



## INSTITUTE OF ADVANCED NURSING STUDIES

### **Enhancement Training on Nursing Essentials for Allergies: Understanding and Managing Drug Allergies, Food Allergies, and Skin Testing 2025/26**

**(20/03/2026 – 17/04/2026)**

#### **Organised by Institute of Advanced Nursing Studies**

*The Nursing Council of Hong Kong has approved the Hospital Authority as a provider of Continuing Nursing Education (CNE) since 1 December 2005*

### **COURSE INFORMATION**

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#### **COURSE AIM(S)**

1. To equip nurses with the skills to accurately identify and differentiate between common signs and symptoms of drug and food allergies, facilitating timely recognition and intervention.
2. To train nurses to conduct comprehensive patient assessments through effective medical history taking and targeted allergy-specific questioning, as well as to proficiently perform and interpret various skin testing procedures.
3. To provide nurses with essential knowledge about allergens and management principles, including emergency response protocols, empowering them to deliver thorough patient education and manage allergic reactions with confidence.

#### **COURSE INTENDED LEARNING OUTCOMES**

Upon completion of the course, the participants should be able to:

1. accurately identify and differentiate between various types of drug and food allergies
2. demonstrate a comprehensive understanding of the immune response involved in drug and food allergies, enabling them to effectively explain allergic reactions to patients and colleagues.
3. possess the skills necessary to conduct thorough patient assessments, including taking detailed medical histories and asking allergy-specific questions to identify potential drug and food allergies and determine the need for skin testing.
4. develop proficiency in performing and interpreting skin testing procedures, such as patch testing, prick testing and intradermal testing, allowing them to assess allergic sensitivities accurately and contribute to appropriate treatment planning.
5. acquire knowledge of common allergens found in medications and food products, including cross-

reactivity and hidden allergens, enabling them to provide comprehensive allergy education and guidance to patients and their families.

### **TARGET PARTICIPANTS**

- Nurses in EN, RN or above ranks
- Priority will be given to those who are currently working in Rheumatology & Clinical Immunology units or medical units with allergy and immunology patients in HA hospitals/ institutions

### **ENTRY REQUIREMENTS**

Nurses enrolled / registered with the Nursing Council of Hong Kong

### **CLASS SIZE**

33

### **LANGUAGE MEDIUM**

Both English and Cantonese will be used in class. All written and assessments will be in English.

### **COURSE DURATION**

20/03/2026 – 17/04/2026

### **COURSE DESIGN**

The course composes of 2-day theoretical input, workshop and 1 hour of E-quiz.

Date	Time	Event	Venue
Day 1 20/03/2026 (Fri)	09:00 – 13:15	Lectures	Seminar Room 1 & 2, G/F, CHP
	14:15 – 17:15	Workshop	Seminar Room 1 & 2, G/F, CHP
Day 2 10/04/2026 (Fri)	09:00 – 13:15	Lectures	Lecture Theatre, G/F, CHP
	14:15 – 17:15	Workshop	Seminar Room 1 & 2, G/F, CHP
Day 3 17/04/2026 (Fri)	09:00 – 10:00	E-Quiz	Online

### **TRAINING CONTENT**

1	Introduction to Hong Kong Allergy Nursing Service
2	Exploring the Journey of Allergy and Immunology Nurse in Hong Kong
3	Introduction to Immunology and Immunopathology
4	Anaphylaxis Angioedema and Nursing Management
5	Chronic Spontaneous Urticaria and Nursing Management
6	Hands on session: case scenario on anaphylaxis and chronic spontaneous urticaria

7	Drug Allergy (Antibiotic and Chemotherapy)
8	Food Allergy
9	Drug and Food Allergy Nursing Management
10	Food Allergy Management Dietitian Perspective
11	Hands on session: Drug and Food Allergy Testing

### **ASSESSMENT**

A quiz will be conducted at the end of the course which comprises multiple choice questions. In order to pass the quiz, the participants are required to attain 50% or above in the final score.

### **AWARD OF CERTIFICATE**

An electronic Certificate of Achievement will be awarded to those participants who have passed all the required assessment & achieved at least 80% attendance for all parts of the course.

### **CNE POINTS**

This course is equivalent to 15 CNE points.

