

## INSTITUTE OF ADVANCED NURSING STUDIES

### Post-registration Certificate Course in Stoma and Wound Care Nursing

2024/25

(8/1/2025-25/3/2026)

Organised by Institute of Advanced Nursing Studies and Conducted by New Territories West Cluster

*The Nursing Council of Hong Kong has approved the Hospital Authority as a provider of Continuing Nursing Education (CNE) since 1 December 2005*

### PROGRAM INFORMATION

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#### **PROGRAM AIM**

To provide an opportunity for registered nurses to gain special knowledge and clinical skills in stoma and wound care nursing and prepare for an advanced role in this specialty.

#### **PROGRAM INTENDED LEARNING OUTCOMES**

Upon completion of the program, the participants should be able to:

1. Describe the pathophysiology, clinical manifestations, and treatment modalities of diseases/illnesses and conditions in stoma & wound care nursing.
2. Apply evidence-based knowledge and specific skills to perform comprehensive stoma & wound assessment, client-centered nursing care planning and management in multidisciplinary approach on various difficult stoma & wound conditions.
3. Review and evaluate the effectiveness of specific nursing interventions on various stoma & wound conditions so as to achieve optimal clinical outcomes.
4. Demonstrate competency to carry out stoma & wound care during the clients' treatment journeys and provide supporting care to palliative clients' in the rest of life.
5. Educate and enhance the clients' understanding on proper stoma care, adaptation in daily living, resumption of social activities, and awareness in the prevention of complications or recurrence of problems related to various stoma conditions.

6. Educate and enhance clients' understanding on advanced wound management for gaining their trust and compliance to offered treatment; preventing complications or recurrence of problems related to misunderstanding; and striving for effective treatment outcome.
7. Demonstrate the ability to have a mastery of knowledge and skills in different stoma and wound care products.
8. Provide physio-psycho-social-spiritual care to clients with stoma & wound conditions.
9. Demonstrate competency on applying various assessment tools and equipment commonly adopted in the specialty on integrating advanced practice to clients with stoma & wound conditions.
10. Appraise nursing roles in stoma and wound care specialty and prepare for taking up leadership, and resource person roles in healthcare settings.
11. Recognize and understand the professional development of stoma & wound care nursing in local and overseas institutions.

### **TARGET PARTICIPANTS**

1. Nurses in RN rank
2. Priority will be given to those who are currently working in surgical wards with stoma and wound in HA hospitals / institutions.
3. Nurses who have previously enrolled in PRCC without successful completion may be given low priority
4. Participant who successfully completed the Fundamental Course in PRCC in Stoma and Wound Care Nursing within 3 years will be eligible to apply for partial exemption of Module I

### **ENTRY REQUIREMENTS**

1. Registered nurses with valid practicing certificate issued by the Nursing Council of Hong Kong.
2. Nurses having not less than 24 months post-registration experience.

### **PRE-REQUISITES**

Participants are expected to complete the following e-Learning courses from HA e-Learning Centre (eLC) before enrollment.

- 1 Wound Management (3<sup>rd</sup> edition)
- 2 Wound Packing Highlight

### **CLASS SIZE**

64

### **LANGUAGE MEDIUM**

Both English and Cantonese will be used in class. All written assignments and assessments will be in

English.

## **PROGRAM DURATION**

08/01/2025 – 25/03/2026

## **PROGRAM DESIGN**

This program consists of theoretical input (Module I & Module II) and clinical practicum.

### **A. Theoretical input**

#### ***Module I – Fundamental Module***

#### ***Online Training Module***

The participants are required to complete all the following e-Learning courses in the **eLC+** platform on or before **19/02/2025 23:59**

