

Post-registration Certificate Course in Palliative Care Nursing
(22 August 2019 – 25 February 2021)

*This program is organized by Institute of Advanced Nursing Studies and
conducted by New Territories West Cluster*

Course Information

Aim of Program

To develop participant's knowledge, skill and attitude necessary to deliver quality palliative care

Program Intended Learning Outcome

Upon completion of the course, participants are expected to be able to:

1. Discuss the philosophy and principles of palliative care in clinical practice across settings.
2. Reflect own attitudes and feelings, and assist terminally-ill patients and their family members towards advanced progressive disease, dying, death, and mourning.
3. Assess the bio-psycho-social, cultural, and spiritual needs of individuals and significant others in the course of palliative care.
4. Integrate principles of palliative care in the management of the dying patients, their family members and the bereaved in an inter-disciplinary team approach.
5. Apply the pharmacological and non-pharmacological management in symptom relief of the terminally-ill patients.
6. Evaluate the effectiveness of nursing interventions according to the state of the dying process and make alterations to the management plan.
7. Demonstrate effective therapeutic communication and basic counselling skills in providing quality palliative care.
8. Identify ethical and legal issues applicable to the provision of palliative care.
9. Conduct innovative clinical projects and adopt appropriate research methodology to facilitate continuous quality improvement in the palliative care nursing.

Course Design & Duration

A. Theoretical Input: 20 study days

- Time: 9:00am – 5:15pm

I. Fundamental Module

Year	Month	Study Day	Venue
2019	Aug	29/08 (Thu)	LG2, LT, NQ, PMH
	Sept	05/09 (Thu)	LG2, LT, NQ, PMH
		19/09 (Thu)	LG2, LT, NQ, PMH

II. Specialty Specific Module

Year	Month	Study Day	Venue
2019	Aug	22/08 (Thu)	Lecture Room 1, G/F, School of General Nursing, TMH
	Sept	12/09 (Thu)	Lecture Room 1, G/F, School of General Nursing, TMH
		26/09 (Thu)	Lecture Room 1, G/F, School of General Nursing, TMH
	Oct	03/10 (Thu)	SB1036, 1/F, Special Block, TMH
		11/10 (Fri)	Multi-Disciplinary Simulation and Skills Centre, QEH
		18/10 (Fri)	Multi-Disciplinary Simulation and Skills Centre, QEH
		25/10 (Fri)	Multi-Disciplinary Simulation and Skills Centre, QEH
		31/10 (Thu)	G09, G/F, Block M, Kowloon Hospital
	Nov	07/11 (Thu)	Lecture Room 1, G/F, School of General Nursing, TMH
		14/11 (Thu)	Room 143, 1/F, School of Nursing, Nurse Quarter, QEH
		21/11 (Thu)	Lecture Room 1, G/F, School of General Nursing, TMH
		28/11 (Thu)	G09, G/F, Block M, Kowloon Hospital
	Dec	05/12 (Thu)	Lecture Room 1, G/F, School of General Nursing, TMH
		12/12 (Thu)	Lecture Room 1, G/F, School of General Nursing, TMH
		19/12 (Thu)	Lecture Room 1, G/F, School of General Nursing, TMH
2020	Jan	16/01 (Thu) (Written Exam)	Lecture Room 1 & 2, G/F, School of General Nursing, TMH
	May	12/05 (Thu) -(Project Presentation)	Lecture Theatre, 2/F, ACC, TMH
2021	Feb	25/02 (Thu) (Project Presentation)	Lecture Theatre, 2/F, ACC, TMH (TBC)

B. Clinical Practicum: 6 weeks in Hospice Palliative Wards/Units/Day Care Centres

Cluster	Hospice / Palliative Care Unit	
	Clinical Practicum I	Clinical Practicum II
HKEC	PYNEH / RHTSK	PYNEH / RHTSK
HKWC	GH / QMH	GH
KCC	HKBH / OLMH / QEH	HKBH / WTSB
KEC	HHH / UCH	HHH / UCH
KWC	CMC	CMC
NTEC	BBH / SH	SH / BBH
NTWC	TMH	TMH

