

# Post-registration Certificate Course in Primary Health Care Nursing

(12.01.2022 – 11.08.2022, *deferred to 16.11.2022 due to Emergency Response*)

**This programme is organized by Institute of Advanced Nursing Studies HA  
and conducted by Kowloon East Cluster**

*The Nursing Council of Hong Kong has approved the Hospital Authority as a provider  
of  
Continuing Nursing Education (CNE) since 2005*

## COURSE PROGRAMME

### **In collaboration with:**

Department of Family Medicine and Primary Health Care, Hong Kong East Cluster  
Department of Family Medicine and Primary Health Care, Hong Kong West Cluster  
Department of Family Medicine and Primary Health Care, Kowloon East Cluster  
Department of Family Medicine and General Out-patient Clinic, Kowloon Central Cluster  
Department of Family Medicine and Primary Health Care, Kowloon West Cluster  
Department of Family Medicine and Primary Health Care, New Territories East Cluster  
Department of Family Medicine and Primary Health Care, New Territories West Cluster

### **With support in Clinical Practicum from GOPCs by cluster-basis in:**

Hong Kong East Cluster  
Hong Kong West Cluster  
Kowloon Central Cluster  
Kowloon East Cluster  
Kowloon West Cluster  
New Territories East Cluster  
New Territories West Cluster

Name: \_\_\_\_\_ GOPC/ Hospital: \_\_\_\_\_

**Post-registration Certificate Course in Primary Health Care Nursing**  
(Organized by IANS & conducted by KEC)  
**12.01.2022 - 11.08.2022, *deferred to 16.11.2022 due to Emergency Response***

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**Course Information**

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**Aim**

Develop the competence of registered nurses in practicing primary health care for integrated community-based primary health care delivery to ensure a high quality & standard of care for patients in family medicine and primary health care setting.

**Program Intended Learning Outcomes**

Upon completion of the programme, participants should be able to:

- PILO1 Apply the primary health care concept and theories in delivery of nursing care in family medicine and primary health care setting
- PILO2 Perform health assessment by using appropriate assessment tools and technique for clients
- PILO3 Conduct comprehensive health risk assessment for clients with chronic diseases
- PILO4 Identify clients' health problems based on assessment data
- PILO5 Implement appropriate nursing interventions according to their health needs
- PILO6 Evaluate client's response to interventions and modify nursing interventions accordingly
- PILO7 Empower individual / family for self-care management in family medicine and primary health care setting by adoption of chronic disease care model
- PILO8 Manages clinic operational issues to provide quality and safety primary health care services to clients

**Duration of the Course**

12/01/2022 – ~~11/08/2022~~ 16.11.2022

**Design of the Course**

This course is designed with a combination of theory and clinical practicum, which is organized by the Institute of Advanced Nursing Studies of the Hospital Authority and conducted by Kowloon East Cluster.

1. **Theoretical Input:** 12 full days + 4 half days (97.5 hours)

**Module I – Fundamentals Module (3 full days)**

2022	Month	Study Day	Time	Venue
	Jan	19/1, 26/1 (Wed)	09:00 – 17:30	Zoom Lecture
	Feb	9/2 (Wed)	09:00 – 17:30	Zoom Lecture
		16/2 (Wed) Quiz via ZOOM @ AM	09:00 – 10:00	Zoom Lecture

## Module II – Specialty Specific Module

(9 full days, 1 half day – am or pm, 2 half days – am, 1 half day – pm)

2022	Month	Study Day	Time	Venue
	Jan	12/1 (Wed)	09:00 – 17:30	Zoom Lecture
	Feb	16/2 (Wed)	10:00 – 17:30	Zoom Lecture
	<del>Mar</del> <del>Jun</del>	<del>2/3, 9/3, 16/3, 23/3</del> <del>1/6, 8/6, 15/6, 22/6, 29/6 (Wed)</del>	09:00 – 17:30	Zoom Lecture
	Jul	6/7, 13/7	09:00 – 17:30	Zoom Lecture
		<del>30/3 (Wed)</del> 19/7 (Tue) (Face-to-face half-day identical workshop)	09:00 – 13:00 or 14:15 – 18:15	Lecture theatre, 8/F, Ambulatory Care Block, TKOH
	Apr	6/4, 13/4 (Wed)	09:00 – 17:30	Zoom Lecture
	May Aug	<del>10/5</del> 16/8 (Tue) (Face-to-face examination)	09:00 – 12:00	Auditorium <b>and</b> Resuscitation Training Resources Centre, G/F, Hospital Main Block, TKOH
		10/5 16/8 (Tue) Experience Sharing on Designated Clinic + Group Project Discussion (Face-to-face site visit to Community Health Centre)	15:00 – 17:30	Community Health Centre, KEC Community Health Centre, NTWC Zoom Lecture
	Aug Nov	<del>11/8 (Thu)</del> 16/11 (Wed) (Face-to-face Group Project Presentation)	09:00 – 13:15	Auditorium, G/F, <del>Hospital Main Block, TKOH</del> Lecture Theatre, 8/F, Ambulatory Care Block, TKOH

