

Wound Debridement Course for Nurses
(22/4-24/12/2026)
Class 1 and 2
(2 identical classes)

The Nursing Council of Hong Kong has approved the Hospital Authority as a provider of Continuing Nursing Education (CNE) since 2005

Course Aim

The Course aims to develop the nurses' skill in conservative sharp wound debridement and advances the nurses in their practice in therapeutic and educational roles within the field of wound debridement.

Intended Learning Outcomes

Upon completion of this course, the participants will be able to:

1. Describe the anatomy and physiology of normal wound healing process and underlying structures of the wound
2. Recognize the anatomical structures and types of tissue commonly encountered during conservative sharp wound debridement procedure
3. Analyze the various methods of wound debridement
4. Evaluate the use of topical anaesthesia in conservative sharp wound debridement
5. Explain the principles of conservative sharp wound debridement
6. Assess patient's suitability for conservative sharp wound debridement with reference to the clinical indications and contraindications
7. Perform conservative sharp wound debridement in a safe manner
8. Manage complications may arise from conservative sharp wound debridement
9. Evaluate patient outcomes and wound progress following conservative sharp wound debridement
10. Relate the legal, professional and ethical issues associated with conservative sharp wound debridement

Course Content

1. Revision of human anatomy
2. Biochemical changes in wound healing phases
3. Microbiological and pharmacological relationships in wound management
4. Specific wounds with unusual etiologies
5. Assessment of patient's factors prior to conservative sharp wound debridement
6. Assessment of wound and the healing environment
7. Options of debridement and contraindications
8. Risk factor management
9. Pain management
10. Infection control issue
11. Nutritional support
12. Selection and application of wound care products
13. Outcome evaluation and documentation

14. Skills training session: procedure planning, techniques in handling instruments, patients and staff safety during conservative sharp wound debridement procedure

Course Design & Duration

The Course consists of 2 components – ***Theoretical & Clinical Components.***

The ***Theoretical Component*** consists of three sub-elements: (i) *Theory*, (ii) *Workshop & Simulation Training* and (iii) *Assessment*.

The ***Clinical Component*** consists of (iv) *Clinical Attachment* (supervised practice and assessment).

Theory focuses on the physiological response of wound healing, principles in wound debridement and evidenced-base practice in wound debridement and related therapeutic interventions.

Workshop and Simulation Training emphasizes on patient and wound assessment for the suitability of conservative sharp wound debridement; techniques in performing the procedure; complication management and outcome evaluation.

Assessment composed of written examination, simulation assessment and clinical assessment.

Clinical Attachment provides opportunities for clinical observation, supervised practice and skill assessment.

The Course comprised of self-directed study, lectures, workshop, simulation training, clinical observation and skill practice. It is a blend of knowledge and skill that course participants are expected to highly motivated and integrate their knowledge in previous wound care study and clinical experience into this learning opportunity.

Part A: Theoretical Component:

- (i) Theory:
Study days: 2 whole days

Lecture in Classroom:

Day	Date	Time	Venue
Day 1	22/4/2026 (Wed)	08:30 – 17:30	Room 1, G/F, HKEC Training Centre for Healthcare Management & Clinical Technology, PYNEH
Day 2	29/4/2026 (Wed)	09:00 – 17:30	

- (ii) Workshop & Simulation Training
Study days: 2 half days (am **or** pm as assigned)

Workshop:

Day 3	6/5/2026 (Wed)	Class 1: 09:00 – 12:30 or Class 2: 14:00 – 17:30	LG/F, Simulation Suite, A&E Training Centre, Tang Shiu Kin Hospital
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Simulation training:

Day 4	8/5/2026(Fri)	Class 1:	LG/F, Simulation Suite,
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		09:00 – 12:30 or Class 2: 14:00 – 17:30	A&E Training Centre, Tang Shiu Kin Hospital
Course participants are expected to actively participate in the scenario-based discussion.			