- Course participants will be divided into 2 groups (Group A & Group B)
- The initial 2 weeks are for Practicum I, and the remaining 4 weeks for Practicum II

	Clinical Practicum I [2 weeks]	Clinical Practicum II [4 weeks]
Group A 20/01/2020 – 01/03/2020	20/01/2020 – 28/01/2020 (PH on 25/01, 27-28/01) 29/01/2020 – 02/02/2020 29/7/2020 – 2/8/2020 11/11/2020 – 15/11/2020	03/02/2020 – 01/03/2020 03/08/2020 – 30/08/2020 16/11/2020 – 13/12/2020
Group B 02/03/2020 – 12/04/2020	02/03/2020 – 15/03/2020 31/08/2020 – 13/09/2020 14/12/2020 – 27/12/2020 (PH : 25 - 26/12/2020)	16/03/2020 – 12/04/2020 (PH on 04/04, 10-11/4/2020) 14/09/2020 – 11/10/2020 (PH on 01/10, 02/10) 28/12/2020 – 24/01/2021 (PH: 01/01/2021)

(affected by emergency response level, re-arrangement of CP is highlighted in BLUE)

Venues

A. Theoretical Input

1. SB1036 1/F, Special Block, Tuen Mun Hospital
2. Lecture Room 1, G/F, School of General Nursing, Tuen Mun Hospital
3. Lecture Room 2, G/F, School of General Nursing, Tuen Mun Hospital
4. G09, G/F, Block M, Kowloon Hospital
5. LG2, Lecture Theatre, Nurse Quarter, Princess Margaret Hospital
6. Multi-Disciplinary Simulation and Skills Centre, Queen Elizabeth Hospital
7. Room 143, 1/F, School of Nursing, Nurse Quarter, QEH

B. Clinical Practicum

Hospice / Palliative Care Units of PYNEH, RTSKH, GH, QMH, HKBH, QLMH, QEH, WTSB, HHH, UCH, CMC, BBH, SH, TMH

Assessments

Items	Weighting	Date
A. Written Assessment		
1. Quiz for Module I	5 %	19/09/2019 (09:00 – 10:30)
2. Written Examination for Module II	55 %	16/01/2020 (09:00 – 12:00)
3. Group Project - Oral presentation - Written Assignment	20 %	14/05/2020 12/11/2020 25/20/2021 07/05/2020 05/11/2020 19/02/2021

4. Patient Care Study	20 %	Group A : 15/03/2020 13/09/2020 03/01/2021 Group B : 26/04/2020 25/10/2020 14/02/2021
B. Continuing Clinical Assessment	100 %	Group A : 01/03/2020 30/08/2020 13/12/2020 Group B : 12/04/2020 11/10/2020 24/01/2021

Target Participants

Nurse in RN rank

Class Capacity

40 nurses

Entry Requirements

1. Registered Nurses with valid practicing certificates issued by the Nursing Council of Hong Kong and have not less than 24 months of post-registration nursing experience.
2. Priority will be given to nurses currently working in Hospice and/or Palliative Care Units.
3. Lower priority will be given to nurses who have enrolled in previous PRCC without successful completion.
4. Direct entry to Module II will be considered for those who have successfully completed the Fundamental Module of PRCC in Palliative Care Nursing in Past 3 years (30.08.2016 – 20.09.2016) or (27.06.2017 – 19.07.2017) or (05.10.2018 – 26.10.2018)

Exit Requirements

Successfully enrolled participants are required to complete the below module 1 to 12 of Hospice Palliative Care Nursing in eLearning programs from HA eLC.

