

Post-registration Certificate Course in Palliative Care Nursing (4 March 2021 – 2 Dec 2021)

*This program is organized by Institute of Advanced Nursing Studies and
conducted by Kowloon East Cluster*

Course Information (updated as at 4/2/2021)

Aim of Program

To develop participant's knowledge, skill and attitude necessary to deliver quality palliative care

Program Intended Learning Outcome

Upon completion of the course, participants are expected to be able to:

- 1 Discuss the philosophy and principles of palliative care in clinical practice across settings
- 2 Assess the bio-psycho-social, cultural, and spiritual needs of individuals and significant others in the course of palliative care
- 3 Apply the pharmacological and non-pharmacological management in symptom management of the patients with life-threatening or life-limiting conditions.
- 4 Integrate principles of palliative care in the management of the dying patients, their family members and the bereaved in an inter-disciplinary team approach
- 5 Evaluate the effectiveness of nursing interventions according to the needs of the patients and their family members and make alterations to the management plan
- 6 Identify ethical and legal issues applicable to the provision of palliative care
- 7 Demonstrate effective therapeutic communication and basic counselling skills in providing quality palliative care
- 8 Reflect own attitudes and feelings when assisting patients and their family members facing life-threatening or life limiting conditions, death, and bereavement
- 9 Conduct innovative clinical projects and adopt appropriate research methodology to facilitate continuous quality improvement in the palliative care nursing

Course Design & Duration

A. Theoretical Input: 20 study days

- Time: 9:00am – 5:15pm

I. Fundamental Module

Year	Month	Study Day	Venue
2021	Mar	11/03 (Thu)	Zoom lecture
		18/03 (Thu)	Zoom lecture
	Apr	01/04 (Thu)	Zoom lecture

II. Specialty Specific Module

Year	Month	Study Day	Venue
2021	Mar	04/03 (Thu)	Zoom Lecture
		25/03 (Thu)	Zoom Lecture
	Apr	08/04 (Thu)	Zoom Lecture
		15/04 (Thu)	Zoom Lecture
		22/04 (Thu)	Zoom Workshop
		30/04 (Fri)	TBC/Multi-Disciplinary Simulation and Skills Centre, QEH
	May	06/05 (Thu)	Zoom Lecture
		10/05 (Mon)	TBC/Multi-Disciplinary Simulation and Skills Centre, QEH
		20/05 (Thu)	TBC/Multi-Disciplinary Simulation and Skills Centre, QEH
		27/05 (Thu)	Zoom Lecture
	Jun	03/06 (Thu)	Zoom Lecture
		10/06 (Thu)	Zoom Lecture
		17/06 (Thu)	Zoom Lecture
		24/06 (Thu)	Zoom Lecture
	Jul	08/07 (Thu)	Zoom Lecture
	Aug	05/08 (Thu) (Written Exam)	Lecture Theatre, G/F, Blk. K, UCH Room B, 17/F, Blk. L, UCH
	Dec	02/12 (Thu) (Project Presentation)	TBC/Lecture Theatre, G/F, Blk. K, UCH Room B, 17/F, Blk. L, UCH

B. Clinical Practicum: 6 weeks in Hospice Palliative Wards/Units/Day Care Centres

Cluster	Hospice / Palliative Care Unit	
	Clinical Practicum I	Clinical Practicum II
HKEC	PYNEH / RHTSK	PYNEH / RHTSK
HKWC	GH / QMH	GH
KCC	HKBH / OLMH (Group A) / QEH	HKBH / WTSH
KEC	HHH / UCH	HHH / UCH
KWC	CMC	CMC
NTEC	BBH / SH	SH / BBH
NTWC	TMH	TMH

- Course participants will be divided into 2 groups (Group A & Group B)
- The initial 2 weeks are for Practicum I, and the remaining 4 weeks for Practicum II

	Clinical Practicum I [2 weeks]	Clinical Practicum II [4 weeks]
Group A 09/08/2021 – 19/09/2021	09/08/2021 - 22/08/2021	23/08/2021 - 19/09/2021
Group B 20/09/2021 – 31/10/2021	20/09/2021 - 03/10/2021	04/10/2021 - 31/10/2021 (PH on 22/9, 1/10 & 14/10/2021)

