



# INSTITUTE OF ADVANCED NURSING STUDIES

# <u>Post-registration Certificate Course in Child and Adolescent Nursing 2025/26</u> (03/11/2025 – 23/06/2026)

# Organised by Institute of Advanced Nursing Studies and Conducted by Kowloon West Cluster

The Nursing Council of Hong Kong has approved the Hospital Authority as a provider of Continuing Nursing Education (CNE) since 1 December 2005

#### PROGRAM INFORMATION

# **PROGRAM AIM(s)**

- 1. To develop the competencies of the registered nurses in Child and Adolescent Nursing for the provision of quality specialized care to paediatric patients
- 2. To update the course participants with recent development in Child and Adolescent Nursing

#### PROGRAM INTENDED LEARNING OUTCOMES

Upon completion of the program, the participants should be able to:

- master the knowledge of anatomy, pathophysiology, altered physiology of growth & development, and pathology of various diseases specific to children/adolescents
- 2. perform nursing/health/physical assessments and identify the health care needs of children/adolescents
- 3. develop appropriate care plans for children and adolescents across the range of developmental maturity, clinical conditions and situations
- 4. implement planned care and patient education in response to the clinical needs of children/ adolescents and their carers
- 5. evaluate the effectiveness of the care and response of children/ adolescents to therapeutic interventions
- 6. identify the health risks of children/ adolescents and provide corresponding preventive measures
- 7. establish a therapeutic and caring relationship with child and their parents to enhance effectiveness of care and to achieve therapeutic goals
- 8. plan and conduct a clinical project for the improvement of current nursing practice and quality of patient care

### **TARGET PARTICIPANTS**

- 1. Nurses in RN Rank
- 2. Priority will be given to nurses currently working in the Paediatric units or departments related to children and adolescent nursing.
- 3. Lower priority will be given to nurses who have enrolled in previous PRCC without successful completion.
- 4. Exemptions: participants who had completed "The Core Module of the PRCC in Paediatric Specialty nursing" within the last three years [i.e. 2022/23 (30/03/2023 04/05/2023) or 2023/24 (02/11/2023 07/12/2023 or 2024/25 (28/10/2024 01/12/2024)] could be granted direct entry to Module II based on the exemption criteria endorsed by the Institute of Advanced Nursing Studies.

#### **ENTRY REQUIREMENTS**

- 1. Registered nurses with valid practicing certificate issued by the Nursing Council of Hong Kong.
- 2. Nurses having not less than 24 months post-registration experience.

#### **CLASS SIZE**

~39-40 HA Registered Nurses

#### LANGUAGE MEDIUM

Both English and Cantonese will be used in class. All written assignments and assessments will be in English.

#### PROGRAM DURATION

03/11/2025 - 23/06/2026

#### **PROGRAM DESIGN**

This program consists of theoretical input (Module I & Module II) and clinical practicum.

#### A. Theoretical input

#### *Module I – Core Module*

The participants are required to complete all the following e-Learning courses in the *eLC+* platform on or before 30/11/2025 23:59.

A quiz is included at the end of each e-Learning course. It comprises of multiple choice questions with multiple attempts allowed during the period (03/11/2025 - 30/11/2025) and the passing score is 100%

Core Module: 03/11/2025 to	Core Module Total 2	22 topics	CNE points (Duration: Total 27.5
30/11/2025			hours)
No.	Торіс	Speaker	