Theoretical Input:	14 hours (14 CNE points)
Online Training Module:	1 hours (1 CNE points)

### **COURSE DIRECTOR**

Mr. FONG Tsz Ming  
Tel: 2300 7503

Manager(N), HOCS M(N)  
Email: tm.fong@ha.org.hk

### **COURSE COORDINATOR**

Ms. Gladys KWOK  
  
Tel: 22551295

Nurse Consultant (Rheumatology/ Medicine),  
QMH, HKWC  
Email: kwoksk3@ha.org.hk

### **ENQUIRY**

Ms. Christie GHAW  
Tel: 2300 7709

Temp EA I(N), IANS  
Email: c.ghaw@ha.org.hk

## TIMETABLE

Date/ Time	09:00 – 10:00	10:00 – 11:00	11:00 - 11:15	11:15 – 12:15	12:15-13:15	13:15 – 14:15	14:15 - 17:15
<b>Day 1</b> <b>20/03/2026</b> <b>(Fri)</b>	Introduction to Hong Kong Allergy Nursing Service (30 mins)  Ms. Gladys Kwok NC (MED/Rheumatology), QMH	Introduction to Immunology and Immunopathology   Dr Philip Li Hon Assoc CONS(MED)/AP(Immune), QMH/ HKU <b>(Pre-record video)</b>	Break	Anaphylaxis Pathway  Dr Jane Wong AC (MED), QMH  Ms. Gladys Kwok NC (MED/Rheumatology), QMH	Chronic urticaria/ angioedema and Nurse-led clinics  Dr James Hooi, Resident (MED), FYKH  Ms. Chan Tik Suet APN (RCIU), GH	Lunch	1) Hands on session: case scenario on anaphylaxis  Ms. Manly Tang ANC (RCIU), GH Ms. Lam Sui Ki RN (RCIU), GH (2 identical stations)
	Exploring the Journey of Allergy and Immunology Nurse in Hong Kong (30 mins)  Ms. Chan Tik Suet (RCIU) APN, GH						2) Hands on session: case scenario on Chronic Spontaneous Urticaria  Ms. Chan Tik Suet APN (RCIU), GH Ms. Chan Ho Ying RN (RCIU), GH (2 identical stations)  (15 mins break included)

<p><b>Day 2</b> <b>10/04/2026</b> <b>(Fri)</b></p>	<p>Drug Allergy (Antibiotic and Chemotherapy)</p> <p>Dr Gordan Chu Resident (MED), QMH</p>	<p>Food Allergy</p> <p>Dr Grace Ho AC (MED), QEH</p> <p><b>(ZOOM)</b></p>		<p>Food Allergy Management: Dietitian Perspective</p> <p>Ms. Ann Au Research Associate (Dietitian) Faculty of Medicine CUHK</p>	<p>Drug and Food Allergy Nursing Management</p> <p>Ms. Chan Tik Suet APN (RCIU), GH</p>		<p>Hands on sessions: Drug Allergy Test</p> <p>Ms. Chan Tik Suet APN (RCIU), GH Ms. Chan Ho Ying RN (RCIU), GH (2 identical stations)</p> <p>Hands on sessions: Food Allergy Test</p> <p>Ms. Manly Tang ANC (RCIU), GH Ms. Lam Sui Ki RN (RCIU), GH (2 identical stations)</p> <p>(15 mins break included)</p>
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**Clinical Immunology Medical Team**

1. Dr Philip Li (Hon Assoc CONS – MED/Assistant Professor - Immune, HKU)
2. Dr Jane Wong (Associate Consultant - MED, QMH)
3. Dr James Hooi (Resident - MED, FYKH)
4. Dr Gordan Chu (Resident - MED, QMH)
5. Dr Grace Ho (Associate Consultant - MED, QEH)

**Nursing Team**

1. Gladys Kwok (Nurse Consultant – MED/Rheumatology, QMH)
2. Manly Tang (Associate Nurse Consultant – RCIU, GH)
3. Chan Tik Suet (Advanced Practice Nurse - RCIU, GH)
4. Lam Sui Ki (Registered Nurse - RCIU, GH)
5. Chan Ho Ying (Registered Nurse - RCIU, GH)