### 2. Clinical Practicum: 6 weeks

Group A: ~~16/5/2022 to 26/6/2022 (1 PH)~~ 22/8/2022 to 2/10/2022 (2 PH)

Group B: ~~27/6/2022 to 7/8/2022 (1 PH)~~ 3/10/2022 to 13/11/2022 (1 PH)

### 3. Clinical visit to Community Health Centre (CHC): (Cancelled due to COVID-19 situation)

~~10/5/2022 (15:00-17:30) Venue: Kwun Tong Community Health Centre~~

~~10/5/2022 (15:00-17:30) Venue: Tin Shui Wai (Tin Yip Road) Community Health Centre~~

## Assessments

Items	Weighting	Date
A. Written Assessment		
1. Quiz	5 %	16/2/2022 (1 hour in AM)
2. Written Examination	55 %	<del>10/5/2022 (AM)</del> 16/8/2022 (AM)
3. Group Project with presentation - Oral presentation - Written Assignment	20 %	<del>11/8/2022 (AM)</del> 16/11/2022 (AM)
4. Patient Care Study	20 %	Group A: <del>10/7/2022</del> 16/10/2022 Group B: <del>21/8/2022</del> 27/11/2022
B. Continuing Clinical Assessment	100 %	End of 6 week CP

## Class Size

49 Registered Nurses

## Target Participant

Nurses in RN rank

## Entry Requirements

- Professional qualifications
  - Nurses registered with the Nursing Council of Hong Kong (NCHK) and possess a valid practicing certificate issued by the NCHK.
- Years of experience
  - Preferably for nurses having not less than 24 months post-registration experience (excluding any period of post-basic training)
  - Priority will be given to nurses currently working in the primary health care nursing service.
- Lower priority will be given to nurses who have enrolled in previous PRCC without successful completion
- Exemptions
  - Potential participants who had attended and passed Fundamental Module (Module I) within the last three cohorts could be granted direct entry to Module II based on the exemption criteria endorsed in the Program Development and Review Committee
    - 14/3/2018 – 24/3/2018
    - 20/3/2019 – 30/3/2019
    - 13/1/2021 – 27/1/2021

## **Exit Requirements**

Successfully enrolled participants are required to complete eLearning programs from HA eLC as listed below:

1. Basic ECG interpretation – Module 1: Review on Cardiac Physiology & Introduction to Electrocardiogram
2. Respiratory Nursing -Module 5: Introduction to Smoking Cessation Program and Related Nursing Interventions
3. Epidemiology for Primary Health Care Professionals (New)
4. 老人抑鬱與自殺
5. Wound Management
6. Insulin Safety for Nurses
7. Common Health Screening and Nurse Practice in General Out-patient Clinic

## **Venue**

### A. Theoretical Input

- Zoom at home (Day ~~1-10, 12-13~~ 1-12, 14(PM))
- Face-to-face (Day ~~11, 14, 15~~ 13, 14(AM), 15)

### B. Clinical Practicum Centres

- Family medicine-based clinic of HA hospitals (GOPCs)

### ~~C. Community Health Centre visit (Cancelled due to COVID-19 situation)~~

- ~~➤ Community Health Centre, KEC and NTWC~~

### Program Development & Review Committee

<b>HAHO</b>	Ms. Cynthia WONG	Head of IANS
	Ms. Chris TSE	M(N)
<b>HKEC</b>	Ms. CHEUNG Yuk Hung Kathy	DOM(FM&PHC)
<b>HKWC</b>	Ms. LI Mung Nga Candy	Deputizing DOM(ICS)/QMH NC(CCS)/QMH Comm Amb
	Ms. L L LEE	Unit Manager (FM & PHC)
<b>KCC</b>	Mr. LEUNG Siu Hong	DOM(FM & GOPC)
<b>KEC</b>	Ms. HUI Yuen Sim	UCHN DOM(FM&PHC)/TKOH DOM(FM&PHC)
	Ms. CHAN Lai Ngor	TKOH WM(FM&PHC)
<b>KWC</b>	Ms Irene HO	DOM(FM&PHC)
	(Represented by Ms. Maria TSO, KWC WM(FM&PHC))	
<b>NTEC</b>	Ms. CHIU Wai Hing Caroline	DOM(NDHOFF)/(AHNOFF)/(PWHOFF)
	(Represented by Ms. LAM Pui Ha, NTECFM Deputy DOM(FM))	
<b>NTWC</b>	Ms. B C WONG	DOM(FM&PHC)

