



INSTITUTE OF ADVANCED NURSING STUDIES

Post-registration Certificate Course in Anaesthetic and Recovery Nursing [2026/27] **(18/04/2026-23/10/2026)**

Organized by Institute of Advanced Nursing Studies and Conducted by Hong Kong West Cluster

The Nursing Council of Hong Kong has approved the Hospital Authority as a provider of Continuing Nursing Education (CNE) since 1 December 2005

PROGRAM INFORMATION

PROGRAM AIM(S)

1. Develop the competence of registered nurses in perianaesthesia care nursing in order to ensure a high standard of specialized care for clients undergoing anaesthesia or sedation.
2. Provide interactive learning experience that will encourage nurses to develop the skills of analysis and critical awareness in order to stimulate an inquiry approach to both the theory and practice of perianaesthesia care nursing.
3. Enhance the nurses' awareness of relevant evidence-based findings and facilitate integration of these findings into perianaesthesia care nursing practice.

PROGRAM INTENDED LEARNING OUTCOMES

Upon completion of the program, the participants should be able to:

1. Perform physical, psychosocial, cognitive assessment and education to clients to optimize clients for their anaesthetic procedures.
2. Provide reassurance and education to clients' significant others, if required.
3. Identify clients' potential risks and complications throughout their perianaesthesia phases.
4. Integrate perianaesthesia nursing principles and standards into the practices.
5. Organize perianaesthesia nursing activities with multi-disciplinary collaboration
6. Perform perianaesthesia nursing activities with incorporation of specific nursing considerations for different types of anaesthetic procedures.
7. Initiate nursing activities according to anaesthetic crisis management protocol for clients with sudden change of conditions.
8. Evaluate the health progress against care plans and expected outcomes.
9. Support perianaesthesia practice with evidence-based knowledge.
10. Demonstrate ability to conduct clinical project for enhancing quality improvement in

perianaesthesia care.

11. Integrate the OSH policy and guidelines into practice.

TARGET PARTICIPANTS

1. Nurses in RN rank
2. Priority will be given to those who are currently working in perianesthetic/ perioperative services unit in HA hospitals / institutions.
3. Nurses who have previously enrolled in PRCC without successful completion may be given low priority
4. Participant who successfully completed the Fundamental Course in Anaesthetic and Recovery Nursing 2025-26 will be eligible to apply for direct entry to Module II.

ENTRY REQUIREMENTS

1. Registered nurses with valid practicing certificate issued by the Nursing Council of Hong Kong.
2. Nurses having not less than 24 months post-registration experience in **perianesthetic/ perioperative services**.

PRE-REQUISITES (Not applicable)

EXIT REQUIREMENTS

Successfully enrolled participants are required to complete possess **valid** certificate of the following course during the program and submitted on or before 04/09/2026.

No.	Title of e-Learning course / classroom training course
1	Advanced Cardiac Life Support (ACLS) Provider

CLASS SIZE

45

LANGUAGE MEDIUM

Both English and Cantonese will be used in class. All written assignments and assessments will be in English.

PROGRAM DURATION

18/04/2026 – 23/10/2026

PROGRAM DESIGN

This program consists of theoretical input (Module I & Module II) and clinical practicum.

A. Theoretical input

Module I – Fundamental Module**Online Training Module**

The participants are required to complete all the following e-Learning courses in the **eLC+** platform on or before **09/05/2026 23:59**.

No.	Title of e-Learning Course	Speaker	CNE point (Total: 21)
1.	Airway Management	TBC	1
2.	Anaesthetic Monitoring	TBC	1
3.	Interpretation of Investigation and Finding	TBC	2
4.	Intravenous Fluid, Electrolytes and Blood Component Therapy	TBC	2
5.	Medical Gas Safety	TBC	1
6.	Nursing Perspective on Airway Management	TBC	1
7.	Nursing Perspective on General Anaesthesia, Regional Anaesthesia and Sedation	TBC	2
8.	Nursing Perspective on Pain Intervention	TBC	1
9.	Nursing Perspective on Patients Requiring Mechanical Ventilation	TBC	1
10.	PACU Nursing	TBC	2
11.	Principle of Anaesthesia and Sedation	TBC	2
12.	Principle of Pre-anaesthetic Assessment and Concept of Pre-Admission Clinic (PAC)	TBC	1
13.	Role and Responsibilities of Anaesthetic and Recovery Nurse	TBC	1
14.	Safe Medication Practice in Operation Theatre	TBC	1
15.	Transport Critically Ill-patient	TBC	1
16.	Understanding of Anaesthetic Machine Checking and Breathing Circuit	TBC	1

