as to provide specialized care in otology, rhinology, laryngology and head & neck surgical nursing practice.

### **PROGRAM INTENDED LEARNING OUTCOMES**

Upon completion of the program, the participants should be able to:

1. Obtain updated information on principles and knowledge of otology, rhinology, laryngology and head & neck surgery
2. Acquire nursing skills in management of otology, rhinology, laryngology and head & neck surgical patients in in-patient and out-patient settings
3. Provide assessment and intervention to adult & paediatric patients suffering from otological, rhinological, laryngological and head & neck diseases
4. Recognise new frontier and future development of otology, rhinology, laryngology, head & neck surgery

### **TARGET PARTICIPANTS**

1. Nurses in RN rank
2. Priority will be given to those who are currently working in ENT or in related departments in HA hospitals / institutions.
3. Nurses who have previously enrolled in PRCC without successful completion may be given low priority
4. **Exemptions:** Participant who successfully completed the Fundamental Course in PRCC

ENT Nursing within the last three years [i.e. 04/12/2021, 11/12/2021, 18/12/2021 & 08/01/2022] will be eligible to apply for direct entry to Module II.

### **ENTRY REQUIREMENTS**

1. Registered nurses with valid practicing certificate issued by the Nursing Council of Hong Kong.
2. Nurses having not less than 24 months post-registration experience.

### **PRE-REQUISITES (NA)**

### **EXIT REQUIREMENTS (NA)**

### **CLASS SIZE**

38

### **LANGUAGE MEDIUM**

Both English and Cantonese will be used in class. All written assignments and assessments will be in English.

### **PROGRAM DURATION**

07/12/2024 – 26/07/2025

### **PROGRAM DESIGN**

This program consists of theoretical input (Module I & Module II) and clinical practicum.

#### **A. Theoretical input**

##### ***Module I – Fundamental Module***

##### ***Online Training Module***

The participants are required to complete all the following e-Learning courses in the **eLC+** platform on or before **[28/12/2024] [23:59]**

- A quiz is included at the end of each e-Learning course. It comprises of multiple-choice questions with multiple attempts allowed during the period (07/12/2024 – 28/12/2024) and course participant should attain **100% pass**.
- Participants **with Exemptions** (i.e. direct entry to Module II) are **NOT** required for the Online Training Modules.

Module I 07/12/2024 to 28/12/2024	Online Training Module Total 16 Topics		Duration (Total 21 hours)
	Topic	Speaker	
1.	<b>Overview of the Online Training Module</b>	Mr. YU Man Kit, Manager(N), IANS, HAHO	0.5
2.	Common nasal symptoms Common diseases of the nose and management; Physical examination and nasoendoscopy	Dr. Jason LAW, AC (ENT), QEH	1.5
3.	Epistaxis- Cause and management; Sinusitis and Nasal polyposis	Dr. CHAN Man Hin, AC (ENT), YCH	1.5
4.	Ambulatory Surgery & Nurse-led Pre- operative Assessment in ENT Perspective	Mr. IP Lam Ho, Eric, ANC (Perioperative care) TKOH	1
5.	Nursing Management in allergic rhinitis -- health education Nursing Management for patients with epistaxis	Ms. IP Mei Wan, ANC (ENT), PYNEH	1.5
6.	Endoscopy nursing in laryngology; Nursing Management and CPR in tracheostomized patients;	Ms. LEE Yuen Chee Antonia, APN (ENT), TWH	1
7.	Postoperative nursing Management for patient after M&G and Myringoplasty; Postoperative nursing management for patients after nasal surgery	<i>Mr. NG, Ms. CHAN and Ms FONG (TBC)</i> RN (ENT), UCH	1.5
8.	Disease of external/middle/inner ear and management; Tinnitus and management; Hearing aid and rehabilitation	Dr. Kary Lui, AC (ENT) KEC	2
9.	Infection Control in ENT Services	Ms. LEUNG Wai Ching Carol, ANC (IC/ID), YCH	1
10.	Nursing Management in out-patient ear procedures and administration of aural medication	Mr. CHEUNG Siu Fung ANC (ENT) PWH	1
11.	Common ear symptoms	Dr. LEUNG Kwok Hung Vincent HON AC (ENT), TMH	1.5
12.	Nursing Management for patients with vertigo and tinnitus, education on aural hygiene; Patient education on nasal douching and administration of nasal spray and nasal drops	Mr. WONG Wai Yiu Walter, NC (ENT), YCH	1