1	Role of Paediatric Nurse in Family-	Ms. Leung Wing Sheung	1
	Centred Care and Transitional Care	APN/PAED/QMH/HKWC	
2	Child Life Service - Psychosocial Care	Ms. Carmen Ma Assistant	1
	to Hospitalised Children	Professional Services	
		Manager (Child Life)	
3	Paediatric Neurological Problems:	Dr. Yeung Wai Lan	1.5
	from Common to Rare but Important	AC/Paed/HKCH	
	Ones		
4	Radiological Imaging in Paediatrics	Dr. Lawrence Chan	1
		AC/Paed/PWH	
5	Basic Child Assessment: Concept of	Ms. Wong Sau Fong	2
	Growth & Development and its	APN/Paed/PYNEH	
	Application		
6	Common Genetic Diseases in Children	Dr. Luk Ho Ming	1
	& Genetic Counseling	CON/CGS/HKCH	
7	Paediatric Renal Problem	Dr. Eugene Chan	1
		AC/Paed/HKCH	
8	Paediatric Infectious Diseases and HIV	Dr. Polly Ho	1.5
	in Children; Immunization Programs	AC/Paed/QEH	
9	Nursing Management of Paediatric	Ms. Chan Mei Yan	2
	Cardiovascular Problems	NC (PIC)/QEH & KCC	
10	Ethical and Legal Issue in Paediatrics	Ms. Lee Wan Ming	1.5
		SNO/QMH	
11	Paediatric Respiratory Problems	Dr. Hou Cheuk Ting Andy	1.5
		ACON/P&AM/KWH	
12	Nursing Management of Paediatric	Ms. Selena Ng	1
	Respiratory Problems	APN/P&AM/KWH	
13	Nursing Management of Paediatric	Ms. Leung Wing Sheung	1.5
	Neurological and Neuro-muscular	APN/PAED/QMH/HKWC	
	Problems		
14	Tracheostomy care	Ms. Tang HT	1
		APN/P&AM/UCH	
15	Pain Management and Sedation Safety	Ms. Ho Kwan Ling Kenex	2
		ANC/P&AM/TMH	
16	Common Gastrointestinal Problems	Dr. Rosanna Wong	1
		COS/Paed/HKCH	
17	Nutritional Assessment and Nursing	Ms. Tomcy Leung	1
	25.55.55.55.55.55.55.55.55.55.55.55.55.5	1	

	Management	APN/Paed/QMH	
18	Child Protection	Dr. Jackie Chiu	1
		AC/Paed/QEH	
19	Paediatric Monitoring and Paediatric	Ms. Leung Wing Sheung	1
	Early Warning Signs	APN/PAED/QMH/HKWC	
20	Haematological Problems: Anaemia	Dr. Frankie Cheng	1
	and Bleeding Disorders	CON/Paed/HKCH	
21	Palliative Care in Paediatrics	Dr. Man Sze Shun	1
		AC/Paed (Palliative)/HKCH	
22	Orthopaedic Problems in Paediatrics	Mr. Kwong Wai Fung Henry	1
		NC/O&T/QMH	

# Module II – Specialty-specific Module

	openinty specific.			
Day	Date	Time	Activity	Venue / online
Day 1	02/12/2025	09:00 – 17:30	Study Day	
Day 2	09/12/2025	09:00 – 17:30	Study Day	
Day 3	16/12/2025	09:00 – 17:30	Study Day	
Day 4	23/12/2025	09:00 – 17:30	Study Day	=
Day 5	30/12/2025	09:00 – 17:30	Study Day	Lecture Theater, 3/F, Block A, YCH
Day 6	06/01/2026	09:00 – 17:30	Study Day	
Day 7	13/01/2026 09:00 – 17:30		Study Day	
Day 8	20/01/2026	09:00 – 17:30	Study Day	
Day 9	27/01/2026	09:00 – 17:30	Study Day	
		09:00 – 13:15	Written Examination +	
Day 10	24/02/2026	09.00 – 13.13	Study Day	Hospital Hall, 8/F, Block G, PMH
		14:15 – 17:30	Workshop	
Day 11	23/06/2026	09:00 – 17:30	Group Project Presentation	Lecture Theater, 3/F, Block A, YCH

# B. Clinical Practicum: 6 Weeks

Group A (I): (2 Weeks) 02/03/2026 – 15/03/2026

Group A (II):(4 Weeks) 16/03/2026 – 12/04/2026 (PHs on 03, 06 & 07/04/2026)

Group B (I): (2 Weeks) 13/04/2026 – 26/04/2026

Group B (II):(4 Weeks) 27/04/2026 – 24/05/2026 (PH on 01/05/2026)

# **TRAINING CONTENT**

#### A. Module I

- 1. General health issues in paediatric nursing
  - 1.1 Concept of paediatric nursing
  - 1.2 Growth & Development (including immunization)
  - 1.3 Nursing process, physical assessment
  - 1.4 Diagnostic tests, imaging and laboratory values
  - 1.5 Legal and ethical aspects of paediatric care
  - 1.6 Grief support