Module II – Specialty-specific Module

Day	Date	Time	Activity	Venue / online
Day 1	18/04/2026	09:00-13:15	Orientation & Study Day (4)	Classroom, School of Nursing, QMH
Day 2	09/05/2026	09:00-17:15	Study Day (7)	
Day 3	23/05/2026	09:00-17:15	Workshop/simulation (7)	AETC, TSKH
Day 4	06/06/2026	09:00-17:15	Study Day + Project Framework Presentation (7)	Classroom, School of

Day 5	13/06/2026	09:00-17:15	Study Day (7)	Nursing, QMH
Day 6	20/06/2026	09:00-17:15	Study Day (7)	
Day 7	27/06/2026	09:00-17:15	Study Day (7)	
Day 8	11/07/2026	a) AM: 08:30-12:45 or b) PM: 13:45-18:00 Participants must prepare for both session times	Workshop/simulation (4)	STC, NDH
Day 9	25/07/2026	09:00-17:15	Study Day & Reflective Discussion (7)	Classroom, School of Nursing, QMH
Day 10	08/08/2026	09:00-17:15	Workshop/simulation (7)	AETC, TSKH
Day 11	29/08/2026	09:00-13:00	Written Examination (4)	Classroom, School of Nursing, QMH
Day 12	03/10/2026	09:00-17:15	Group Project Presentation (7)	

B. Clinical Practicum: Net 10 Weeks

Any 12 weeks including study day during period of 25/05/2026 – 27/09/2026

Allocation of Learning Areas

Experience	Duration
Core	
• Recovery Room Nursing	4 weeks
• General Surgery & Nursing	2 weeks
• Orthopaedic & Trauma Surgery & Nursing	2 weeks
Elective	4 weeks
• Emergency Surgery and Nursing (with AED)	Remark: 1. The period of clinical practicum is 12 weeks in total. The actual number of weeks would be longer than 10 weeks due to overlapping with study days and public holidays. 2. At least two sub-specialties from the provided list should be selected as Elective . The clinical practicum for each selected sub-
• Obstetric & Gynaecological Surgery & Nursing	
• Cardiothoracic Surgery & Nursing	
• Neurosurgery & Nursing	
• Neonatal / Paediatric Surgery & Nursing	
• Ophthalmic Surgery & Nursing	
• ENT & Nursing	
• Head & Neck Surgery & Nursing	

<ul style="list-style-type: none"> • Oral / Maxillofacial / Dental Surgery & Nursing 	3. specialty is 2 weeks * If NPAC is opted, please note that the arrangement of clinical practicum and training venue is subjected to the availability of the training sites and the service development plan of the parent department/hospital.
<ul style="list-style-type: none"> • Vascular Surgery & Nursing 	
<ul style="list-style-type: none"> • Nurse Pre-anesthetic Assessment Clinic (NPAC)* 	

Clinical Practicum Site:

- ↔ OT, Pamela Youde Nethersole Eastern Hospital
- ↔ OT, Main OT of Queen Mary Hospital
- ↔ OT, Kwong Wah Hospital
- ↔ OT, Queen Elizabeth Hospital
- ↔ OT, Tseung Kwan O Hospital
- ↔ OR, United Christian Hospital
- ↔ OT, Caritas Medical Centre
- ↔ OT, Princess Margaret Hospital
- ↔ OT, Yan Chai Hospital
- ↔ OT, Alice Ho Miu Ling Nethersole Hospital
- ↔ OT, North District Hospital
- ↔ OT, Prince of Wales Hospital
- ↔ OT, Pok Oi Hospital
- ↔ OT, Tuen Mun Hospital
- ↔ OT, Ruttonjee & Tang Shiu Kin Hospitals
- ↔ OT, Hong Kong Children's Hospital*

*Partial Clinical Practicum Center

TRAINING CONTENT

A. Full Course Orientation Day

1. Course Introduction
2. Evidence-Based Practice in Anaesthetic and Recovery Nursing
3. Tutorial on Group Project
4. Tutorial on Patient Care Study

B. Module I

1. Airway Management
2. Anaesthetic Monitoring
3. Interpretation of Investigation and Finding
4. Intravenous Fluid, Electrolytes and Blood Component Therapy
5. Medical Gas Safety
6. Nursing Perspective on Airway Management
7. Nursing Perspective on General Anaesthesia, Regional Anaesthesia and Sedation