13.	Common diseases of the larynx and management Different types of endoscopy of the larynx, stroboscopy & sialendoscopy	Dr. Nikie SUN, AC (ENT), QMH	2
14.	Audiology test and hearing assessment	Dr AU Wai Yin, Joyce Audiologist, ENT, PYNEH	1
15.	Nursing Management in NPC patients receiving radiotherapy +/- chemotherapy	Ms. CHOY Yin Ping, NC, (ONC)PMH	1.5
16.	Nasopharyngeal carcinoma and management; Head & Neck Infections and Neoplasm	Dr. Samuel CHOW, CON(ENT), PWH	1.5

### ***Module II – Specialty-specific Module***

Day	Date	Time	Activity	Venue
Day 1	04/01/2025	0900 - 1730	Study Day	Lecture Theatre, G/F, HKEC Training Centre, PYNEH
Day 2	11/01/2025	0900 - 1730	Study Day	Lecture Theatre, 1/F, Pathology Block, PYNEH
Day 3	18/01/2025	0900 - 1730	Study Day	Seminar Rm 2, G/F, HKEC Training Centre, PYNEH
Day 4	25/01/2025	0900 - 1730	Study Day	
Day 5	08/02/2025	0900 - 1730	Study Day	Seminar Rm 1, G/F, HKEC Training Centre, PYNEH
Day 6	15/02/2025	0900 - 1730	Study Day	
Day 7	22/02/2025	0900 - 1730	Study Day	
Day 8	01/03/2025	0900 - 1730	Study Day	
Day 9	08/03/2025	0900 - 1730	Study Day	
Day 10	12/04/2025	0900 - 1730	Written Examination	
			Study Day	
Day 11	26/07/2025	0900 - 1730	Group Project Presentation	TBC

### **B. Clinical Practicum: 6 Weeks (Net)**

Group A: 14/04/2025 to 01/06/2025 (PH on 18/04, 21/04, 01/05 & 05/05)

Group B: 02/06/2025 to 13/07/2025 (PH on 01/07)

## **TRAINING CONTENT**

### **Module I: Fundamental**

#### **Ear**

1. Common ear symptoms
2. Disease of external/middle/inner ear and management
3. Hearing aid and rehabilitation
4. Tinnitus and management
5. Audiology test and hearing assessment
6. Nursing management in out-patient ear procedures and administration of aural medication
7. Postoperative nursing management for patient after M&G and Myringoplasty
8. Nursing management for patients with vertigo and tinnitus, education on aural hygiene

#### **Nose**

1. Common nasal symptoms
2. Common diseases of the nose and management
3. Physical examination and nasoendoscopy
4. Epistaxis- cause and management
5. Sinusitis and Nasal polyposis
6. Nasopharyngeal carcinoma and management
7. Nursing management in allergic rhinitis & health education
8. Nursing management for patients with epistaxis
9. Nursing management in NPC patients receiving radiotherapy +/- chemotherapy
10. Postoperative nursing management for patients after nasal surgery
11. Patient education on nasal douching and administration of nasal spray and nasal drops

#### **Throat**

1. Common diseases of the larynx and management
2. Different types of Endoscopy of the larynx and Stroboscopy & sialendoscopy
3. Head and neck infections and neoplasm
4. Speech therapy for patients with voice & swallowing dysfunction
5. Endoscopy nursing in laryngology
6. Nursing management and CPR in tracheostomized patients

### **Module II: Specialty-specific Module**

#### **Ear**

1. Sudden sensorineural hearing loss and management
2. Common otological emergencies & management
3. Cochlear implantation and Auditory Brainstem Implant for auditory rehabilitation
4. Overview of contemporary solutions to Hearing Loss
5. Glue ear
6. Various types of ear surgery
7. Overview of conductive hearing loss
8. Middle ear reconstruction: different types of ossiculoplasty
9. Acoustic neuroma and management
10. Surgical management of ear cancer

11. Facial nerve and facial nerve palsy
12. Electrophysiological evaluation and intraoperative monitoring of facial nerve
13. Surgical management of facial nerve palsy
14. Outer ear infection: otitis externa and perichondritis
15. Acute otitis media
16. Chronic suppurative otitis media and cholesteatoma
17. Vestibular disorders and assessment
18. Benign paroxysmal positional vertigo and Epley's Maneuver
19. Audiological evaluation of vestibular dysfunction
20. Rehabilitation in vestibular disorders and related management
21. Postoperative nursing management in ear surgery
  - 21.1 Major ear operations, Stapedectomy Ossiculoplasty
  - 21.2 Tympanoplasty and Mastoidectomy
  - 21.3 Nursing management of patients with facial nerve palsy
22. Overview of types of hearing aid
23. Services of the Hong Kong Society for the Deaf
24. Pre and Post-operative nursing management in cochlear implant