Venues

A. Theoretical Input

1. Zoom lecture
2. Lecture Theatre, G/F, Block K, United Christian Hospital
3. Room 17B, Block L, United Christian Hospital
4. Multi-Disciplinary Simulation and Skills Centre, Queen Elizabeth Hospital

B. Clinical Practicum

Hospice / Palliative Care Units of PYNEH, RTSKH, GH, QMH, HKBH, QLMH, QEH, WTSH, HHH, UCH, CMC, BBH, SH, TMH

Assessments

Items	Weighting	Date
A. Written Assessment		
1. Written Examination for Module II	60 %	05/08/2021 (09:00 – 12:00)
2. Group Project - Written Assignment - Oral presentation	20 %	25/11/2021 02/12/2021
3. Patient Care Study	20 %	Group A : 03/10/2021 Group B : 14/11/2021
B. Continuing Clinical Assessment	100 %	Group A : 19/09/2021 Group B : 31/10/2021

Target Participants

Nurse in RN rank

Class Capacity

55 nurses

Entry Requirements

- 1 Registered Nurses with valid practicing certificates issued by the Nursing Council of Hong Kong and have not less than 24 months of post-registration nursing experience.
- 2 Priority will be given to nurses currently working in Hospice and/or Palliative Care Units
- 3 Lower priority will be given to nurses who have enrolled in previous PRCC without successful completion
- 4 Direct entry to Module II will be considered for those who have successfully completed the Fundamental Module of PRCC in Palliative Care Nursing in Past 3 years
(27 Jun 2017 – 19 Jul 2017) or (5 Oct 2018 – 26 Oct 2018) or (29 Aug 2019 – 19 Sep 2019)

Exit Requirements

Successfully enrolled participants are required to complete the below module 1 to 12 of Hospice Palliative Care Nursing in eLearning programs from HA eLC.

HA eLearning Program		Date of Completion
1.	Hospice & Palliative Care Concept	On or before 08/07/2021 (Study Day 18)
2.	Nursing Assessment in Palliative Care	
3.	Pain Management	
4.	Other Symptoms Management for the Terminally ill and Management of Palliative Emergencies	
5.	Psychological Support for Terminal Patients	
6.	Care in the last 24 to 48 hour	
7.	Grief and Bereavement	
8.	Staff Stress and Staff Support	
9.	Ethical Aspects of Care	
10.	Advance Care Planning	
11.	Palliative Care in End Stage Organ Failure	
12.	Care Plan for the Imminently Dying	

Visiting Lecturers

HKEC	Mr. CHAN Shu Sing	APN (ONC), PYNEH
	Ms. LEUNG Wan Yin	APN (Palliative Care), RTSKH
HKWC	Mr. WONG C K Nelson	APN (PMU), GH
KCC	Ms. YUEN Tze Kwan Sharon	APN (CND), QEH
KEC	Ms. CHIU Pui Chi	APN (MED), HHH
KWC	Ms. LAM Chui Yuk, Jade	NC (Palliative Care), CMC
NTEC	Ms. CHENG Suk Yee Fanny	APN (Palliative Care), NDH
NTWC	Ms. Ader LEE, APN	APN (NSD), TMH

Language Medium

Both English and Cantonese will be used in class. All written assignments and examination will be in English.

Teaching / Learning Activities

- Zoom Lectures and demonstrations
- Zoom Tutorials
- Group discussion
- Video and slide sessions
- Workshops and role play
- Group project presentation and peer review
- Clinical teaching and supervision
- Patient care study
- E-Learning program
- Online learning activity

Award of Certificate

Certificate will be awarded to those who have completed all parts of the course and passed all the course assessments.

Award of CNE

This course is equivalent to **257** CNE points.