### Visiting Lecturers

<b>HKEC</b>	Chiu Mei Chu	APN i/c (FM&PHC), Chai Wan / Wan Tsui GOPC
	Lam Shuk Kuen, Sally	APN(FM&PHC)
<b>HKWC</b>	Yeung Wai Yee	APN i/c(FM&PHC / C&W NAHC Clinic) / QMH Comm Amb
	Karin Fung	APN i/c(HKWC FM&PHC), ALCGOPC
<b>KCC</b>	Wong Yin	APN(FM & GOPC)
	Ha Lai Ming	APN(FM & GOPC)
		<i>(till 3 May 2022)</i>
	<b>Ng Siu Hung</b>	<b>APN(FM &amp; GOPC)</b>
		<i>(replace Ha Lai Ming w.e.f. 4 May 2022)</i>
<b>KEC</b>	Wong Ah Lai	APN(GOPC)
	Lo Chung Yin	APN(KEC SCCC In-charge), TKOH
<b>KWC</b>	Y K Wong	APN(FM&PHC), WK GOPC
	S H Lau	APN(FM&PHC), LT GOPC
<b>NTEC</b>	Yeung Ting Ying	APN(AHNOFF), NTECFM
<b>NTWC</b>	Lam Fung Yee	APN(FM&PHC), YLJC GOPC Nurse Clinic
	Lai Shiu Kee	APN(FM&PHC), WHGOPC Nurse Clinic & SSCP
		<i>(till 24 Mar 2022)</i>
	<b>Wong Yuen Fan</b>	<b>APN(FM&amp;PHC), TMGOPC Nurse Clinic</b>
		<i>(replace Lai Shiu Kee w.e.f. 25 Mar 2022)</i>

### Program Director

Ms. Chris TSE                      Manager (Nursing), Institute of Advanced Nursing Studies, HAHO  
Tel. 2300 6191                      Fax: 2890 2643                      Email: [tyk190@ha.org.hk](mailto:tyk190@ha.org.hk)

### Course Director

Ms. HUI Yuen Sim                      DOM(FM&PHC), UCHN / DOM(FM&PHC), TKOH

Tel: 5215 7116

Email: [hysz01@ha.org.hk](mailto:hysz01@ha.org.hk)

Ms. CHAN Lai Ngor

WM(FM&PHC), TKOH

Tel: 2456 1488

Fax: 2702 7437

Email: [clnz01@ha.org.hk](mailto:clnz01@ha.org.hk)

### **Language Medium**

Both English and Cantonese will be used in class. English will be used in all examinations and assignments.

### **Teaching & Learning Strategies**

1. Lectures and Demonstrations
2. Discussion and Tutorials
3. Health Assessment Workshop\*
4. Group Project Presentation
5. Clinical Teaching and Supervised Clinical Practice
6. e-Learning
7. Self-directed Learning
8. Site visit in Community Health Centre (CHC)\*

\*Remarks: Health Assessment Workshop will be arranged in half day identical session (AM or PM) on 30/3/2022 and Community Health Centre (CHC) visit will be arranged in half day session (PM) on 10/5/2022.

### **Award of Certificate**

An e-Certificate will be awarded to those participants who have completed all parts of the course and successfully passed all the course assessments.

### **CNE Points**

This course is equivalent to **214.5** CNE points.

Theoretical input	96 hours	(97.5 CNE points)
Clinical Practicum	6 weeks	(117 CNE points)



## **Program Structure / Components**

1. The programme consists of theory and clinical practicum. The theory consists of 12 full days and 4 half days in 2 modules with 6 weeks of clinical practicum in Primary Health Care Unit/ Family Medicine-based clinic of HA Hospitals.
2. Theory – in 2 modules
  - 2.1 Module I (Fundamental Module)

This is the fundamental module which focuses on the foundation concept on primary health care nursing and enhance nurses' competency in the care of patients in GOPC. (Day 2 – Day 4)
  - 2.2 Module II

This module encompasses broader and comprehensive contents on primary health care nursing. It aims to provide opportunities for nurses to examine major issues, and trends in primary health care nursing, and also enhance the knowledge, skill and practice in primary health care nursing at an advanced level. (Day 1 & Day 5 -Day 15)
3. Clinical Practicum

Participants will have 6 weeks of clinical practicum in primary health care unit to consolidate their learning and attain the competence in primary health care nursing.
4. Indicative learning contents /major learning topics
  - 4.1 Module I (Fundamental Module)
    - A. Health assessment, disease prevention and nursing interventions in Primary Health Care Setting
      - Nursing management of common mental health problems in primary health care
      - Wound management in primary health care setting (Part I & II)
      - Eye assessment
        - Common eye problems and emergency care in primary health care setting
        - Eye assessment and ophthalmic care in primary health care setting
    - B. Episodic and Chronic Diseases Management
      - Case management of clients with chronic diseases in community setting
      - Management of acute illness in primary health care setting
        - Part I & II - Management of common episodic diseases
      - Chronic diseases care model and development in primary care setting of HK
      - Management of common mental health problems in primary health care
      - Management of Chronic Obstructive Pulmonary Disease in primary health care
      - Management of DM and CVS diseases in primary health care

**Module II (Specialty-Specific Module)**

- A. Introduction of an Integrated Community Based Approach to the Primary Health Care in HA
- Primary care development and District Health Centre in HK
  - Gerontological Nursing
  - Principles of family medicine and application of the concept of primary health care in HA.
  - Health and illness models in primary health care and Primary health care nursing practice in HA
  - Nurse clinics in primary health care setting
  - Partnership with different health teams and common problems encountered in community setting
  - Concept and Application of Patient Empowerment and Community Partnership - Private Public Partnership (PPP), Patient Resource Corner (PRC) and Patient Empowerment Programme (PEP)
- B. Health Promotion and Education
- Identify the health needs of the community and strategies of health promotion in the community
  - Health Promotion and Health Education
  - Health counselling skills to individuals, families and groups
  - Smoking Counselling and Cessation Services in HA primary health care setting
- C. Health assessment, disease prevention and nursing interventions in Primary Health Care Setting
- Family Medicine clinical assessment skills
  - Family Medicine roles in cancer screening and management
  - Immunization and disease prevention
  - Diabetes Mellitus risk assessment and management in primary health care setting (Part I &II)
  - Hypertension risk assessment and management in primary health care setting
  - Respiratory nursing assessment and management in primary care health setting
  - Cardiovascular assessment, ECG interpretation & management in primary health care setting
  - Continence care in primary health care
  - Fall risk assessment and prevention
  - Health assessment workshop on common health assessment and skills encountered by Primary Health Care nurses

