

Central Commissioned Training Program for Physiotherapists 2024/25 – Smart Care in Physiotherapy Service

Organized by Institute of Advanced Allied Health Studies / IT Subcommittee, COC
(Grade) - Physiotherapy

Date:	10 th January, 2025 (Friday) Pre-symposium Workshops	11 th January, 2025 (Saturday) Symposium
Time:	Workshop 1: 15:30 – 17:30 Workshop 2: 15:30 – 17:00	09:00 – 17:00
Mode of Delivery:	<u>Workshop 1</u> Visit to HA IT Innovation Laboratory (Face-to-face)	<u>Workshop 2</u> Visit to SAHK Continuing Rehabilitation Centre (Face-to-face)
		Zoom

Aim: To familiarize physiotherapists with the spectrum of physiotherapy service in current evidence on smart care

Objective/ Intended Learning Outcome:

To have an overview on smart care initiatives, to gain insight on virtual rehabilitation from foreign experience, to familiarize with the milestones in development and implementation of telehealth services

Program Design: Symposium & Workshop

Target Participant: Symposium:

HA Physiotherapists at all ranks who involve in planning or delivering telehealth services

Pre-symposium Workshops

HA Physiotherapists at all ranks who have also been nominated to join the Symposium

Class Capacity: **25 for Pre-symposium Workshop 1**
20 for Pre-symposium Workshop 2
150 for Symposium

Language Medium: English supplemented with Cantonese

CPD Points: To be confirmed
Award: Certificate of Attendance

Program Requirement: Participants should complete at least 80 % attendance of overall program
*(Remarks: Attendance will be captured according to your **login and logout time** in Zoom[®]. Late joiner after 30 minutes would not be allowed to join the training.)*

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Keynote overseas speakers:

Ms. Olivia Martin

Ms. Olivia Martin is the current Service Coordinator of RPA Virtual Hospital in Sydney Local Health District, where she coordinates the development, implementation and evaluation of a new virtual rehabilitation model of care. Prior to her current position, she also served as the Head of Speech Pathology Department in Canterbury Hospital from 2017 to 2021, as well as the Allied Health Service Coordinator in RPA Virtual Hospital starting from September 2023. She has extensive experience across all health care settings, using both in-person and virtual modalities.

Ms. Jaimie Karamihas

Ms. Jaimie Karamihas is the physiotherapist working in the RPA Virtual Hospital in Sydney Local Health District. She is experienced in providing virtual rehabilitation, facilitating an early supported discharge for patients from acute and sub-acute wards, using verbal and non-verbal communication skills to facilitate understanding and provide effective patient care virtually as well as conducting effective assessment and treatment to patients virtually.

Dr. Michelle Cottrell

Dr. Michelle Cottrell is an early-career allied-health clinician researcher. She currently holds both a Research Coordinator and Telehealth Coordinator with the Royal Brisbane and Women's Hospital Physiotherapy Department, while currently seconded as the Allied Health Research Coordinator at the Prince Charles Hospital. She also holds an Associate Lecturer position at the University of Queensland. She has ample experience in clinical researches on implementation of telehealth within Allied Health services, with over 30 publications and 1,500 citations.

Dr. Peter Window

Dr. Peter Window is the Senior Physiotherapist in Royal Brisbane and Women's Hospital (RBWH), who specializes in musculoskeletal rehabilitation. He also serves as the Research Coordinator in Physiotherapy Department of RBWH. He has established a program of research under two focuses: use of technology in rehabilitation and utilizing implementation science methodology to translate research into practice in health service settings. The program has produced over 15 publications and has been referenced by Moving Medicine, a UK online resource to encourage exercise with endorsement from Professional bodies such as the Royal College of Physicians.

Program Rundown

10th January, 2025 (Friday) – Pre-symposium Workshop 1 – Visit to HA IT Innovation Laboratory

Address: 11/F, Harbourside HQ, 8 Lam Chak Street, Kowloon Bay

<u>Time</u>	<u>Topic</u>	<u>Facilitator</u>
15:30 – 15:50	Introduction to HA IT Innovation Office and current projects	Ms. Mavis Wong, System Manager, Institute of Health IT, HAHO
15:50 – 16:50	Laboratory walkthrough	
16:50 – 17:30	Discussion on smart initiatives	

10th January, 2025 (Friday) – Pre-symposium Workshop 2 – Visit to SAHK Continuing Rehabilitation Centre

Address: G1, G/F, Tung Wong House, Tai Hang Tung Estate, 83 Tai Hang Tung Road, Shek Kip Mei