#### 2. Overview of paediatric health problems

- 2.1 Respiratory problems
- 2.2 Cardiac problems
- 2.3 Neurologic problems
- 2.4 Renal problems
- 2.5 Haematological problems
- 2.6 Gastrointestinal problems
- 2.7 Muscular and skeletal problems
- 2.8 Immunological problems
- 2.9 Common genetic problems

#### B. Module II

- 1. Management of Respiratory System
  - 1.1 Investigations and Management of Respiratory Problems: e.g. lung function test, bronchoscopy
  - 1.2 Nursing Management of Asthma
  - 1.3 Management of Patients using NIPPV

# 2. Management of Cardiovascular System

- 2.1 Paediatric Cardiovascular problems
- 2.2 Nursing Management of Paediatric Cardiovascular problems

#### 3. Management of Renal System and Genitourinary Systems

3.1 Nursing Management of Paediatric Renal Problems

#### 4. Management of Gastrointestinal System

- 4.1 Update on Nursing Management of Children with Gastrointestinal Problems
- 4.2 Feeding and Swallowing in Pediatrics
- 4.3 Management of Electrolyte and Fluid Imbalance

#### 5. Management of Neurological System

- 5.1 Management of Neurosurgical Problems
- 5.2 Nursing Management of Neurosurgical Problems

#### 6. <u>Management of Musculoskeletal and Integumentary Systems</u>

- 6.1 Nursing Management of Children with Orthopaedic Problems
- 6.2 Nursing Care of Children with Burns & Scald and Wound Care
- 6.3 Management of Skin Problems in Children
- 6.4 Nursing management of Children with Skin Problems

#### 7. <u>Management of Immunological System</u>

- 7.1 Overview of Common Immunological Problems in Children
- 7.2 Diagnostic Investigations for Children with Immunological Problems
- 7.3 Management of Rheumatological Diseases Problems
- 7.4 Food Allergy

#### 8. Endocrine Issues

- 8.1 Overview of Common Endocrine Problems in Children
- 8.2 Current Practice in Nursing Management of Children with Diabetes Mellitus

# 9. Management of Ear, Nose, Throat and Eye Problems

- 9.1 Common ENT Problems in Children
- 9.2 Nursing Management of Children with Common ENT Problems
- 9.3 Common Eye Problems in Children

#### 10. Management of Oncology and Hematology Issues

- 10.1 Overview of Pediatric Oncology & Haematology Malignancy
- 10.2 Nursing Management of the Paediatric Cancer Patient
- 10.3 Overview of Common Haematological Problems in Children
- 10.4 Nursing Management of Children with Anaemia and Bleeding Disorders

#### 11. Other Special issues in Child and Adolescent Health

#### 11.1 <u>Developmental Issues</u>

- 11.1.1 Clinical Growth Problem in Children
- 11.1.2 Adolescent Health Problems
- 11.1.3 Development Training & Rehabilitation
- 11.1.4 Positive Parenting
- 11.1.5 Common Developmental Problems: Developmental and Language Delay; Dyslexia, ADHD and ASD

#### 11.2 Mental health and Behavioral Issues

- 11.2.1 Common Behavioral Problems in Children and Adolescents
- 11.2.2 Nursing Management of Children with ADHD and Autism
- 11.2.3 Communication with Adolescent and Nursing Management of Adolescent Health Problems
- 11.2.4 Common Mental Health Problem Psychosis and EASY

#### 11.3 Surgical Issues

- 11.3.1 Nursing Management of Children with Common Surgical Problems
- 11.3.2 Overview of Common Surgical Problems in Children

# 11.4 Miscellaneous

- 11.4.1 Toxicology
- 11.4.2 Transitional Care
- 11.4.3 Paediatric Emergency
- 11.4.4 Simulation on Paediatric Emergency / Safety
- 11.4.5 Metabolic Disease

# **TEACHING & LEARNING STRATEGIES**

- 1. Lectures and demonstrations
- 2. Group discussion
- 3. Tutorials
- 4. Group projects (including oral presentation)
- 5. Case studies
- 6. Clinical teaching & supervised clinical practice
- 7. Workshop
- 8. Self-directed learning

#### **ASSESSMENT**

Components	Date / submission deadline	Weighting
A. Written Assessment		
1. Written Examination		
Examination	24/02/2026	60%
2. Group Project		20%
(I) Written Report	16/06/2026	(12%)
(II) Oral Presentation	23/06/2026	(8%)
2 Patient Care Study	Group A: 19/04/2026	200/
3. Patient Care Study	Group B: 31/05/2026	20%
B. Continuing Clinical Assessment	On the last day of Clinical Practicum	100%

The participants are required to attain 50% or above in each component of the written assessment and the continuing clinical assessment.