8. Nursing Perspective on Pain Intervention
9. Nursing Perspective on Patients Requiring Mechanical Ventilation
10. PACU Nursing
11. Principle of Anaesthesia and Sedation
12. Principle of Pre-anaesthetic Assessment and Concept of Pre-Admission Clinic (PAC)
13. Role and Responsibilities of Anaesthetic and Recovery Nurse
14. Safe Medication Practice in Operation Theatre
15. Transport Critically Ill-patient
16. Understanding of Anaesthetic Machine Checking and Breathing Circuit

C. Module II

1. Anaesthesia for Ambulatory Surgery
2. Anaesthesia for Bariatric and Robotic Surgeries
3. Anaesthesia for Head & Neck Region: Eye, ENT, Dental, Maxillofacial, Thyroid
4. Anaesthesia for Neonatal and Paediatric Surgery
5. Anaesthesia for Neurosurgery
6. Anaesthesia for Obstetrics and Gynaecology Surgery
7. Anaesthesia for Orthopaedic Surgeries
8. Anaesthesia for Thoracic and Vascular Surgeries
9. Applied Clinical Pharmacology in Anaesthesia
10. Applied Physiology in Cardiovascular System
11. Applied Physiology in Nervous system and Stroke Management
12. Applied Physiology in Respiratory System
13. Concept of Ambulatory Surgery Services
14. Crisis Management in Anaesthesia
15. Crisis Management in PACU
16. Enhanced Recovery After Surgery (ERAS) for Operative Patients
17. Evidence-Based Practice in Anaesthetic and Recovery Room Nursing
18. Extended PACU care
19. Infection Control Practice in Anaesthesia
20. Maintenance of Normothermia
21. Nursing Perspective on Head & Neck Region and Thoracic Surgeries
22. Nursing Perspective on Neonatal and Paediatric Surgery
23. Nursing Perspective on Obstetrics and Gynaecology Surgery
24. Optimization of Medical Condition and Pre-operative Preparation
25. Patient and Family Education, Planning & Preparation for Ambulatory Surgery
26. Post-operative Care and Follow Up – Extended Nursing Role
27. Pre-anaesthetic Assessment – Airway Assessment
28. Pre-anaesthetic Assessment – Cardiovascular and Pulmonary System

29. Pre-anaesthetic Assessment – Extended Nursing Role
30. Pre-anaesthetic Assessment - History Taking
31. Pre-anaesthetic Assessment - Risk Evaluation
32. Pre-operative Investigations and Interpretation of Common Blood Results
33. Remote Site Anaesthesia

D. Laboratory Sessions/ Simulation Training/ Miscellaneous

1. Briefing on Group Project Presentation
2. Discussion & Course Evaluation
3. Group Project Framework Presentation
4. Group Project Presentation
5. Reflective Discussion
6. Workshop I: Advanced Airway Management
7. Workshop II: Checking of Anaesthetic Machine – Electronic and Mechanical with related monitoring
8. Workshop III: Simulation Training - Crisis Management in Anaesthesia
9. Workshop IV: Simulation Training - Nursing Management in PACU Crisis
10. Written Examination

TEACHING & LEARNING STRATEGIES

1. Case studies
2. Clinical teaching & supervised clinical practice
3. Group discussion
4. Group projects (*including oral presentation*)
5. Lectures and demonstrations
6. Self-directed learning
7. Simulation training
8. Tutorials

ASSESSMENT

Components	Date / submission deadline	Weighting
A. Written Assessment		
1. Written Examination	29/08/2026	60%
2. Group Project	Final version (soft copy) submitted on	20%
(I) Written Report	eLC+ on or before 23/10/2026 17:00	<i>(10 %)</i>
(II) Oral Presentation	Final version (soft copy) submitted on	<i>(10%)</i>
	eLC+ on or before 18/09/2026 17:00	

3. Patient Care Study	1) Submit draft to mentor – 04/09/2026 (Mentor’s comment return to participant- 18/09/2026) 2) Final version (soft copy submitted on eLC+ & hardcopy with mentor’s comment form to Mentor in-charge) on or before 02/10/2026 17:00 3) Final version (hardcopy PCS to CND by Mentor in-Charge) on or before: Date to be confirmed	20%
B. Continuing Clinical Assessment	On the last day of Clinical Practicum	100%

The participants are required to attain 50% or above in each component of the written assessment and the continuing clinical assessment.

AWARD OF CERTIFICATE

An electronic Certificate of Achievement will be awarded to those participants who have completed all parts of the program and passed all assessments.

CNE POINTS

This program is equivalent to 291 CNE points.

Theoretical Input:	57 hours (57 CNE points)
Online Training Module:	21 hours (21 CNE points)
Clinical Practicum:	10 weeks (195 CNE points)
Simulation Training:	18 hours (18 CNE points)

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