D. Episodic and Chronic Diseases Management

- Management of acute illness in primary health care setting
  - Part III - Management of emergency conditions
- Application of multidisciplinary approach in primary health care setting
  - Medical perspective
  - Introduction to Occupational therapy in primary health care
  - Introduction to Physiotherapy in primary health care
- Dietary counselling for patients with chronic diseases, weight control and other health conditions requiring dietary modifications for Primary Health Care
- Common foot problems and foot care
- Medication advice and management in primary health care setting

E. Clinic Management and Others

- Application of Simple Psychotherapy in PHC - Motivational Interviewing and Problem solving therapy
- Nursing Audit
- Patient Support Call Centre
- Clinical audit, Research and Evaluation in primary health care services
- Occupational Health Services and risk management in primary health care setting
- Infection control in primary health care setting
- Vaccination Principles and Practice

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**TIMETABLE**

Date/Venue/ Time	09:00 - 10:00	10:00 - 11:00	11:00 - 11:15	11:15 - 12:15	12:15 - 13:15	13:15 - 14:15	14:15 - 15:15	15:15 - 15:30	15:30 - 16:30	16:30 - 17:30
<b>Day 1</b> 12/1/2022 (Wednesday)	Program Orientation  Course Directors	Family Medicine Clinical Assessment Skills  Dr. Jenny Wang, Assoc CONS i/c (FM&PHC / C&W RAMP Clinic & NAHC Clinic), QMH	BREAK	Primary care development and District Health Centre in HK  Dr. Jenny Wang, Assoc CONS i/c (FM&PHC / C&W RAMP Clinic & NAHC Clinic), QMH		LUNCH	Nurse Clinics in Primary Health Care Setting  Ms. Hung Shuk Yee WM, FM&PHC, HKEC		Health and Illness Model in Primary Health Care and Primary Health Care and Nursing Practice in HA  Ms. CHEUNG Yuk Hung Kathy, DOM, HKEC	
<b>Day 2</b> 19/1/2022 (Wednesday) Fundamental	Chronic Diseases Care Model & Development in PHC of HK  Dr. Yiu Yuk Kwan CON(FM&PHC), KWC	BREAK	<u>10:15 - 12:15</u> Management of DM & CVS Diseases in Primary Health Care  Dr Luk Wan COS(FM&PHC), KWC		LUNCH		<u>13:15 - 15:15</u> Management of Common Mental Health Problems in Primary Health Care  Dr. Sin Ming Chun Assoc CONS i/c(HKWC FM&PHC), ALCGOPC	BREAK	<u>15:30 - 17:30</u> Nursing Management of Common Mental Health Problems in Primary Health Care  Mr. Chan Kam Hung APN (FM & GOPC), KCC	
<b>Day 3</b> 26/1/2022 (Wednesday) Fundamental	Wound Management in Primary Health Care Setting (Part I)  Ms. Annette Lam APNi/c, VioletPeel/Stanley GOPC/TSK Staff Clinic(FM&PHC), HKEC		BREAK	Wound Management in Primary Health Care Setting (Part II)  Ms. Annette Lam APNi/c, VioletPeel/Stanley GOPC/TSK Staff Clinic(FM&PHC), HKEC		LUNCH	<u>14:15 - 15:45</u> Common Eye Problems and Emergency Care in Primary Health Setting  Dr. Chan Ting Bong AC(FM), NTEC	BREAK	<u>16:00 - 17:30</u> Eye Assessment and Ophthalmic Care in Primary Health Care Setting  Dr. Chan Ting Bong AC(FM), NTEC	