# **AWARD OF CERTIFICATE**

An electronic Certificate of Achievement will be awarded to those participants who have completed all parts of the program and passed all assessments.

# **CNE POINTS**

This program is equivalent to 221.5 CNE points.

Theoretical Input: 77 hours (77 CNE points)
Online Training Module: 27.5 hours (27.5 CNE points)
Clinical Practicum: 234 hours (117 CNE points)

# **PROGRAM DIRECTOR**

Mr. YU Man Kit Manager(N), IANS, HAHO
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# **CO-PROGRAM DIRECTOR**

Ms. WONG Kwan Nai NC (PIC), PMH

Tel. 2990 1529 Email: wkn780@ha.org.hk

Ms. Laura LIU SNO (CND), CMC

Tel. 3408 7934 Email: <a href="mailto:laura.liu@ha.org.hk">laura.liu@ha.org.hk</a>

# **ENQUIRY**

Ms. Phoebe CHAU EAI/II(CND), CMC

Tel: 3408 6507 Email: <u>ctw695@ha.org.hk</u>

# Post-registration Certificate Course in Child and Adolescent Nursing 2025/26 Timetable for Module II (02/12/25 – 23/06/26)

Date/Time	09:00-10:00	10:	00-11:00	11:00- 11:15	11:15-12	2:15	12:15-13:15	13:15- 14:15	14:15-15:15	15:15- 15:30	15:30-16:30	16:30-17:30
Module II Day 1	09:00-10:00		10:10-12:10  Development Training &			12:15-13:15 Adolescent Health		14:15-15:15 Group Project		15:30-17:30  Communication with Adolescent and		
<b>02/12/25</b> (Tuesday)	Course Orientation  Program Director		Development Training & Rehabilitation  (2hr)				Problem (1hr)		Discussion / Integrated Case discussion		Nursing Manager	nent of Adolescent Problems
Lecture Theater,		10:00 - 10:10	0:00 -		12:10- 12:15			13:15- 14:15		15:15- 15:30		<b>hr)</b> D Ka Hei
3/F, Block A, YCH		<b>10:10</b> Break	_	WM (DDU), CMC		Break	AC (P&AM), UCH	Lunch	(=,	Break	NC (Child & Adol	escent Psychiatry), & KCH

Date/Time	09:00-10:00	10.00 11.00	11:00- 11:15	11:15-12	::15	12:15-13:15	13:15- 14:15		14:15-15:15   15:15- 15:30   15		15	:30-16	:30 16:30-17:30					
Module II	9:00-10:00	<u>10:00</u> -	-12:00			<u> 12:15 – 13:45</u>			<u>14:45-16:15</u>				<u>16:30-17:30</u>					
<b>Day 2 09/12/25</b> (Tuesday)	An overview on Paediatric Rheumatology (1hr)		Cardiac Issues in Children (2hr)			Management of Children with Gastrointestinal			Gastrointestinal		Management of Children with			Common Mer Proble Psychosis, EASY, Behav	m – and Su			Neuromuscular Disease and Management on Encephalitis in Paediatrics (1 hr)
Lecture Theater, 3/F, Block A, YCH	Dr. HO Chi Hang, Assunta AC (Paed), PWH	Dr. CHAN CON (PAE			12:00- 12:15	(1.5hr)	14	3:45- 4:45	(1.5h	ır)		16:15- 16:30						
	AC (Facu), FWII				Break	Ms. SIU Yan Ming APN (PAED), PWH	;	unch	Dr. Regina Resident (F			Break						
Module II	<u>09:00-10:00</u>	<u>10:00-11:00</u>			<u>11:15</u>	<u>-13:15</u>				Ope	n-up S	Semina	ar A					
Day 3		An Overview of		Nu	rsing M	anagement			14:15-15:4				16:00-17:30					
<b>16/12/2025</b> (Tuesday)	Positive Parenting	Dietary Management in Different		(	of Child	ren with nd Autism		Ov	rerview of commo Disease in Paec		bolic		Nursing Management on Common Metabolic Disease					
Lecture Theater,	(1hr)	Condition	11:00- 11:15		(2	hr)	13:15 14:15		(1.5hr)			<u>15:45-</u> <u>16:00</u>	in Paediatrics (1.5hr)					
3/F, Block A, YCH	Ms. Florence KAN NC (Psy/Child & Adolescent Psychiatry), QMH	(1hr)  Dr. Bowie LEUNG Specialist in Paediatrics, PWH	Break			e Wan, Carol y), AHNH NC (PSY)	Lunch		Dr. FUNG Cheu CON (Paed), I			Break	Ms. LAM Wai, Shirley APN (Paed), HKCH					

