



INSTITUTE OF ADVANCED NURSING STUDIES

Enhancement Training on Nursing Essentials for Allergies: Understanding and Managing Drug Allergies, Food Allergies, and Skin Testing 2025/26

(Theory Only)

(20/03/2026 – 17/04/2026)

Organised by Institute of Advanced Nursing Studies

*The Nursing Council of Hong Kong has approved the Hospital Authority as a provider of
Continuing Nursing Education (CNE) since 1 December 2005*

COURSE INFORMATION

COURSE AIM(S)

1. To equip nurses with the skills to accurately identify and differentiate between common signs and symptoms of drug and food allergies, facilitating timely recognition and intervention.
2. To provide nurses with essential knowledge about allergens and management principles, including emergency response protocols, empowering them to deliver thorough patient education and manage allergic reactions with confidence.

COURSE INTENDED LEARNING OUTCOMES

Upon completion of the course, the participants should be able to:

1. accurately identify and differentiate between various types of drug and food allergies
2. demonstrate a comprehensive understanding of the immune response involved in drug and food allergies, enabling them to effectively explain allergic reactions to patients and colleagues.
3. possess the skills necessary to conduct thorough patient assessments, including taking detailed medical histories and asking allergy-specific questions to identify potential drug and food allergies and determine the need for skin testing.
4. acquire knowledge of common allergens found in medications and food products, including cross-reactivity and hidden allergens, enabling them to provide comprehensive allergy education and guidance to patients and their families.

TARGET PARTICIPANTS

- Nurses in EN, RN or above ranks
- Priority will be given to those who are currently working in Rheumatology & Clinical Immunology units or medical units with allergy and immunology patients in HA hospitals/ institutions

ENTRY REQUIREMENTS

Nurses enrolled / registered with the Nursing Council of Hong Kong

CLASS SIZE

78

LANGUAGE MEDIUM

Both English and Cantonese will be used in class. All written and assessments will be in English.

COURSE DURATION

20/03/2026 – 17/04/2026

COURSE DESIGN

The course composes of 2- half day theoretical input via ZOOM and 1 hour of E-quiz.

Date	Time	Event	Mode of learning
Day 1 20/03/2026 (Fri)	09:00 – 13:15	Lectures	ZOOM Join Zoom Meeting: https://ha-org-hk.zoom.us/j/96522209285 Meeting ID: 965 2220 9285 Password: 657637
Day 2 10/04/2026 (Fri)	09:00 – 13:15	Lectures	ZOOM Join Zoom Meeting https://ha-org-hk.zoom.us/j/95749928287 Meeting ID: 957 4992 8287 Password: 121559
Day 3 17/04/2026 (Fri)	09:00 – 10:00	E-Quiz	Online

TRAINING CONTENT

1	Introduction to Hong Kong Allergy Nursing Service
2	Exploring the Journey of Allergy and Immunology Nurse in Hong Kong
3	Introduction to Immunology and Immunopathology

4	Anaphylaxis Angioedema and Nursing Management
5	Chronic Spontaneous Urticaria and Nursing Management
6	Hands on session: case scenario on anaphylaxis and chronic spontaneous urticaria
7	Drug Allergy (Antibiotic and Chemotherapy)
8	Food Allergy
9	Drug and Food Allergy Nursing Management
10	Food Allergy Management Dietitian Perspective
11	Hands on session: Drug and Food Allergy Testing

ASSESSMENT

A quiz will be conducted at the end of the course which comprises multiple choice questions. In order to pass the quiz, the participants are required to attain 50% or above in the final score.

AWARD OF CERTIFICATE

An electronic Certificate of Achievement will be awarded to those participants who have passed all the required assessment & achieved at least 80% attendance for all parts of the course.

CNE POINTS

This course is equivalent to 9 CNE points.

Theoretical Input: 8 hours (8 CNE points)

Online Training Module: 1 hours (1 CNE points)

COURSE DIRECTOR

Mr. FONG Tsz Ming

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Manager(N), HOCS M(N)

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COURSE COORDINATOR

Ms. Gladys KWOK

Tel: 22551295

Nurse Consultant (Rheumatology/ Medicine),
QMH, HKWC

Email: kwoksk3@ha.org.hk

ENQUIRY

Ms. Christie GHAW

Tel: 2300 7709

Temp EA I(N), IANS

Email: c.ghaw@ha.org.hk

TIMETABLE

Date/ Time	09:00 – 10:00	10:00 – 11:00	11:00 -11:15	11:15 – 12:15	12:15-13:15
Day 1 20/03/2026 (Fri)	<p>Introduction to Hong Kong Allergy Nursing Service (30 mins)</p> <p>Ms. Gladys Kwok NC (MED/Rheumatology), QMH</p>	<p>Introduction to Immunology and Immunopathology</p> <p>Dr Philip Li Hon Assoc CONS(MED)/AP(Immune), QMH/ HKU (Pre-record video)</p>	Break	<p>Anaphylaxis Pathway</p> <p>Dr Jane Wong AC (MED), QMH</p> <p>Ms. Gladys Kwok NC (MED/Rheumatology), QMH</p>	<p>Chronic urticaria/ angioedema and Nurse-led clinics</p> <p>Dr James Hooi, Resident (MED), FYKH</p> <p>Ms. Chan Tik Suet APN (RCIU), GH</p>

<p>Day 2 10/04/2026 (Fri)</p>	<p>Drug Allergy (Antibiotic and Chemotherapy)</p> <p>Dr Gordan Chu Resident (MED), QMH</p>	<p>Food Allergy</p> <p>Dr Grace Ho AC (MED), QEH</p> <p>(ZOOM)</p>		<p>Food Allergy Management: Dietitian Perspective</p> <p>Ms. Ann Au Research Associate (Dietitian) Faculty of Medicine CUHK</p>	<p>Drug and Food Allergy Nursing Management</p> <p>Ms. Chan Tik Suet APN (RCIU), GH</p>
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Clinical Immunology Medical Team

1. Dr Philip Li (Hon Assoc CONS – MED/Assistant Professor - Immune, HKU)
2. Dr Jane Wong (Associate Consultant - MED, QMH)
3. Dr James Hooi (Resident - MED, FYKH)
4. Dr Gordan Chu (Resident - MED, QMH)
5. Dr Grace Ho (Associate Consultant - MED, QEH)

Nursing Team

1. Gladys Kwok (Nurse Consultant – MED/Rheumatology, QMH)
2. Manly Tang (Associate Nurse Consultant – RCIU, GH)
3. Chan Tik Suet (Advanced Practice Nurse - RCIU, GH)
4. Lam Sui Ki (Registered Nurse - RCIU, GH)
5. Chan Ho Ying (Registered Nurse - RCIU, GH)