Date/Venue/ Time	09:00 - 10:00	10:00 - 11:00	11:00 - 11:15	11:15 - 12:15	12:15 - 13:15	13:15 - 14:15	14:15 - 15:15	15:15 - 15:30	15:30 - 16:30	16:30 - 17:30
<b>Day 4</b> 9/2/2022 (Wednesday) Fundamental	Management of Acute Illness (Part I) – Management of Common Episodic Diseases  Dr. Chan Ngai Ping, AC(FM&PHC), UCH/KEC		BREAK	Management of Acute Illness (Part II) – Management of Common Episodic Diseases  Dr. Ng Cham Chi, AC(FM&PHC), UCH/KEC		LUNCH	<u>14:15 – 15:45</u> Management of COPD in Primary Health Care  Dr. Fu Sau Nga, CON(FM&PHC), KWC  Dr. Thomas Dao, AC/HKC GOPC Dr i/c(FM&PHC), KWC	BREAK	<u>16:00 – 17:30</u> Case Management of Clients with Chronic Diseases in Community Setting  Ms. Lam Fung Yee, Nurse Clinic APN(FM&PHC), NTWC YLJC GOPC	
<b>Day 5</b> 16/2/2022 (Wednesday)  <b>Face to face</b>  <u>Venue</u> Lecture Theatre, LG/F, Annex Building, HHH	Quiz	BREAK	<u>10:15 – 12:15</u> Application of Simple Psychotherapy in PHC –Motivational Interviewing and Problem Solving Therapy  Dr. Peter Anthony Fok, AC, FMC Dr i/c(FM&PHC), CMC/KWC	LUNCH		<u>13:15 – 15:15</u> Management of Acute Illness (Part III) – Management of Emergency Conditions  Dr. Chan Kam Sum, AC(FM&PHC), TKOH/KEC	BREAK	<u>15:30 – 17:30</u> Respiratory Nursing Assessment and Management in Primary Health Care Setting  Ms. Phoebe Lai, WM(FM & GOPC), KCC		
<b>Day 6</b> 23/2/2022 1/6/2022 (Wednesday)	Clinical Audit, Research & Evaluation in Primary Health Care Services  Dr. Chan Man Li, CON(FM&PHC), NTWC	Application of Multidisciplinary Approach in Primary Health Care Setting - Medical perspective  Dr. Chan Man Li, CON(FM&PHC), NTWC	BREAK	Principles of Family Medicine and Application of the Concept of Primary Health Care in HA  Dr. Chan Man Li, CON(FM&PHC), NTWC		LUNCH	<u>14:15 - 16:15</u> Occupational Health Services & Occupational Risk Assessment and Management in Primary Care Setting  Dr Marcus Wong OHC Director/ Consultant (FM&PHC), HKEC  Ms Fong Suet Lan Polly SNO(OHC), HKEC	BREAK	Group Project Discussion	

Date/Venue/ Time	09:00 - 10:00	10:00 - 11:00	11:00 - 11:15	11:15 - 12:15	12:15 - 13:15	13:15 - 14:15	14:15 - 15:15	15:15 - 15:30	15:30 - 16:30	16:30 - 17:30
<b>Day 7</b> <del>2/3/2022</del> 8/6/2022 (Wednesday)	Health Promotion and Health Education  Ms. Lily Yip WM(FM & GOPC), KCC		BREAK	Family Medicine Roles in Cancer Screening and Management  Dr David Chan Asso CON(FM&GOPC), KCC		LUNCH	<u>14:15 - 16:15</u> Immunization and Disease Prevention & Vaccination Principles and Practice  Dr. Li Yim Chu COS(FM&GOPC), KCC		BREAK	Hypertension Risk Assessment and Management in Primary Health Care Setting  Ms. Cheang Iao Nga APN(FM& GOPC), KCC
<b>Day 8</b> <del>9/3/2022-</del> 15/6/2022 (Wednesday)	<u>9:00 - 10:30</u> Dietary Counselling for Patients with Chronic Diseases, Weight Control and Other Health Conditions Requiring Dietary Modifications for Primary Care Setting  Mr. Anson Lai, Dietitian, KEC	BREAK	<u>10:45 - 13:15</u> Partnership with Different Health Teams and Common Problems Encountered in Community Setting  Ms. Candy Li NC(CCS), HKWC		<u>14:15 - 16:15</u> Cardiovascular Assessment, ECG Interpretation & Management in Primary Health Care Setting  Dr Law Tung Chi Asso CON(FM&GOPC), KCC		Group Project Discussion			
<b>Day 9</b> <del>16/3/2022</del> 22/6/2022 (Wednesday)	DM Risk Assessment and Management in Primary Health Care Setting (I)  Ms. Lam Fung Yee, APN, WHGOPC Nurse Clinic & SCCP, FM&PHC, NTWC		BREAK	Infection Control in Primary Health Care Setting  Ms. Cheng Ka Lam NC (ICN), KWC & CMC			<u>14:15 - 15:45</u> Application of Multidisciplinary Approach in Primary Health Care Setting – An introductory (Physiotherapy in PHC)  Ms. Teresa Mak PTI (Phy), TMH	BREAK	<u>16:00 - 17:30</u> Application of Multidisciplinary Approach in Primary Health Care Setting – An introductory (Occupational Therapy in PHC)  Ms. Cindy Chiu OTI (OCC&TH), TMH	