Date/Time	09:00-10:00 1	n·m 11·m	11:00- 11:15	11:15-12	2:15	12:15-13:15	13:15- 14:15	14:15-15:15	15:15- 15:30	15:30-16:	30	16:30-17:30
Module II	<u>09:00- 10:30</u>	<u>10:</u>	30 – 12	:00		12:15-13:15			Оре	n-up Semina	ar B	
Day 4	Overview of Common	Diagnost	ic Inves hildren	tigations		Toxicology		14:15-15:15		15:30-16:	<u> </u>	<u>16:30-17:30</u>
<b>23/12/25</b> (Tuesday)	Immunological Problems i Children e.g. Kawasaki Disease	Im for Ci				(1hr)		Investigation and Management of Respiratory		Nursing Manageme Asthma	nt of	Management of Patients Using NIPPV
Lecture Theater, 3/F, Block A, YCH	(1.5hr)		(1.5hr)		<u>12:00-</u>	(=,	12.15	Problems: e.g. Lung Function Test	45.45	(1hr)		(1hr)
	Dr. LING Wan Hei, Janet AC (P&AM), PMH		IOW Wi (Paed),		12:15 Break	Dr. LIU Shan AC (CT), UCH	13:15- 14:15 Lunch	Ms. CHAN Kwan Ting APN (P&AM), KWH	15:15- 15:30 Break	Ms. CHAN K		Ms. TAM Wan Sze Carmen ANC (P&AM), KCC & KWH
								Bronchoscopy  Ms. Stella KWAN APN (P&AM), KWH				
								(1hr)				

Date/Time	09:00-10:00	10:00-11:00	11:00- 11:15	11:15-12:15	12:15-13:15	13:15- 14:15	14:15-15:15	15:15- 15:30	15:30-16	5:30 16:30-17:30
Module II	<u>09:00-10:00</u>	<u>10:00-11:00</u>		<u>11:15</u>	<u>-13:15</u>		<u>14:15-15:45</u>			<u>16:00-17:30</u>
Day 5  30/12/2025 (Tuesday)  Lecture Theater, 3/F, Block A, YCH	Management of the Paediatric Cancer Patients  (1hr)  Ms. KONG Wing Sze ANC (Paed), KCC & HKCH	Nursing Management of Children with Anaemias and Bleeding Disorders  (1hr)  Ms. KONG Wing Szo ANC (Paed), KCC & HKCH	11:00- 11:15 Break	Overview of Common Surgical Problems in Children  (2hr)  Dr. Paula TANG AC (Surg), HKCH		13:15- 14:15 Lunch	Nursing Managemer with Common Surgi  (1.5hr)  Ms. TO Kit APN (OT/Surg)	nt of Child cal Proble		Nursing Management of Paediatric Renal Problems (1.5hr)
Module II	09:00-10:30	10:30- 11:00		11:15-12:45	<u>11:15-12:45</u>			<u>Oper</u>	n-up Semir	nar C
Day 6	Nursing Manageme			Nursing Care of Cl			14:15-15:	45		16:00-17:30
06/01/26 (Tuesday) Lecture Theater, 3/F, Block A, YCH	Children with Ortho Problems (1.5hr) Ms. SZE Nga Lun, H APN (Nursing), DK	pedic Group Project Discussion / Integrated Case elen Discussion	11:15	with Burns & Sca Wound Care (1.5hr)	d and e Group Project Discussion (0.5hr)	13:15- 14:15 Lunch	Overview of Commo Problems in C (1.5hr) Dr. TUNG Yue CON (Paed),	on Endoc hildren	15:45 16:00 Break	Paediatric Emergency e.g. Shock, SVT (1.5hr)

