

Central Commissioned Training Program 2025/26
Updates on Diabetic Foot Infection and Ulcer Management
with Total Contact Casting Workshop

Organized by Institute of Advanced Allied Health Studies / COC (Grade) - POD

| | | |
|---------------|--|---|
| Date: | 29 th January 2026 (Thu) Lecture | 30 th January 2026 (Fri) Identical workshop |
| Time: | 0900-1700 | 0900-1230* Or PM 1400-1730* |
| Venue: | G08, Ground Floor, Block M, Kowloon Hospital, 147A Argyle Street, Kowloon | |

(*participants are required to enroll into either one session only)

Aim:

- Update professional knowledge and management in diabetic foot infection and ulcers for podiatry
- Apply evidence based approach in podiatric assessment and management of diabetic foot infection and ulcers

Objective/ Intended Learning Outcome:

- Enhance evidence based knowledge in various diabetic foot infection
- Equip with updated skills in assessment and management of diabetes related ulcers on lower limbs
- Update with advanced methods in making casting for diabetic foot ulcer management

Program Design: Workshop

Target Participant: Podiatrists at All Ranks

Class Capacity: **2 (first come, first served)**

Language Medium: English

Program Requirement: Certificate of Attendance would be awarded to participant who have attended no less than 80 % of overall program

Program Fee: **HKD\$3,160 / person**

Deadline for Application: **5 December 2025 (Friday)**

- **Enrollment:** Interested participant please fill in and send the attached enrollment form to Institute of Advanced Allied Health Studies (IAAHS) by replying this email, quoting ***"Nomination - CCTP 2025/26 Updates on Diabetic Foot Infection and Ulcer Management with Total Contact Casting Workshop [Non-HA] (Ref 028, 039)"*** on or before **12 December 2025 (Friday)**. Late application will not be entertained.
- **Enrollment Result and Payment Method:** Successful nominees would be notified via email by **19 December 2025 (Friday)**. Kindly note the application will be processed only upon receipt of the application fee.

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Speakers:

Maureen Bates

Maureen Bates is the Podiatry Manager of the internationally renowned Mike Edmonds Foot Unit (MEFU) at King's College Hospital, London, a position she has held since 2004. With over three decades of clinical experience in podiatry, she holds an MSc in Diabetes in University of Surrey Roehampton and is a member of the Diabetic Foot Study Group (DFSG) of the European Association of the Study of Diabetes (EASD).

Maureen has played a pivotal role in numerous landmark diabetic foot trials (including Charcot PTH, Explorer, DFUPS, ProNOx1 and TWO2 studies) and pioneered the introduction of 3D electronic wound imaging at King's, for which the team won the Journal of Wound Care Wound Assessment Award in 2013. She is a faculty member of the "Train the Foot Trainers – Europe" programme and runs a highly regarded national and international total-contact casting course. A recognised leader in off-loading and multidisciplinary diabetic foot care, Maureen continues to drive innovation and education in the prevention of diabetes-related amputation.

Erika Vainieri

Dr Erika Vainieri is a Consultant Physician in Diabetes and General Internal Medicine at King's College Hospital, London. She completed her medical training and specialist training in University of Rome Tor Vergata before moving to the UK, where she obtained her CCT in Diabetes, Endocrinology and General Internal Medicine in 2023.

A leading expert in diabetic foot medicine, Dr Vainieri has worked at King's Diabetic Foot Clinic since 2015 and has published extensively on diabetic foot attacks, limb salvage, Charcot foot, and wound healing biomarkers. She is a sub-investigator in several ongoing international diabetic foot trials and a regular presenter at the International Symposium on the Diabetic Foot, Diabetic Foot Study Group (DFSG), and Diabetes UK conferences. Her research interests focus on acute diabetic foot complications, multidisciplinary pathways, and long-term outcomes of limb salvage.

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Program Rundown

29 January 2025 (Thursday) - Day 1 Lecture

Venue: G08, Ground Floor, Block M, Kowloon Hospital, 147A Argyle Street, Kowloon

| Time | Topic | Speaker / Facilitator |
|-------------|---|------------------------------|
| 0845-0900 | Registration | |
| 0900-0945 | Diabetic foot assessment and risk | Ms. Maureen Bates |
| 0945-1030 | Diabetic foot ulceration with case sharing | Ms. Maureen Bates |
| 1030-1045 | <i>Break</i> | |
| 1045-1130 | Updates on Diabetic foot infection / wound care management | Ms. Maureen Bates |
| 1130-1215 | Advance wound care technique | Ms. Maureen Bates |
| 1215-1230 | Q&A | Ms. Maureen Bates |
| 1230-1330 | <i>Lunch</i> | |
| 1330-1400 | Diabetic foot offloading modalities and Application of clinic biomechanic to manage Diabetic foot | Ms. Maureen Bates |
| 1400-1430 | Role of Podiatry in MDT | Ms. Maureen Bates |
| 1430-1445 | Q&A | Ms. Maureen Bates |
| 1445-1500 | <i>Break</i> | |
| 1500-1600 | Interdisciplinary Approach to Diabetic Foot Care (via Zoom or video) | Dr. Erika Vainieri |
| 1600-1645 | The diabetic limb salvage (via Zoom or video) | Dr. Erika Vainieri |
| 1645-1700 | Q&A (via Zoom) | Dr. Erika Vainieri |

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30 January 2026 (Friday) - Day 2 Workshop

Venue: G08, Ground Floor, Block M, Kowloon Hospital, 147A Argyle Street, Kowloon

| Time | Topic | Speaker / Facilitator |
|--------------|-----------------|-----------------------|
| AM Workshop* | | |
| 0845-0900 | Registration | |
| 0900-1030 | Soft casting | Ms. Maureen Bates |
| 1030-1045 | Break | |
| 1045-1230 | Dynamic casting | Ms. Maureen Bates |
| 1230-1400 | Lunch | |
| PM Workshop* | | |
| 1400-1530 | Soft casting | Ms. Maureen Bates |
| 1530-1545 | Break | |
| 1545-1730 | Dynamic casting | Ms. Maureen Bates |

* Identical workshops

Important Notes:

- Participants are required to **strictly adhere** to the **Infection Control Measures for Training Activities** (see [link](#)) when attending the program.

For enquiry, please contact Ms. Karen LEE, TO(AH) at 2300 7723 (program) or Ms. Ella Yeung at 2300 7714 (registration).