- (iii) Assessment
Study day: 2 half days

Written examination: (to both classes)

Day 5	2/6/2026 (Tue)	09:00 – 11:00	Room G09, G/F, Block M, Kowloon Hospital
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Simulation assessment:

Day 6	16/6/2026(Tue)	Class 1: 09:00 – 12:00 or Class 2: 14:00 – 17:00	3/F, A&E Training Centre, Tang Shiu Kin Hospital
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Part B: Clinical Component:

- (iv) Clinical Attachment (supervised practice & assessment will be arranged individually with clinical mentor. Course participant should seek supervisor support and **arrange a clinical attachment with the clinical mentor for a period of 2 weeks or less** to complete the required caseloads. If the required number of caseloads cannot be met, extra clinical attachment days may be advised by the mentor. It is the **course participant's responsibility** to have close contact and co-operative with clinical mentor for supervised practice and assessment within below said period:

- Course participant's clinical skill should be supervised and assessed by Stoma & Wound Care Nurse specialists
- The supervised practice and assessment on the conservative sharp wound debridement procedures are **under in-patient settings**
- Duration: **any 2 weeks or less** within 6 months **after** the successful completion of written examination and simulation assessment (i.e. it is **expected** to commence from 22/6-24/12/2026).
- Placement: course participants will be arranged to one of the following hospitals
 - HKEC: PYNEH, RH
 - HKWC: QMH
 - KEC: TKOH & UCH
 - KCC: QEH, KWH
 - KWC: PMH, YCH
 - NTEC: PWH
 - NTWC: TMH & POH

Assessment

A. Written examination

- Multiple choice questions, fill in the blanks, short or questions to be held on 2/6/2026 (09:00 – 11:00) (Day 5)

- **Passing marks: 70%**

B. Simulation assessment

- Simulation competence assessment to be held on 16/6/2026 (09:00 – 12:00 or 14:00 – 17:00) (Day 6)
- **Passing marks: Pass or Fail System**

C. Competency in clinical assessment

- Course participants are required to have at least **10 conservative sharp wound debridement procedures** performed **any 2 weeks or less** within 6 months after written examination and simulation competency assessment (i.e. it is expected to commence from 22/6-24/12/2026).
- Course participants should get rating 3 or above in all items in at least **5 successful** conservative sharp wound debridement procedures
- If the course participants cannot fulfill the competency in clinical assessment – 10 conservative sharp wound debridement procedures with at least 5 successful procedures, they may be required additional practice in the said period

Remark:

1. ****Full attendance**** of Theory, Workshop & Simulation Training is required.
2. Course participants who fail in any one of the above assessment will be required to sit a supplementary assessment in the related part. Under normal circumstances, only one supplementary assessment will be offered

Venue

Lectures and Written Examination: Room 1, G/F, HKEC Training Centre for Healthcare Management & Clinical Technology, PYNEH & Room G09, G/F, Block M, Kowloon Hospital

Workshop, Simulation Training and Assessment: Accident and Emergency Training Centre, Tang Shiu Kin Hospital

Class Capacity

2 classes

20 nurses per class

Target Participant

Nurses in RN rank or above who are actively participated in wound management

- Higher priority will be given to nurses who are working in Department of Surgery for at least one year of full-time in wound care specialty (e.g. wound care nurse)
- High priority will be given to nurses who are currently working in community nursing service (CNS)

Entry Requirements

1. Nurses registered with the Hong Kong Nursing Council with at least 5 years post-registration clinical experience are eligible to apply & preference will be given to nurses who hold a recognized university degree in nursing

2. Nurses **must have completed** PRCC in Stoma & Wound Care Nursing organized by IANS **or** the course granted by HA in Hong Kong, with recognition from the World Council of Enterostomal Therapists (WCET) **or** Completion of Enterostomal Therapy Nursing Education Program (ETNEP) granted by HKUSPACE in Hong Kong / overseas / other regional institutions, with recognition from the World Council of Enterostomal Therapists (WCET)
3. Support in practice: Support from the applicant's supervisor must be obtained in supervised practice in a clinical area in order to maximize learning in the clinical placements and to meet the learning outcomes (i.e. Course participants should seek supervisor support and arrange a clinical attachment with the clinical mentor for a period of **2 weeks or less** to complete the required caseloads. If the required number of caseloads cannot be met, extra clinical attachment days may be advised by the mentor. The supervised practice and assessment on the conservative sharp wound debridement procedures are **under in-patient settings**
4. Pre-requisite training: Nurses are required to complete the e-learning course – "Wound Management (**4th edition**)" in HA eLC

Special Note

When your application has been accepted, please prepare for the followings:

Pre-course reading

You should study all the pre-course materials **before** the start of the course.

Pre-Course Exercise

It is required to sit for a pre-course exercise arranged on 22/4/2026 (Day 1) of the course

What to bring

Special training material may be requested to bring along by participants. Detail to be announced in the class.