<u>Time</u>	<u>Topic</u>	<u>Speaker / Facilitator</u>
15:30 – 17:00	Bridge-to-home using smart technology with a cloud-based AR-assisted exercise guidance app and its limitations	Dr. Ivan Su, Director, SAHK Institute of Rehabilitation Practice & Mr. Dino Hung, Senior Physiotherapist, SAHK

11th January, 2025 (Saturday) – Symposium

<u>Time</u>	<u>Topic</u>	<u>Speaker / Facilitator</u>
09:00 – 09:05	Opening remarks	Mr. Sam Wan, NTWC Deputy CSC(AH) & Senior Physiotherapist, TMH / Convener, IT Subcommittee, COC (Grade) - Physiotherapy
09:05 – 11:05	Utilizing virtual modalities in health care settings and implementation of virtual rehabilitation in physiotherapy practice	Ms. Olivia Martin, Service Coordinator, RPA Virtual Hospital, Sydney Local Health District

		Ms. Jaimie Karamihas, Physiotherapist, RPA Virtual Hospital, Sydney Local Health District
11:05 – 11:20	Q&A session	Ms. Olivia Martin and Ms. Jaimie Karamihas
11:20 – 11:25	<i>Break</i>	
11:25 – 11:55	Physiotherapy in smart Geriatric Day Hospital (GDH)	Ms. Connie Chan and Mr. Jimmy Li, Advanced Practice Physiotherapist, POH
11:55 – 12:25	Local experience sharing on application of telehealth in physiotherapy	Ms. Tracy Tang, Senior Physiotherapist, YCH
12:25 – 12:35	Q&A session	Ms. Connie Chan, Mr. Jimmy Li and Ms. Tracy Tang
12:35 – 13:35	<i>Lunch</i>	
13:35 – 14:35	Development and implementation of telehealth service	Dr. Michelle Cottrell, Research and Telehealth Coordinator, Royal Brisbane and Women's Hospital
14:35 – 15:35	Delivering rehabilitation with smart technology	Dr. Peter Window, Senior Physiotherapist, Royal Brisbane and Women's Hospital
15:35 – 15:50	Q&A session	Dr. Michelle Cottrell and Dr. Peter Window
15:50 – 15:55	<i>Break</i>	
15:55 – 16:40	An ICF-based co-development and use of tele- rehabilitation in community settings	Mr. Dino Hung, Senior Physiotherapist, SAHK
16:40 – 16:55	Q&A session	Mr. Dino Hung
16:55 – 17:00	Closing remarks	Mr. Sam Wan, NTWC Deputy CSC(AH) & Senior Physiotherapist, TMH / Convener, IT Subcommittee, COC (Grade) - Physiotherapy

Enrolment:

Please send the nomination form via Department Manager / In-charge to IAAHS by email

(iaahs@ha.org.hk), quoting “*Program Announcement – Central Commissioned Training Program for Physiotherapists 2024/25 – Smart Care in Physiotherapy Service (Ref 043, 036)*” on or before 6 December 2024 (Friday)

- Enrollment result would **NOT** be notified individually. It should be checked before program commencement via HA IAAHS intranet <http://ah.home/haiaahs/SitePages/Home.aspx> or through e-Learning Centre http://elc.home/myelc/login_pop.aspx on or after 20 December 2024 (Fri).

Important Notes:

- Participants are required to **strictly adhere** to CICO’s guideline on Infection Control **Precautions for Training Activities** (see [link](#)) when attending the program (for both individual or group registration).
- Participants are **required to prepare ALL of the following equipment**: (1) individual desktop/ laptop/ tablet/ mobile with stable internet access, (2) headphone/speaker (to hear), (3) microphone (to speak) and (4) webcam (to see your face)*. [*If participant fails to turn on the webcam (with FULL Face) during the lecture, he/she would be **removed from class**, and **no attendance will be counted***]
- According to HA’s best practice, **only authenticated users** could join the Zoom® training. Participant should register a Zoom® account with his/her **HA internet email** and provide the email account in the nomination form. Sign up of a Zoom® account can be done at: <https://ha-org-hk.zoom.us/signup>
- The Zoom® training link, ID and password would be sent to successful nominees at least 5 days before program commencement. Participants should NOT disclose the zoom details to any non-participants of the program.

For enquiry, please contact Mr. Simon Chan, TO(AH) at 2300 8450 (program) or Ms. Kary Hui at 2300 7525 (registration).