Date/Venue/ Time	09:00 - 10:00	10:00 - 11:00	11:00 - 11:15	11:15 - 12:15	12:15 - 13:15	13:15 - 14:15	14:15 - 15:15	15:15 - 15:30	15:30 - 16:30	16:30 - 17:30
<b>Day 10</b> <u>23/3/2022</u> <u>29/6/2022</u> (Wednesday)	Health Counselling Skills to Individuals, Families and Groups  Ms. Chan Wai Ying APN(FM&PHC), TKOH	<u>10:00 - 10:45</u> Nursing Audit  Ms. Chan Lai Ngor WM(FM&PHC), TKOH	BREAK	<u>11:00 - 11:45</u> Concept and Application of Patient Empowerment and Community Partnership: Private Public Partnership  Ms. Lydia Tiu, APN (FM&PHC), HKEC	<u>11:45 - 12:30</u> Concept and Application of Patient Empowerment and Community Partnership: Patient Resource Corner  Ms. Kimmy Chan, ASWO, (CPR), HKEC	<u>12:30 - 13:15</u> Patient Support Call Center  Ms. Jennifer Leung, APN(PSCC), HKEC	Smoking Counselling and Cessation Services in HA Primary Health Care Setting  Dr. Lee Chik Pui, AC(FM), NTEC (14:15-15:15) Ms. May YU, Pharmacist(PHAR),QEH (15:15-16:15) Ms. Su Ka Yi, APN i/c(FM&PHC/Southern RAMP Clinic), QMH, HKWC (16:30-17:30)			
<b>Day 12 11</b> <u>6/4/2022</u> <u>6/7/2022</u> (Wednesday)	Common Foot Problems and Foot Care  Ms. Cynthia Leung, DM (POD), QMH/FYKH/TWH		BREAK	Continence Care in Primary Health Care  Ms. Chung Ying Ying, NC(Cont), KEC	Fall Prevention in Primary Health Care Setting  Mr. Jackson Chan OT1(OCC), PYNEH Mr. Oliver Luk PT1(FM&PHC), HKEC	LUNCH	Identify the Health Needs of the Community and Strategies of Health Promotion in the Community  Dr Leung Kwan Wa, Maria COS(FM), NTEC  (Include 15 minutes break)			
<b>Day 13 12</b> <u>13/4/2022</u> <u>13/7/2022</u> (Wednesday)	Medication Advice and Management in Primary Health Care Setting  Ms. Ivy Suen Pharmacist, TKOH		BREAK	DM Risk Assessment and Management in Primary Health Care Setting (II)  Ms. Chan Yuk Wah, Zoe APN, HKC GOPC, FM&PHC, KWC		LUNCH	<u>14:15 - 16:15</u> Gerontological Nursing  Ms. Sabrina Ho Nurse Consultant (Gerontology), HKEC	BREAK	Tutorial	

Date/Venue/ Time	09:00 - 10:00	10:00 - 11:00	11:00 - 11:15	11:15 - 12:15	12:15 - 13:15	13:15 - 14:15	14:15 - 15:15	15:15 - 15:30	15:30 - 16:30	16:30 - 17:30
<b>Day 11 13</b> 30/3/2022 19/07/2022 <b>(Tuesday)</b> <b>(Half-Day Identical Session)</b> <b>Face to face</b>  Venue Lecture Theatre, 8/F, ACB, TKOH	<b><u>AM Workshop Session</u></b>					LUNCH	<b><u>PM Workshop Session</u></b>			
	<u>9:00 – 13:00</u> Health Assessment Workshop on Common Health Assessment and Skills Encountered by Primary Health Care Nurses  ALL VLs  (Include 15 minutes break)						<u>14:15 – 18:15</u> Health Assessment Workshop on Common Health Assessment and Skills Encountered by Primary Health Care Nurses  ALL VLs  (Include 15 minutes break)			
<b>Day 14</b> 10/5/2022 16/8/2022 <b>(Tuesday)</b>  <b>Face to face</b>	<u>09:00 – 12:00</u>  <b>Written Assessment</b>  (Venue: Auditorium <b>and</b> Resuscitation Training Resources Centre, G/F, Hospital Main Block, TKOH)			<u>12:00-15:00</u>  <b>Lunch</b>			<u>15:00 – 17:30</u>  <del>Community Health Centre Visit</del> (Venue: <del>CHC, KEC and NTWC</del> ) <b>Experience Sharing on Designated Clinic &amp; Group Project Discussion</b>			
<b>Day 15</b> 11/8/2022 16/11/2022 (Wednesday)  <b>Face to face</b>	<u>09:00 – 13:15</u>  <b>Project Presentation</b> (Venue: <b>Lecture Theatre, 8/F, ACB, TKOH</b> )									



## **Guidelines for Patient Care Study**

Course participants are required to identify the care issues of in the selected case and formulate a nursing care plan using the nursing process approach. Course participants are encouraged to discuss with their mentors at regular intervals.

### **Criteria in selecting patient for the Patient Care study**

1. The patient selected should be the one whom you have cared for during your clinical practicum.
2. It is advisable to present the patient care study in a form that illustrates the holistic nursing care.

### **Due date of submission**

1. Course participants are required to submit the Patient Care Study to Mentor-in-charge on or before the target date:

Group A: ~~10/7/2022~~ 16/10/2022

Group B: ~~21/8/2022~~ 27/11/2022

2. Submission after the deadline will be deemed as the 2<sup>nd</sup> attempt and the remedial-work arrangement should be followed IANS Assessment Policies.