## **Nose**

1. Allergic Rhinitis and treatment
2. One airway disease -- upper airway allergy and asthma
3. Non-allergic inflammatory nasal diseases
4. Interventional radiology for epistaxis
5. Surgery for epistaxis
6. Problem with smell
7. Nasal bone fracture and facial fracture
8. Rhinoplasty -- assessment and surgery
9. Treatment and complications of sinusitis and nasal polyps
10. Benign nasal and sinus tumour
11. Endoscopic sinus surgery
12. Surgical complications in endoscopic sinus surgery and management
13. Nasal surgery around the orbit
14. Obstructive Sleep Apnea- Definition and diagnosis
15. CPAP treatment
16. Office procedure and surgery for SDB in adult
17. The use of oral appliances
18. Nasal and sinus tumour, skin tumour on the nose
19. Management of sinonasal malignancy
20. Facial Plastic and Procedures
21. Laser application in ENT
22. Nursing Management on Facial Plastic Procedures
23. Management of recurrent nasopharyngeal carcinoma
24. Nursing management in rhinology and special rhinological assessment
25. Specific nursing care in administration of cocaine, adrenaline
26. Care and management of endoscopic equipment and accessories
27. Postoperative nursing management in nasal surgery: Rhinoplasty, Septoplasty, Turbinoplasty, Functional Endoscopic Sinus Surgery
28. Nursing management in the sleep laboratory

29. Nursing management in patients with OSA
30. Case Sharing (OSA)
31. Postoperative nursing management in sleep surgery
32. Sleep disorder in psychiatry

### **Throat**

1. Tracheostomy and upper airway obstruction
2. Nursing management in tracheostomy & voice prosthesis and appliances
3. Benign laryngeal diseases: vocal cord polyp, nodule, granuloma, etc.
4. Phonosurgery under L.A. & G.A.
5. Laryngeal movement disorders: focal dystonia, vocal cord palsy, etc.
6. Injection laryngoplasty and thyroplasty in vocal cord palsy
7. Swallowing disorder and management
8. Nursing management in laryngology
9. Postoperative nursing management in phonosurgery and thyroplasty
10. Management of Ca Larynx
11. Postoperative nursing management in total laryngectomy
12. Vocal rehabilitation of laryngectomies
13. Common parotid gland disorder
14. Head and Neck malignancy – general concepts and surgery
15. Head and Neck Reconstruction
16. Radiotherapy and chemotherapy for head and neck cancer
17. Head & Neck reconstruction, nursing management and complicated wound management
18. Free flap reconstruction
19. Thyroid disease and thyroid cancer
20. Thyroidectomy and recurrent laryngeal nerve monitoring
21. Peri-operative nursing management in thyroidectomy

### **Paediatric Ear, Nose and Throat**

1. Common Paediatric ENT problem
2. Diagnosis and ENT treatment for congenital airway disease
3. Tonsillectomy and adenoidectomy
4. Paediatric hearing loss and neonatal hearing screening
5. Dysphonia in paediatric patients
6. Paediatric hearing tests
7. Nursing management in paediatric ENT
8. Postoperative nursing management in tonsillectomy and adenoidectomy
9. Postoperative nursing management in paediatric airway disease (NICU)
10. Nursing management in paediatric patients with tracheostomy (NICU)
11. Education facilities for deaf children in HK

### **Miscellaneous**

1. Occupational safety & health and Laser Safety in ENT services
2. Infection control in ENT services
3. Nursing Role in ENT OT Settings
4. Robotic Surgery Application in ENT
5. Applied New Technology in ENT Surgery
6. Ambulatory Surgery & Nurse-led Pre-operative Assessment in ENT Perspective

## 7. Nursing Role in ENT SOPD services & settings

### **TEACHING & LEARNING STRATEGIES**

1. Lectures and demonstrations
2. Group discussion
3. Tutorials
4. Group projects (*including oral presentation*)
5. Case studies
6. Clinical teaching & supervised clinical practice
7. Self-directed learning

### **ASSESSMENT**

Components	Date / submission deadline	Weighting
<b>A. Written Assessment</b>		
1. Written Examination	12/04/2025	60%
2. Group Project		20%
(I) Written Report	19/07/2025	(10 %)
(II) Oral Presentation	26/07/2025	(10 %)
3. Patient Care Study	Group A: 01/06/2025 Group B: 13/07/2025	20%
<b>B. Continuing Clinical Assessment</b>	On the last day of Clinical Practicum	100%

The participants are required to attain 50% or above in each component of the written assessment and the continuing clinical assessment.

### **AWARD OF CERTIFICATE**

An electronic Certificate of Achievement will be awarded to those participants who have completed all parts of the program and passed all assessments.

### **CNE POINTS**

This program is equivalent to 215CNE points.

Online Training Module:	21 hours	(21 CNE points)
Theoretical Input:	77 hours	(77 CNE points)
Clinical Practicum:	6 weeks (234 hours)	(117 CNE points)



**PROGRAM DIRECTOR**

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**TIMETABLE (TBC)**