

Central Commissioned Training Programme 2025/26 - Clinical Application of Latest Evidence-based Approach in Managing Clients with Emotional Distress in MSS

Organized by Institute of Advanced Allied Health Studies / COC-Grade (MSS)

Class	Date	Time	Mode of Delivery
A	14 Nov 2025 (Fri)	09:00-17:30	Zoom Lecture
B	14 Nov 2025 (Fri) 21 Nov 2025 (Fri)	09:00-17:30	Day 1 - Zoom Lecture Day 2 – Face to Face Workshop Venue: Rm G09, Block M, Kowloon Hospital (for face-to-face training on 21 Nov 2025)

Objective/ Intended Learning Outcome:

1. To enable MSWs to understand the evidence-based theoretical framework of hypnotherapy in managing emotional distress
2. To understand the core skills, such as suggestions and induction, etc. to facilitate clients' use of their unconscious mind and internal resources
3. To enhance MSWs competency in handling clients with emotional distress

Program Design: Lecture & Workshop

Target Participant: HA Medical Social Worker & Social Worker of PRC at all ranks; SWD Medical Social Worker working in HA

Class Capacity: **Lecture:**
70 (63 for HA MSSUs & 7 for PRC social worker) for Lecture
7 (Social worker from SWD working in HA) for Lecture

Workshop:
40 (HA MSSUs & PRC social worker) for Workshop
4 (Social worker from SWD working in HA) for Workshop

Language Medium: English supplemented with Cantonese

CPD Points: Pending

Award: Certificate of Attendance

Program Requirement: Participants should complete at least 80 % attendance of overall program
(**Remarks:** Attendance will be captured according to your **login and logout time** in Zoom®. Late joiner after 30 minutes would not be allowed to join the training.)

Speaker(s):**Dr. Kelvin TANG (鄧國永博士)**

- Doctor of Philosophy in Clinical Hypnotherapy
- Master of Business Administration
- Master of Arts in Social Work
- Bachelor of Social work
- Approved Hypnotherapy Instructor, International Medical and Dental Hypnotherapy Association (US)
- Approved Counselling supervisor, Hong Kong Professional Counselling Association

Dr. Kelvin Tang is presently the Director of the Pulse Act Consulting Limited and has over 30 years of experience in training & development, human resource management and psychological counselling services. He is also appointed as Adjunct Assistant Professor by the University of Hong Kong, mainly providing clinical supervision for social work / counselling master degree students, teaching Hypnotherapy and relevant subjects in the Master of Social Sciences (Counselling) programme. Moreover, he has always been invited to be a Guest Lecturer and Instructor by various universities in Hong Kong. Being an experienced counsellor and hypnotherapist, Dr. TANG is expert in handling stress and emotional problems, psychological traumas, couple relationship and intimacy.

Program Rundown**Class A / Class B - Day 1: 14 Nov 2025 (Fri), Zoom Lecture**

<u>Time</u>	<u>Topic</u>	<u>Speaker / Facilitator</u>
09:00 – 12:45	1. Background of Hypnotherapy: An evidence-based intervention approach 2. Basic Theories of Hypnotherapy (with a break of 15 mins)	Dr. Kelvin TANG
12:45 – 13:45	Lunch	
13:45 – 17:30	1. Basic skills of Hypnotherapy (Induction and Suggestion) 2. Therapeutic Breathing (with a break of 15 mins)	Dr. Kelvin TANG

Class B - Day 2: 21 Nov 2025 (Fri), Face to Face Workshop

<u>Time</u>	<u>Topic</u>	<u>Speaker / Facilitator</u>
09:00 – 12:45	Skills practice (Induction and Suggestion) (with a break of 15 mins)	Dr. Kelvin TANG
12:45 – 13:45	Lunch	
13:45 – 17:30	Skills practice (Breathing techniques for improving psychosomatic symptoms) (with a break of 15 mins)	Dr. Kelvin TANG

Enrolment:

1. Enrolment can be done either Class A or Class B with indication of priority
 2. For enrolment from HA MSSU: 2 quotas will be reserved for each MSSU while remaining quotas will be allocated to nominees who can join Class B in priority.
 3. For enrolment from HA PRC: 1 quota for each cluster
- Please send the nomination form via Department Manager or Dept. i/c to IAAHS by email (iaahs@ha.org.hk), quoting “*Program Announcement – Central Commissioned Training Programme 2025/26 - Clinical Application of Latest Evidence-based Approach in Managing Clients with Emotional Distress in MSS (Ref 031, 039)*” on or before **17 Oct 2025 (Fri)**
 - Enrollment result would **NOT** be notified individually. It should be checked before program commencement via HA IAAHS intranet https://hateams.home/knowledge/group/IAAHS/Program_AH/ or through e-Learning Centre http://elc.home/myelc/login_pop.aspx on or after **31 Oct 2025 (Fri)**.

Important Notes:

- Participants are required to **strictly adhere** to **CICO’s guideline on Infection Control Precautions for Training Activities** (see [link](#)) when attending the program (for both individual or group registration).
- Participants are **required to prepare ALL of the following equipment**: (1) individual desktop/ laptop/ tablet/ mobile with stable internet access, (2) headphone/speaker (to hear), (3) microphone (to speak) and (4) webcam (to see your face)*. [**If participant fails to turn on the webcam (with FULL Face) during the lecture, he/she would be **removed from class**, and **no attendance will be counted***]
- According to HA’s best practice, **only authenticated users** could join the Zoom® training. Participant should register a Zoom® account with his/her **HA internet email** and provide the email account in the nomination form. Sign up of a Zoom® account can be done at: <https://ha-org-hk.zoom.us/signup>
- The Zoom® training link, ID and password would be sent to successful nominees at least 5 days before program commencement. Participants should NOT disclose the zoom details to any non-participants of the program.

For enquiry, please contact Mr. Jackie LAW, TO(AH) at 2300 6334 (program) or Ms. Ella YEUNG at 2300 7714 (registration).