### **Suggested areas involved in the Patient Care Study**

1. Introduction / Learning Objectives
2. Diagnosis(es) & applied physiology
  - Detailed information of related anatomy & physiology can be submitted as appendix
3. Patient Care Plan:
  - a. Patient's Profile and Nursing Assessment
  - b. Nursing Diagnosis(es) / Identification of Patient's Problems
  - c. Setting of Goals / Expected Outcomes
  - d. Implementation of Care Plan / Nursing Interventions
  - e. Evaluation of Care
4. Related Pharmacology
  - If there is no drug prescribed to the patient, learner can demonstrate their knowledge by stating some commonly used drug(s) for the disease(s) that the patient is suffering from.
5. Conclusion/ Discussion/ Recommendation/ Reflection
6. References
  - Use a proper and consistent referencing format, preferably APA (American Psychological Association) format
  - For citation details, please refer to the "Guidelines for Citation of References" issued by IANS
  - Include at least 10 different referencing sources

### **Required Format**

1. Cover page
  - Include the PRCC title, assignment title name with learner number, their parent +/- seconded hospital, name of mentor and word count (exclude reference and appendix)
2. Table of content
3. It should be typed, double-spaced on A4-sized white paper with 1 inch (2.54 cm) margins on all sides (top, bottom, left, right)
4. It should use a clear font that is highly readable. (APA recommends using 12 pt. Times New Roman font)

**Word limit:** 2,000 – 3,000 (excluded references and appendix)



## PATIENT CARE STUDY MARKING SCHEME

Name : \_\_\_\_\_ Date : \_\_\_\_\_

Course : \_\_\_\_\_

Assessment Contents	Marks Allocated	Marks Gained
1. Introduction / Learning Objectives	5%	
2. Diagnosis(es) & Applied Physiology	10%	
3. Patient Care Plan : ( <i>Clarity/Adequacy/Relevancy</i> )		
a. Patient Profile & Nursing Assessment	15%	
b. Nursing Diagnosis(es) / Identification of Patient's Problems	10%	
c. Setting of Goals / Expected Outcomes	5%	
d. Implementation of Care Plan / Nursing Interventions	15%	
e. Evaluation of Care	10%	
4. Related Pharmacology	5%	
5. Conclusion/ Discussion/ Recommendation/ Reflection	10%	
6. References	5%	
7. Presentation: - writing skill & organization of materials	10%	
<b>Total Mark</b>	<b>100%</b>	

Overall Comment:

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Signature of Mentor: \_\_\_\_\_ Signature of Mentor i/c: \_\_\_\_\_

Name (in block letters): ( \_\_\_\_\_ ) Name (in block letters): ( \_\_\_\_\_ )

Ward/ Hospital: \_\_\_\_\_ Tel: \_\_\_\_\_ Ward/ Hospital: \_\_\_\_\_ Tel: \_\_\_\_\_

## Suggested Format for Patient Care Study

1. Cover page
  - include course title, assignment title, name +/- number of learner, parent hospital +/- seconded hospital, name of mentor
2. Table of Content
3. Introduction / Learning Objectives
  - state the reason of choosing this patient for study
  - state the learning objectives / your expectations to learn in this study
4. Diagnosis(es) & applied physiology
  - state the diagnosis(es), the disease process and the management, briefly explain with related anatomy & physiology (detail information can be submitted as appendix)
5. Patient Care Plan:
  - demonstrate holistic care with collaboration with other health care professionals whenever necessary
  - formulate an individualized care plan using Nursing Process Approach
    - a. Patient's profile and Nursing Assessment
      - include patient's social-demographic data, medical history and clinical information
      - perform comprehensive nursing assessment including specialty specific assessment methods / tools
    - b. Nursing Diagnosis(es) / Identification of Patient's Problems
      - the identified problems or health issues should be evidenced by the data found in patient profile / nursing assessment
    - c. Setting of Goals / Expected Outcomes
      - should be measurable, realistic and with time-frame
    - d. Implementation of Care Plan / Nursing Interventions
      - describe appropriate interventions with rationales
      - monitor the progress if having collaborated with other health care professionals
    - e. Evaluation of care
      - Evaluate the progress and outcomes; review the care plan in accordance with the evaluation data
6. Related Pharmacology
  - state the actions, uses and side-effects of the main types of drugs prescribed to the patient
  - describe the nursing implications and the related health advice for patient
  - if there is no drug prescribed to the patient, learner can demonstrate their knowledge by stating some commonly used drug(s) for the disease(s) that the patient is suffering from.
7. Conclusion/ Discussion/ Recommendation/ Reflection
  - conclude, discuss, reflect or make recommendation on the care process with regard to the particular patient or to the specialty practice.
8. References
  - use a proper and consistent referencing style / format, preferably APA format
  - include at least 5 different referencing sources
9. Appendix

## Guidelines for Group Project

Course participants are required to work in groups (5 members in each group) to do a project that **aims to bring about improvement in patient care or clinical services**, with an emphasis on integration of knowledge and practice in primary care setting. **The typed- literary work and class presentation should be completed and attended on the ~~11/8/2021~~ 16/11/2022**

### Target dates

Submission of Group Project Title	: 16/2/2022	
Submission of Outline of Group Project	: <del>16/3/2022</del>	22/6/2022
Class Presentation of Group Project	: <del>11/8/2022</del>	16/11/2022
Submission of Literary work & Presentation file (soft copy)	: <del>11/8/2022</del>	16/11/2022

