

Psychosocial Approach in Pain Management

Organized by Institute of Advanced Allied Health Studies

Date:	28 Nov 2025 (Friday)
Time:	09:00 to 17:15
Venue:	G09, Block M, Kowloon Hospital

Aim: To advance OT practice in chronic pain management

Objective/ Intended Learning Outcome:

To consolidate the conceptual framework for assessing and intervening chronic pain in OT

To learn common OT assessment and intervention with practical experiences in chronic pain management

To learn clinical experience from specific multidisciplinary program

Program Design: Lecture & Workshop

Target Participant: HA Resident OT Professional with more than 3 years of experience

Class Capacity: 40

Language Medium: English supplemented with Cantonese

CPD Points: TBC

Award: Certificate of Attendance

Program Requirement: Participants should complete at least 80 % attendance of overall program
(**Remarks:** Late joiner after 30 minutes would not be allowed to join the training.)

Program Rundown

Time	Topic	Speaker / Facilitator
0845 - 0900	Registration	
0900 - 0910	Opening/ Photo taking / Souvenir to speakers	Terri Ng (DMOT MMRC)/ Ernest Fung (SOT AHNH)
0910 - 10:00	Updates of chronic pain management: from basic to advance	Dr. Aaron YING Chee Lun
10:00 - 10:20	Conceptual framework in chronic pain Management: Circle of Pain	Terri Ng (DMOT MMRC)/ Ernest Fung (SOT AHNH)
10:20 - 11:20	Occupational Therapy Assessment Tools: Psychosocial and Life role functioning (L-fai)	Mr. Leung Kwok Fai
11:20 - 11:30	Break	
11:30 - 11:45	Psychosocial Occupational Therapy Assessment in Pain Management	Ms. Penelope Tse (TMH APOT)
11:45 - 12:45	Multidisciplinary chronic pain program: (OLSR/COPE/STEPS/MCPS) (Each 15 mins)	Mr. Steven SIU, QEH APOT Ms. Tsz Ching LUI Joanna, AHNH APOT Mr. WONG Hei Yi, UCH APOT Ms. LEUNG Chui Lin Florence, PMH APOT
12:45 - 13:45	Lunch	
13:45 - 15:00	Activity training of Health Qigong for Pain Cases	Ms. Christina Yau Ms. Terri Ng
15:00 - 15:30	Sexual Rehab in Chronic Pain	Mr. Danny POON
15:30 - 15:40	Break	
15:40 - 17:00	Aromatherapy in Chronic Pain Management	Ms. Iris Chan (APOT PYNEH)
17:00 - 17:15	Q & A	ALL

Enrolment:

- Please send the nomination form via Department Manager or Dept. i/c to IAAHS by email (iaahs@ha.org.hk), quoting “*Program Announcement – Psychosocial Approach in Pain Management (Ref 037, 036)*” on or before **7 Nov 2025 (Friday)**.
- Enrollment result would **NOT** be notified individually. It should be checked before program commencement via HA IAAHS intranet https://hateams.home/knowledge/group/IAAHS/Program_AH/ or through e-Learning Centre http://elc.home/myelc/login_pop.aspx on or after **14 Nov 2025 (Friday)**.

Important Notes:

- Participants are required to **strictly adhere** to **CICO's guideline on Infection Control Precautions for Training Activities** (see [link](#)) when attending the program (for both individual or group registration).

For enquiry, please contact Mr. Jeremy WAN, TO(AH) at 2300 7085 (program) or Ms. Kary Hui at 2300 7525 (registration).