<b>No.</b>	<b>Topic</b>	<b>CNE point</b>	<b>Speaker</b>
1.	Diagnostic procedures of colorectal disease	1	Dr. CHAN Pak Tat, Consultant (SUR), QEH
2.	Types of stoma and its construction	1	Dr. CC FOO Clinical Associate Professor, Chief of Colorectal Surgery Division, Department of Surgery, QMH
3.	Postoperative stoma assessment and stoma care	1	Ms. LI Yuet Sheung, ANC(Wound Team), NTWC
4.	Patient education and discharge plan of ostomates	1	Ms. LI Yuet Sheung, ANC(Wound Team), NTWC
5.	Introduction of stoma care product and accessories	1	Ms. LAU Shuk Man, APN(SUR), NDH
6.	Case study of stomal and peristomal complications	1	Ms. LAU Shuk Man, APN(SUR), NDH
7.	Anatomy and physiology of skin	1	Mr. CHEUNG Chi Yeung, ANC(Stoma & Wound Care), PMH
8.	Physiology of wound healing	1	Mr. CHEUNG Chi Yeung, ANC(Stoma & Wound Care), PMH
9.	Intrinsic and extrinsic factors affecting wound healing	1	Ms. LAI Yuk Ling, Aries, WM(SURG), QEH
10.	Role of nutrition and wound healing	1	Mr. HO Wai Leung

<b>No.</b>	<b>Topic</b>	<b>CNE point</b>	<b>Speaker</b>
			APN(SUR), KWH
11.	Wound assessment and classification Wound documentation and practice Introduction to practice guidelines in wound care	2	Ms. TONG Suk Yee, ANC(Stoma & Wound Care), NTEC
12.	Moist wound healing & Wound Exudate Management	1	Mr. CHONG Hin Moon, Chris, NC(Stoma & Wound Care), NTWC
13.	Etiology of pressure injury	1	Ms. LEE Hoi Kei, Alvina, ANC(Stoma & Wound Care), TKOH
14.	Overall pressure injury management	1	Ms. LEE Hoi Kei, Alvina, ANC(Stoma & Wound Care), TKOH
15.	Selection of wound care product and cleansing agents	2	Ms. PANG Yuk Kam, NC(Stoma & Wound Care), KCC
16.	Infection control in wound care & prevention of SSI	1	Ms. CHENG Ka Lam, NC(ICN), KWC
17.	Wound bed preparation & Nursing competence in credentialing procedure	2	Mr. CHONG Hin Moon, Chris, NC(Stoma & Wound Care), NTWC
18.	Nursing management of gastrostomy and tube feeding	1	Ms. PUN Man Kei, APN(Wound Team), NTWC
19.	Evidence based practice in skin tear	1	Ms. PUN Man Kei, APN(Wound Team), NTWC
20.	Evidence based practice in incontinence-associated dermatitis	1	Ms. NGAN Hau Lan, NC(Stoma & Wound Care), KEC
21.	Surgical wound management	1	Ms. LAM Wing Sze, Jacqueline, ANC(Stoma & Wound Care), UCH
22.	Quality and safety consideration in surgical wound, drains and pressure injury management: Case study approach	1	Ms. CHUNG Shui Ping, APN(Wound Team), NTWC
23.	Patient education on wound care	1	Ms. CHUNG Shui Ping, APN(Wound Team), NTWC
24.	Nursing management of cancerous wound	1	Mr. LEUNG Chun Kit, APN(Stoma & Wound Care), YCH

No.	Topic	CNE point	Speaker
25.	Fistula and draining wound management	1	Ms. SHIT Kam Yee, Frances, NC(Stoma & Wound Care), NTEC