HA eLearning Program		Date of Completion
1.	Hospice & Palliative Care Concept	On or before 19/12/2019 (Study Day 18)
2.	Nursing Assessment in Palliative Care	
3.	Pain Management	
4.	Other Symptoms Management for the Terminally ill and Management of Palliative Emergencies	
5.	Psychological Support for Terminal Patients	
6.	Care in the last 24 to 48 hour	
7.	Grief and Bereavement	
8.	Staff Stress and Staff Support	
9.	Ethical Aspects of Care	
10.	Advance Care Planning	
11.	Palliative Care in End Stage Organ Failure	
12.	Care Plan for the Imminently Dying	

Program Development and Review Committee

HAHO	Ms. Cynthia WONG	Head (N), IANS
	Ms. Sena SZE	Manager (N), IANS
HKEC	Ms. Maggie CHAN	DOM (ONC), PYNEH
	Ms. LEUNG Yuk Lan	DOM1 (M&G), RTSKH
	Ms. YEUNG Wai Fong, Ellen	NC (Palliative Care), HKEC
HKWC	Ms. LAI Kit Yu, Kithelia	DOM (ONC), QMH
	Ms. LEE Man Yee	DOM (CMU, PMU, OPH & SOPD), GH
	Mr. TSANG Kwok Wai	NC (PMU/Palliative Care), GH
KCC	Ms. LEUNG Wai Yee, Carenx	DOM (Clin. Onc), QEH
	Ms. LUM Ming Yuet, Annda	NC (Palliative Care), KCC
	Ms. Maria PI	GM(N), HKBH
	Ms. LI Kam Ying	DOM (DREC), WTSH
	Ms. HAI Siu Fong, Charity	WM (Palliative Care), OLMH
KEC	Ms. WONG Siu Bik, Abby	DOM (Medicine), HHH
	Ms. TSANG Wai Yi	DOM (M&G), UCH
	Ms. KO Po Shan, Polly	NC (Palliative Care), KEC
KWC	Ms. Teresa WONG	DOM (MG), CMC
	Ms. LAM Chui Yuk, Jade	NC (Palliative Care), CMC
	Mr. LO Cho Kin, Joe	DOM (Oncology), PMH
NTEC	Ms. KWOK Mei Ling, Angela	GM(N), BBH/SCH/SH
	Ms. CHANG Pui Wan, Shirley	DOM (ONC), PWH
	Dr. KWAN Wai Man, Cecilia	NC (PC), NTEC / NC (PC), BBH
NTWC	Mr. WONG Mak Chiu	DOM (ONC / DR&NM), TMH
	Ms. CHAN Chun Hung	NC (Palliative Care), NTWC
	Mr. LAM Ming Sang	SNO (NSD), TMH

Program Director

Ms. Sena SZE Manager (N), IANS, HAHO email: senasze@ha.org.hk
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Course Directors

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Mr. LAM Ming Sang SNO(NSD), TMH email: lms520@ha.org.hk
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Visiting Lecturers

HKEC	Ms. LAI Kit Man	APN (Palliative Care), RTSKH
HKWC	Mr. TSANG Kwok Wai	NC (PMU/Palliative Care), GH
HKWC	Mr. Nelson WONG	APN (PMU),GH
KCC	Ms. NG Ka Lai, Candy	APN (Nursing), HKBH
KEC	Ms. NG Hiu Yim	APN (Geri), UCH
KWC	Ms. LAM Chui Yuk, Jade	NC (Palliative Care), CMC
NTEC	Ms. MA Miu Sun	APN (Palliative Care), SH
NTWC	Ms. HWANG Lie Meng, Elaine	APN (Oncology), TMH

Language Medium

Both English and Cantonese will be used in class. All written assignments and examination will be in English.

Teaching / Learning Activities

- Lectures and demonstrations
- Tutorials
- Group discussion
- Video and slide sessions
- Workshops and role play
- Group project presentation and peer review
- Clinical teaching and supervision
- Patient care study
- E-Learning program

Award of Certificate

Certificate will be awarded to those who have completed all parts of the course and passed all the course assessments.

Award of CNE

This course is equivalent to **257** CNE points.

Theoretical input	: 140 hours	CNE points: 140
Clinical Practicum	: 6 weeks (234 hours)	CNE points: 117