What to Wear

Wear loose, comfortable clothing to the class (skirt or open top clothes are not recommended)

Speakers (in alphabetical order)

TBC

Facilitators for the simulation workshops

HKEC	Ms. LAM Ka Ki, Annette, Nurse Consultant (Stoma & Wound Care), HKEC
HKEC	Mr. Wong Lok Man, Associate Nurse Consultant (Stoma & Wound Care), RTSKH
HKEC	Ms. NG Wing Yee, Associate Nurse Consultant, (Stoma & Wound Care), TWEH
HKWC	Ms. HO Wai Sze, Kristie, Associate Nurse Consultant (SRG), QMH
HKWC	Ms. SHUM Wing Yee, Wendy, Associate Nurse Consultant (SRG), QMH
HKWC	Mr. WONG Pak Ho, Victor, Advanced Practice Nurse (SRG), QMH
KCC	Ms. PANG Yuk Kam, Nurse Consultant (Stoma & Wound Care), KCC & QEH
KCC	Ms. YAU Yin Yee, Associate Nurse Consultant (Stoma & Wound Care), KCC & QEH
KCC	Mr. HO Wai Leung, Associate Nurse Consultant, (SUR), KCC & KWH
KEC	Ms. NGAN Hau Lan, Nurse Consultant (Stoma & Wound Care), KEC
KEC	Ms. LAM Wing Sze, Jacqueline, Associate Nurse Consultant (Stoma & Wound Care), UCH

CNE Points

The Course is equivalent to 41.5 (Pending) CNE points.

Learning hours:

➤ Theory Components: <ul style="list-style-type: none">• 2 days theory, 2 half-day, 1 half-day written exam, 1 half-day simulation assessment	CNE point: 26.5 (Pending)
➤ Clinical Components: <ul style="list-style-type: none">• complete 10 caseloads as required during the clinical practicum commence from 22/6-24/12/2026• At least 30 contact hours (3 hours x 10 procedures)	CNE point: 15

Award of Certificate

An e-certificate of achievement will be given to the participant who has **passed all the required assessment & 100% attended all the component**

Course Outline

1. Revision of body anatomy and physiology
 - Anatomical structures and types of tissue encountered in conservative sharp wound debridement
 - Specific identifiers of tendon, bone, fascia, muscle and subcutaneous tissue
 - Specific wounds with unusual aetiologies, e.g. vasculitis, pyoderma gangrenosum, calciphylaxis
2. Biochemical changes in wound healing phases
 - Biological activities in normal and prolonged wound healing phases
 - Reflection of biomarkers in different wound conditions
3. Microbiological and pharmacological relationship in wound management
 - Cellular and bacterial activities during autolytic wound debridement, colonization and infection
 - Various wound swab for culture investigations such as pus versus deep or superficial wound swab
 - Tissue culture in laboratory findings
 - Recommend the common antibiotics or anti-inflammatory therapies for cutaneous infective or colonized lesions
 - Explore the effect of topical antimicrobial agents in wound debridement, infection and colonization
4. Patient factors assessment related to conservative sharp wound debridement
 - Patient assessment for the suitability of conservative sharp wound debridement
 - Address factors for poor tissue perfusion, e.g. nutrition, pressure, localized infection
5. Wound and the healing environment assessment
 - Wound assessment for the suitability of using other wound care product for wound debridement
 - Risk and benefits analysis of conservative sharp wound debridement
 - Location of wound in relation to surrounding anatomy and the clinical viability of wound debridement
 - Type of tissue required to be debrided
 - Type of body tissue expected to be found beneath the non-viable tissue

- Type of expected tissue remaining after the procedure
 - Type and amount of pain expected during and after the procedure
 - Ongoing dressing required after conservative sharp wound debridement
 - The use of dressing in managing bacterial load in conjunction with conservative sharp wound debridement
 - Systemic, topical or combination antibiotics and antimicrobials required during and / or after the procedure
6. Options of debridement and contraindications
 - The efficacy and the indications of conservative sharp wound debridement
 - Different types of debridement; indications and contraindications for each specific wound type
 - New technologies and products used for debridement
 7. Risk factor management
 - Contraindications of conservative sharp wound debridement
 - Importance of patient consent
 - Legal and ethical implications related to debridement
 - Complications identification and management
 8. Infection control issue
 - Local guidelines on infection control issue
 - Environment and equipment required for the procedure including handling and after care
 9. Other related issue
 - Pain management before, during and after the procedure
 - Nutritional support to ensure cellular energy to promote new tissue growth after non-viable tissue removed
 - Outcome evaluation and documentation
 - Selection and application of wound care products in facilitating wound debridement and healing process
 10. Skills training session: procedure planning, techniques in handling instruments, patients and staff safety during conservative sharp wound debridement procedure