**Module II – Specialty-specific Module**

Day	Date	Time	Activity	Venue
Day 1	26/2/2025	9:00-17:30	Study Day	Rm1036, 1/F, Special Block, TMH
Day 2	5/3/2025	9:00-17:30	Study Day	
Day 3	12/3/2025	9:00-17:30	Study Day	
Day 4	26/3/2025	9:00-17:30	Study Day	Lecture Theatre, 2/F, ACC, TMH
Day 5	2/4/2025	9:00-17:30	Study Day	To be confirmed
Day 6	9/4/2025	9:00-17:30	Study Day	To be confirmed
Day 7	16/4/2025	9:00-17:30	Study Day	To be confirmed
Day 8	23/4/2025	9:00-17:30	Study Day	To be confirmed
Day 9	30/4/2025	9:00-12:00/ 14:00-17:00	Workshop I (half-day)	To be confirmed
Day 10	7/5/2025	9:00-17:30	Study Day	To be confirmed
Day 11	14/5/2025	9:00-17:30	Study Day	To be confirmed
Day 12	28/5/2025	9:00-17:30	Written Examination I (AM) Study Day (PM)	To be confirmed
Day 13	4/6/2025	9:00-17:30	Study Day	To be confirmed
Day 14	11/6/2025	9:00 – 17:30	Study Day	To be confirmed
Day 15	18/6/2025	9:00-17:30	Study Day	To be confirmed
Day 16	25/6/2025	9:00-17:30	Study Day	To be confirmed
Day 17	2/7/2025	9:00-12:00/ 14:00-17:00	Workshop II (half-day)	To be confirmed
Day 18	16/7/2025	9:00-13:15	Written Examination II (half-day)	To be confirmed
Day 19	11/3/2026	10:00-13:15	Product Assessment (half-day)	To be confirmed
Day 20	25/3/2026	9:00-17:30	Group Project Presentation	To be confirmed

## **B. Clinical Practicum: 6 Weeks**

	<u>CPI</u>	<u>CPII</u>
Group A:	21/07/2025 to 10/08/2025	11/08/2025 to 31/08/2025
Group B:	01/09/2025 to 21/09/2025	22/09/2025 to 28/09/2025 & 13/10/2025 to 26/10/2025
Group C:	27/10/2025 to 16/11/2025 (PH on 29/10)	17/11/2025 to 07/12/2025
Group D:	08/12/2025 to 28/12/2025 (PH on 25/12 & 26/12)	05/01/2026 to 25/01/2026

### CP I:

- 3 weeks in acute surgical setting with stoma and wound cases
- Case load required in 3 weeks:
  - Minimum 10 different cases with various types of stoma care
  - Minimum 10 different cases with either acute / chronic wound care

### CP II:

- 3 weeks in acute surgical setting with:
  - Nurse led clinic/ service for stoma and wound care;
  - GI or Urology ward / unit;
  - Stoma and wound cases/ ward
- Case load required in 3 weeks:
  - Minimum 15 different cases with various types of stoma care
  - Minimum 30 different cases with either acute / chronic wound care
- At least 1-week cross hospital training is required

## **TRAINING CONTENT**

### **A. Stoma Care**

1. Patho-physiology of Gastrointestinal tract and Urinary tract
  - Anatomy and physiology of gastrointestinal and urinary tract
  - Etiology of bowel cancer
  - Etiology of bladder cancer
  - Etiology of gynaecological cancer
  - Etiology of Familial Adenomatous Polyposis and Hereditary Nonpolyposis Colorectal Cancer
  - Etiology of Inflammatory Bowel Disease

- Pediatric congenital abnormalities related to stoma formation
2. Surgical / medical / oncological interventions and diagnostic procedures
    - Bowel cancer (colon, rectum and anal canal cancer)
    - Urinary tract cancer (kidney, ureter, bladder, urethra and prostate cancer)
    - Gynaecological cancer (cervical, endometrial and ovarian cancer)
    - Familial Adenomatous Polyposis and Hereditary Nonpolyposis Colorectal Cancer
    - Inflammatory Bowel Disease
    - Types of stomas and its construction
    - Pediatric congenital abnormalities
    - Continent urinary diversions
    - Continent fecal diversions
  3. Pre-operative and post-operative care of patients undergo stomal surgery
    - Counseling
    - Bowel preparation
    - Stoma siting
    - Patient and carer education
    - Discharge plan and general life style of ostomates
    - Special care and education of patients undergo ileal pouch anal anastomosis
    - Special care and education of patients undergo continent diversions
    - Special care and education of patients undergo vaginoplasty
  4. Nursing interventions and procedures
    - Colostomy irrigation
    - Bowel irrigation for fecal incontinence or constipation
    - Stomal feeding
    - Ileal conduit catheterization procedure
    - Nursing care of various types of stomas (pharyngostomy, oesophagostomy, gastrostomy, jejunostomy, ileostomy, colostomy, ileal conduit)
    - Management of stomal and peristomal complications
    - Chemotherapy and radiotherapy for stomal patients
    - Pediatric stoma care
    - Gastrostomy care
  5. Other related issues of ostomates
    - Dietary management
    - Welfare for ostomates
    - Supportive network of ostomates in Hong Kong