Theoretical input	: 140 hours	CNE points: 140
Clinical Practicum	: 6 weeks (234 hours)	CNE points: 117

Course Content

1. An Overview of Palliative Care

- 1.1 Palliative care concept and service development
- 1.2 Quality of life issues
- 1.3 E-Learning program
 - Palliative care concept

2. Interdisciplinary collaborative practice in the Palliative Care Setting

- 2.1 Physiotherapy in palliative care
- 2.2 Occupational Therapy for palliative care
- 2.3 Role of Medical Social Worker in palliative care
- 2.4 Appreciation of complementary modalities
- 2.5 Use of Traditional Chinese Medicine on symptom control

3. Patterns of Disease Progression

- 3.1 Prognostic challenges in palliative care
- 3.2 Cancer-related disease modifying treatment
- 3.3 Palliative care for patient with chronic renal failure
- 3.4 Palliative care for patient with heart failure
- 3.5 Palliative care for patient with advanced respiratory diseases
- 3.6 Palliative care for patient with dementia
- 3.7 Palliative care for patient with neurological diseases
- 3.8 Palliative care for patient with haematological malignancies
- 3.9 Palliative nursing care for patient with dementia and neurological diseases
- 3.10 Palliative nursing care for patient with organ failure
- 3.11 E-Learning program
 - Palliative care for end-stage organ failure

4. Physical Symptom Management

- 4.1 Cancer pain & symptom management
- 4.2 Nursing management of pain
- 4.3 Nursing management of common symptoms in advanced diseases
- 4.4 Care of patient with lymphedema
- 4.5 Nursing perspectives in wound management
- 4.6 Nursing management of patient with confusion
- 4.7 Palliative care emergencies
- 4.8 Delirium in palliative care
- 4.9 Nursing management of patient with malignant spinal cord compression
- 4.10 Difficulties, communication and practicability of careful hand feeding
- 4.11 E-learning program
 - Pain management
 - Other symptoms management for the terminally ill and management of palliative emergencies

5. Psycho-socio-spiritual Care and Family Care

- 5.1 Comprehensive nursing assessment
- 5.2 Nursing management of common psychological reactions
- 5.3 Breaking bad news
- 5.4 Communication and counselling skills (3-day workshop)
 - Breaking bad news, advance care planning, grief & bereavement
- 5.5 Spiritual nursing care
- 5.6 Application of psychotherapeutic approaches
- 5.7 Handling patient with suicidal risk in palliative care setting
- 5.8 Sexuality for the clients in palliative setting
- 5.9 Care for the family
- 5.10 E-Learning program
 - Nursing assessment in palliative care
 - Psychological support for terminal patients

6. Care of Patient in Various Setting

- 6.1 Role & quality of home care nurse and Special issues in home care
- 6.2 Palliative day care
- 6.3 Volunteer services and use of community resources

7. Life & Death Issues

- 7.1 Use of self in care of the dying
- 7.2 Reflection of death
- 7.3 Psychology of death
- 7.4 Common religious rituals on death and dying
- 7.5 Life and death education
- 7.6 Green Burial

8. Care of Imminently Dying & Bereavement

- 8.1 Care of patient at the last days of life
- 8.2 Loss, grief and bereavement
- 8.3 Children bereavement care
- 8.4 Sharing on dying at home
- 8.5 Community based bereavement care & support
- 8.6 E-Learning program
 - Care in the last 24 to 48 hours
 - Care plan for the imminently dying
 - Grief and bereavement

9. Advance Care Planning

- 9.1 Advance care planning and advance directives
- 9.2 Nursing role in advance care planning
- 9.3 E-Learning program
 - Advance care planning

10. Ethical Issues in End-of-Life Care

- 10.1 Ethical principles and application in palliative medicine
- 10.2 Nursing and related legal issues

- 10.3 Debate discussion on euthanasia and physician assisted suicide
- 10.4 E-Learning program
 - Ethical aspects of care

11. Staff Support

- 11.1 Care of professional carer
- 11.2 E-Learning program
 - Staff stress and staff support

12. Miscellaneous

- 12.1 Briefing on examination
- 12.2 Briefing on group project & clinical practicum
- 12.3 Learning contract
- 12.4 Discussion and tutorial on group project
- 12.5 Presentation of group project & case study writing
- 12.6 Groups project presentation & peer review