Date/Time	09:00-10:00	10:00-11:00	11:00- 11:15	11:15-12:15	12:1	15-13:15	13:15- 14:15	14:15-15:15	15:15- 15:30	15:30-16:30	16:30-17:30	
Module II Day 7  13/01/26 (Tuesday)  Lecture Theater, 3/F, Block A, YCH	Management of Neurosurgical Problem  (2hr)  ater,  Dr. WONG Sui To		11:00 - 11:15 Break	Nursing Com Management of Neurosurgical Problems  (1hr)  Ms. MAN Kwun		12:15-13:15  Common ENT Problems in Children  (1hr)  Dr. NG Yuk Kwan, Eric AC (ENT), UCH		Common ENT Problems in Children  (1hr)  13:15- 14:15  T. NG Yuk Kwan, Eric  (including)  (including)  Presentation of G		14:15-17:30 ing 15-minute break) of Group Project Fran All VLs	15-minute break) Group Project Framework	
Module II Day 8  20/01/26 (Tuesday)  Lecture Theater, 3/F, Block A, YCH	9:00-10:00  Nursing Management of Children with Common ENT Problems  (1hr)  Ms. FUNG Wai Mei NC (Ear, Nose, Throat), KEC	10:00-11:00  Clinical Problems in Growth  (1hr)  Dr. Catherine WONG AC (PAED), QEH	11:00- 11:15 Break	Feeding and Swallowing in Paediatric (1.5hr)  Ms. Katrine CH APOT (OCC), C	is Sis	12:45- 13:15 Group Project Discussion (0.5hr)	13:15- 14:15 Lunch	14:15-15:15  Group Project Discussion / Integrated Case Discussion (1hr)	15:15- 15:30 Break	(1hr)	16:30-17:30  Nursing Management of Children with Skin Problems  (1hr)  Ms. CHAN Yuk Hing APN (P&AM), UCH	

Date/Time	09:00-10:00	10:00-11:00	11:00- 11:15	11:15-12	:15	12:15-13:1	5 I	l3:15- 14:15	14:15-15:15	15:15- 15:30	15:30-16:30	16:30-17:30
Module II Day 9  27/01/26 (Tuesday)  Lecture Theater, 3/F, Block A, YCH	09:00-1  Current Practic Management of Child Mellit  (2hi  Ms. POON Ye APN (PAED	e in Nursing dren with Diabetes tus ') e Man, Iris	11:00- 11:15 Break	(1.5hr)		elopment opmental and y; Dyslexia, d ASD r) Man, Lilian	12:45- 13:45 Lunch	Once	13:45-15:15  Overview of Paediatric Oncology & Haematology Malignancy  (1.5hr)  Dr. LEUNG Wing Kwan, Alex  AC (PAED), HKCH		15:30-16:30  Common Eye Problems in Children  (1hr)  Dr. Connie LAI CON (OPH), QMH	16:30-17:30  Food Allergy (1hr)  Dr. Agnes LEUNG Assistant Prof (PAED) CUHK
Module II Day 10  24/02/26 (Tuesday)  Hospital Hall, 8/F, Block G, PMH	W	09:00-12:00 ritten Examination			12:00 - 12:15 Break	12:15 Presentation and CCA		13:15- 14:15 Lunch	Integrated Ca	(includ	14:15-17:30 ing 15-minute break ission Workshop and All VLs	,
Module II Day 11  23/06/26 (Tuesday)  Lecture Theater, 3/F, Block A, YCH		(including Group Proj		ute break)				13:15- 14:15 Lunch		(includ	14:15-17:30 ing 15-minute break Project Presentation All VLs	,