- Selection of stoma care product and accessories
- Care of terminally ill patients
- Counselling for cancer patients
- Psychosocial aspect of ostomates
- Sexual dysfunction and sexuality of ostomates
- Pregnancy issue of ostomates
- Case management of colorectal cancer patients
- Standards and guidelines in stoma care nursing
- Nursing competence in credentialing procedure in stoma care
- Clinical teaching and evidence based practice in stoma care

## **B. Wound Care**

1. Patho-physiology
  - Anatomy and physiology of skin
  - Physiology of wound healing
  - Intrinsic and extrinsic factors affect wound healing
  - Nutrition in wound healing
  - Etiology of pressure injury, venous and arterial ulcer, diabetic ulcer, lymphedema
  - Moist wound healing
2. Surgical interventions
  - Venous ulcer, arterial and diabetic ulcer, lymphedema
  - Cancerous wound
  - Skin graft and flap
  - Conservative and sharp wound debridement
3. Nursing interventions and procedures
  - Patient and wound assessment
  - Wound documentation
  - Doppler technique
  - Wound bed preparation
  - Chronic wound management and patient education: pressure injury, venous ulcer, arterial ulcer, diabetic ulcer and foot care, cancerous wound, lymphedema
  - Acute wound management and patient education: surgical open / close wound, fistula wound, draining wound and tubes, burn and scald wound, trauma wound, skin graft and flap, incontinence associated dermatitis, and skin tear
  - Exudate management

4. Other related issues

- Alternative therapy in wound management
- Selection of wound care dressing and cleansing lotion
- Pressure measurement and pressure redistributing devices and system
- Wound debridement: surgical, mechanical, autolytic, enzymatic, osmotic, biological, conservative sharp debridement
- Wound infection
- Infection control in wound care
- Scar management
- Role of Physiotherapist and Occupational Therapist in burn and scald wounds
- Care of atypical wounds
- Management of lymphedema
- Wound care in out-patient setting
- Wound care in community setting
- Skin changes at life's end
- Quality and safety consideration in wound care
- Introduction to practice guidelines in wound care
- Standards in acute and chronic wound nursing
- Nursing role and ethical concern in management of patient with leg ulcer
- Nursing competence in credentialing procedure in wound care
- Clinical teaching and evidence based practice in wound care

**TEACHING & LEARNING STRATEGIES**

1. Lectures and demonstrations
2. Group discussion
3. Tutorials
4. Group projects (*including oral presentation*)
5. Case studies
6. Clinical teaching & supervised clinical practice
7. Workshops
8. Self-directed learning

**ASSESSMENT**

Components	Date / submission deadline	Weighting
<b>A. Written Assessment</b>		
1. Written Examination I	28/5/2025 AM	30%
Written Examination II	16/7/2025 AM	30%

2. Group Project		15%
(I) Written Report	25/2/2026	(9%)
(II) Oral Presentation	11/3/2026	(6%)
3. Patient Care Study	Group A: 28/9/2025 Group B: 23/11/2025 Group C: 4/1/2026 Group D: 22/2/2026	10%
4. Product Assessment	11/3/2026 AM	15%
<b>B. Continuing Clinical Assessment</b>	On the last day of Clinical Practicum	100%

The participants are required to attain 50% or above in each assessment and the continuing clinical assessment.

### **AWARD OF CERTIFICATE**

An electronic Certificate of Achievement will be awarded to those participants who have completed all parts of the program and passed all assessments.

### **CNE POINTS**

This program is equivalent to 270 CNE points.

Theoretical Input:	125 hours (125 CNE points)
Online Training Module:	28 hours (28 CNE points)
Clinical Practicum:	6 weeks (117 CNE points)

### **PROGRAM DIRECTOR**

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**ENQUIRY**

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