### Suggested areas involved in the literary work & class presentation

1. Introduction of the selected patient care or clinical services
2. Rationale and significance
3. Project design and planning
4. Implementation outcome or implementation plan
5. Discussion & Evaluation of implementation outcome or implementation plan
6. Recommendation & Conclusion
7. References
  - Use a proper and consistent referencing format, preferably APA (American Psychological Association) format
  - Citation details, please refer to the “Guidelines for Citation of References” issued by IANS
  - include at least 10 different referencing sources
8. +/- Appendix

### Required format for the literary work

1. Cover page
  - Include the project title, name of group members with their learner number, their parent hospitals, word count (excluded reference and appendix)
2. Table of content
3. It should be typed, double-spaced on A4-sized white paper with 1 inch (2.54 cm) margins on all sides (top, bottom, left, right)
4. It should use a clear font that is highly readable. (APA recommends using 12 pt. Times New Roman font)

**Word limit:** 3,000 (*exclude reference and appendix*)

### Important points to note

1. Course participants are encouraged to approach for seeking advices from designated Visiting Lecturers (VLs)/ Course Director for the whole process of the group project.
2. The presentation materials and literary work to submit should be proof-read by VLs in advance.
3. The presentation should not more than 30 minutes for each group (including 20 minutes for presentation, 5 minutes for question and answer and 5 minutes for VLs’ marking)

## Indicative Readings

- Freund P.E.S., & McGuire M. B. (2003). *Health, Illness, and The Social Body, A Critical Sociology*. Upper Saddle River, New Jersey
- Fry. J., & Hasler. J.C. (1986). *Primary Health Care 2000* Churchill Livingstone
- Helman C. G. (1981). Disease versus illness in general practice. *Journal of the Royal College of General Practitioners*, September.
- Hospital Authority, (2016-v1). *Guidelines for Specialty Nursing Services: Primary Health Care*. Hospital Authority.
- International Council of Nurse.(2007). *Position statement*. Retrieved from <http://www.icn.ch/psprimarycare.htm>
- Macdonald J. J. (1992). *Primary Health Care* Earthscan Publications Ltd.
- Rutter.D., & Quine. L. (2002). *Changing Health Behaviour Intervent and Research with Social Cognition Models*. Open University Press. Buckingham. Philadelphia
- Task Force on Conceptual Model & Preventive Protocols of the Working Group on Primary Care, (2012). *Hong Kong Reference Framework for Hypertension Care for Adults in Primary Care Setting*. Hong Kong SAR. Primary Care.
- Tones. K., & Tilford. S.(2001). *Health Promotion: Effectiveness, efficiency and equity*, Cheltenham:Nelson Thornes.
- Twinn. S. (2001). Developments in nursing practice in primary health care in Hong Kong: Opportunities and challenges. *Journal of Clinical Nursing*, May;10 (3): 345-351.
- Working Group of IMHP Manual, (2016). *Manual for Integrated Mental Health Program*. Hong Kong: Hospital Authority.
- Working Group on Primary Care, (Revised Edition 2017). *Hong Kong Reference Framework for Hypertension Care for Adults in Primary Care Settings*. Hong Kong: Primary Care.
- Working Group on Primary Care, (Revised Edition 2017). *Hong Kong Reference Framework for Diabetes Care for Adults in Primary Care Settings*. Hong Kong: Primary Care.

Working Group on Primary Care, (Revised Edition 2017). *Management of Diabetes Mellitus in Primary Care Settings*. Hong Kong: Primary Care.

Working Group on Primary Care, (Revised Edition 2017). *Assessment & Management of Hypertension in Primary Care Settings*. Hong Kong: Primary Care.

Working Group of RAMP (GOPC) DM Manual, (2015). *Manual for Risk Assessment and Management Programme (Diabetes Mellitus) in Primary Health Care Setting*. Hong Kong: Hospital Authority.

Task Group of RAMP (GOPC) HT Manual, (2016). *Manual for Risk Assessment and Management Programme (Hypertension) in Primary Health Care Setting*. Hong Kong: Hospital Authority.

World Health Organization. (1978). *Declaration of Alma-Ata: International Conference on Primary Health Care, Alma-Ata, USSR, 6-12 September 1978*.

[http://www.who.int/hpr/NPH/docs/declaration\\_almaata.pdf](http://www.who.int/hpr/NPH/docs/declaration_almaata.pdf)

World Health Organization (1978). *Primary Health Care, Report of the International Conference on Primary Health Care, Alma-Ata, USSR, 6-12 September 1978*, Geneva: World Health Organization, 2-6, 16-21.

World Health Organization (2003). *International Conference on Primary Health Care, Alma-Ata: 25<sup>th</sup> anniversary*

World Health Organization (2008). *Primary Health Care Now More Than Ever The World Health Report 2008*.

**Useful websites:**

<http://www.euro.who.int/en>

<http://www.who.int/management/partnerships/intersectoral/en/>

<http://www.who.int/en/>

[http://www.who.int/topics/primary\\_health\\_care/en/](http://www.who.int/topics/primary_health_care/en/)

<http://www.who.int/healthpromotion/conferences/6gchp/en/>

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<http://www.fhb.gov.hk/hmdac/textonly/english/about/background.html>

<http://www.pco.gov.hk/english/home/home.html>